

FEBRUARY 2017

CCSD Middle School Lunch



Lunch Cost

\$3.25

\$3.25
Monday-Friday

Grab N' Go #1: BLT Club Sandwich
 Grab N' Go #2: Spicy Turkey Wrap
 Grab N' Go #3: Crispy Chicken Salad
 Grab N' Go #4: Power Pack

MONDAY

FEBRUARY IS AMERICAN HEART MONTH

"TASTE IT" TUESDAY

"TASTE IT" TUESDAY FEATURED ITEM

Try the new Kickin' Chicken Sandwich on the menu February 21st! This sandwich brings a spicy kick to your lunch and is topped with cheese and onion rings! Enjoy!

"WELLNESS" WEDNESDAY

Hot & Spicy Chicken Nuggets **1**
 or Papa John's Pizza
 or Grab N Go #1, #2, #3, #4
 Potato Wedges ¾ cup
 Pears
 Milk

THURSDAY

Hamburger w/bun **2**
 or Papa John's Pizza
 or Grab N Go #1, #2, #3, #4
 Green Salad w/Ranch
 Milk and/or Juice available

FRIDAY

Chili Cheese Fries **3**
 or Papa John's Pizza
 or Grab N Go #1, #2, #3, #4
 Elf Graham Crackers
 Baby Carrots
 Whole Apple
 Milk

Hungry? Apply for meal benefits today, by going to MySchoolApps.com

Cheeseburger Sliders **6**
 or Papa John's Pizza
 or Grab N Go #1, #2, #3, #4
 Campfire Baked Beans ½ cup
 Broccoli ½ cup
 Applesauce
 Milk

Cheesy Beef Burrito **7**
 w/salsa cup
 or Papa John's Pizza
 or Grab N Go #1, #2, #3, #4
 Elf Graham Crackers
 Baby Carrots
 Milk and/or Juice available

Meatloaf w/Gravy & Dinner Roll **8**
 or Papa John's Pizza
 or Grab N Go #1, #2, #3, #4
 Seasoned Green Beans ½ cup
 Creamy Mashed Potatoes ½ cup
 Cuties
 Milk

Jalapeno Sloppy Joe Sandwich w/bun **9**
 or Papa John's Pizza
 or Grab N Go #1, #2, #3, #4
 Green Salad w/Ranch
 Milk and/or Juice available

Spicy Chicken Sandwich **10**
 or Papa John's Pizza
 or Grab N Go #1, #2, #3, #4
 Green Peas ½ cup
 Sweet Corn ½ cup
 Apple Slices
 Milk

Say NO to Bullying **PLEDGE**

See something? Say something.
<http://cesd.net/students/bully>

Connect with us today!
 @CCSDFoodService

Double Cheeseburger **13**
 or Papa John's Pizza
 or Grab N Go #1, #2, #3, #4
 Baked Fries ¾ cup
 Mixed Fruit
 Milk

NEW ITEM

Hot Ham & Cheese Sandwich **14**
 or Papa John's Pizza
 or Grab N Go #1, #2, #3, #4
 Chocolate Chip Cookie
 Baby Carrots
 Milk and/or Juice available

Fish Sticks & Mac n' Cheese **15**
 or Papa John's Pizza
 or Grab N Go #1, #2, #3, #4
 Campfire Baked Beans ¾ cup
 Peaches
 Milk

Crispy Chicken BLT Sandwich **16**
 or Papa John's Pizza
 or Grab N Go #1, #2, #3, #4
 Green Salad w/Italian Dressing
 Milk and/or Juice available

Orange Chicken w/Rice **17**
 or Papa John's Pizza
 or Grab N Go #1, #2, #3, #4
 Seasoned Green Beans ½ cup
 Carrot Coins ½ cup
 Apple Slices
 Milk

No School **20**

Presidents Day

NEW ITEM

Kickin' Chicken Sandwich **21**
 or Papa John's Pizza
 or Grab N Go #1, #2, #3, #4
 Carrot Coins
 Green Peas
 Milk and/or Juice available

Smoke House Burger **22**
 or Papa John's Pizza
 or Grab N Go #1, #2, #3, #4
 Campfire Baked Beans ½ cup
 Potato Wedges ½ cup
 Cuties
 Milk

Teriyaki Chicken w/Rice **23**
 or Papa John's Pizza
 or Grab N Go #1, #2, #3, #4
 Green Salad w/Italian Dressing
 Milk and/or Juice available

Loaded Chili Cheeseburger **24**
 or Papa John's Pizza
 or Grab N Go #1, #2, #3, #4
 Seasoned Green Beans ¾ cup
 Apple Slices
 Milk

1% White, Fat Free Chocolate Milk and/or 100% Fruit Juice served with all meals.

Spicy Chicken Club Sandwich **27**
 or Papa John's Pizza
 or Grab N Go #1, #2, #3, #4
 Tater Tots ¾ cup
 Mandarin Oranges
 Milk

Beef Soft Tacos (2 each) **28**
 or Papa John's Pizza
 or Grab N Go #1, #2, #3, #4
 Elf Graham Crackers
 Baby Carrots w/Ranch
 Milk and/or Juice available

"WELLNESS" WEDNESDAY

Walking is an effective form of exercise that strengthens bones and muscles.

PAY ONLINE

You may pay for meals online at no extra cost, by visiting www.MySchoolBucks.com. Menu Subject to Change.

Eat School Lunch!