



Columbus ISD – Health Education Advisory/Safety Committee Meeting

November 7, 2017
5:00 p.m. – 6:00 p.m.
CISD Board Room

Committee Members:

Michelle Eden
Julie Leopold
Tracy Orsak
Charlotte Tilotta
Kim Wolbrecht

Ariel Ibarra
Deborah Loessin
Rachel Post
April Usher

Hannah Krebs
Amy Mikulin
Kim Sodek
Laura Weido

Agenda

Welcome and selection of Parent Co-Chair

Michelle Eden was selected as Parent Co-Chair.

Deborah Loessin

Review Purpose and Role of HEAC

An HEAC overview was provided by Ms. Loessin highlighting the SHAC guide previously emailed to the committee members.

Deborah Loessin

Review 5/23/17 Meeting Minutes

Consensus was that minutes accurately reflected the previous meeting.

Deborah Loessin

Influenza Vaccinations and Prognosis

CISD offered flu shots to employees on October 2nd and 5th with 100+ employees taking advantage. The influenza activity report was reviewed by Ms. Sodek.

Deborah Loessin

Food Service Update

Ms. Woytek updated the committee on the nutritional service changes for Pre-K -only white milk or water and no choice of meal selection for lunch. Separate menus for Pre-K and each campus are posted on the website monthly adhering to the required guidelines.

Cheryl Woytek

Wellness Policy/Plan

Ms. Berger gave an overview of the proposed wellness policy that will be presented to the board on the 13th. The committee reviewed the wellness plan and unanimously approved the plan as is, contingent on approval of the policy, after discussion and clarification on several points.

Deborah Loessin

Health Compliance Statement

Approved for posting pending changes of the high school student average from 260 minutes to 250 and, as suggested by Kim Sodek, including electronic cigarettes as prohibited along with the tobacco as posted in the student handbook.

Deborah Loessin

Employee Wellness

After school exercise workouts began 11/6/17. A calendar was sent out to employees as notification.

Julie Leopold

Other Business

No other business

Future Agenda Items

Ms. Leopold said that she will have a fitness gram update for December

Ms. Tilotta suggested a safety talk by an officer considering the recent shooting event. Ms. Berger offer to call April Usher to help coordinate any options.

Ms. Krebs said that she would have an update on nutrition projects that are in the works.

Welcome

Deborah Loessin

Review 2/14/17 Meeting Minutes

Deborah Loessin

Consensus was that minutes accurately reflected the previous meeting

Vaccine Program

Ms. Grahmann presented a comprehensive overview of the vaccine service that she could provide to the district faculty, staff, and their immediate family. The committee favorably responded to the presentation with anticipation that the district will pursue this service in the future.

Paula Grahmann, PharmD

Walk Across Texas Update

Ms. Krebs was unable to attend due to a conflict in schedule. A WAT Week 8 Update was provided highlighting the success of the county participation.

Hannah Krebs

Physical Education Update

No update

Physical Education Faculty

Local School Wellness Policy update and review –Food Service changes

Ms. Woytek submitted an overview of changes to areas affecting the nutrition service; along with information to be posted on the website.

Cheryl Woytek

Other Business

No other business

Future Agenda Items

No future agenda items
