

Howard Gardner Community School

2017 - 2018

# April

## BREAKFAST

Monday	Tuesday	Wednesday	Thursday	Friday
<ul style="list-style-type: none"> <li>shelf stable breakfast</li> </ul> Fruit & Milk <b>2</b>	<ul style="list-style-type: none"> <li>hot buttermilk pancakes</li> <li>cinnamon crumbles</li> </ul> Fruit & Milk <b>3</b>	NO BREAKFAST	<ul style="list-style-type: none"> <li>hot omelet and french toast sticks</li> <li>blueberry bagel &amp; cream cheese</li> </ul> Fruit & Milk <b>5</b>	<ul style="list-style-type: none"> <li>banana muffin</li> <li>turkey cheddar brekwich</li> </ul> Fruit & Milk <b>6</b>
<ul style="list-style-type: none"> <li>corn chex, zac attack strawberry bar</li> <li>cinnamon "dipperdoodle" bar &amp; string cheese</li> </ul> Fruit & Milk <b>9</b>	<ul style="list-style-type: none"> <li>hot cinnamon toast bagel</li> <li>blueberry burst muffin</li> <li>snow flurries cereal (df)</li> </ul> Fruit & Milk <b>10</b>	NO BREAKFAST	<ul style="list-style-type: none"> <li>hot french toast sticks, sausage, and egg</li> <li>honey buttons cereal (df)</li> <li>lemon muffin</li> </ul> Fruit & Milk <b>12</b>	<ul style="list-style-type: none"> <li>cinnamon crumbles</li> <li>zee zees berry apple bar (df)</li> </ul> Fruit & Milk <b>13</b>
<ul style="list-style-type: none"> <li>dipperdoodle bar (df)</li> <li>cheerios, zac attack apple bar</li> </ul> Fruit & Milk <b>16</b>	<ul style="list-style-type: none"> <li>hot southwest chorizo &amp; cheese bagel</li> <li>cocoa critters cereal (df)</li> <li>yogurt &amp; granola</li> </ul> Fruit & Milk <b>17</b>	NO BREAKFAST	<ul style="list-style-type: none"> <li>hot buttermilk pancakes</li> <li>blueberry bagel &amp; cream cheese</li> </ul> Fruit & Milk <b>19</b>	<ul style="list-style-type: none"> <li>apple cinnamon muffin</li> <li>multigrain cheerios &amp; zac attack strawberry bar</li> </ul> Fruit & Milk <b>20</b>
<ul style="list-style-type: none"> <li>cinnamon chex &amp; zac apple bar</li> <li>cinnamon "dipperdoodle" bar &amp; string cheese</li> </ul> Fruit & Milk <b>23</b>	<ul style="list-style-type: none"> <li>french toast muffin</li> <li>snow flurries cereal (df)</li> </ul> Fruit & Milk <b>24</b>	NO BREAKFAST	<ul style="list-style-type: none"> <li>blueberry burst muffin</li> <li>hot buttermilk pancakes</li> </ul> Fruit & Milk <b>26</b>	<ul style="list-style-type: none"> <li>honey buttons cereal (df)</li> <li>lemon muffin</li> </ul> Fruit & Milk <b>27</b>
<ul style="list-style-type: none"> <li>zac omega fruit-filled blackberry bar (df)</li> <li>cocoa critters cereal (df)</li> </ul> Fruit & Milk <b>30</b>				

### Did You Know?

Studies show that students who eat breakfast at school perform better on tests and have improved concentration, alertness, comprehension, memory, and learning!

**Breakfast:** choice of 1% or fat-free milk; fresh fruit served daily except when fruit juice is offered twice per week.

*This institution is an equal opportunity provider*