



## TLC ACADEMY STUDENT POLICIES

### WELLNESS POLICY POLICY

#### (REQUIRED BY LAW)

Each School participating in a program authorized by the Richard B. Russell National School Lunch Act, [42 U.S.C. 1751 et seq.](#), or the Child Nutrition Act, [42 U.S.C. 1771 et seq.](#), **shall establish a local school wellness policy.** The policy shall, at a minimum:

1. Include goals for nutrition education, physical activity, and other school-based activities that are designed to promote student wellness in a manner that a district determines is appropriate;
2. Include nutrition guidelines selected by the district for all foods available on each school campus during the school day with the objectives of promoting student health and reducing childhood obesity;
3. Provide an assurance that guidelines for reimbursable school meals shall not be less restrictive than the regulations and guidance issued by the U. S. Secretary of Agriculture pursuant to the [Child Nutrition](#) and [National School Lunch Acts](#);
4. Establish a plan for measuring implementation of the local wellness policy, including designation of one or more persons within the district or at each school, as appropriate, charged with operational responsibility for ensuring that the school meets the local wellness policy; and
5. Involve parents, students, representatives of the school food authority, the board, administrators, and the public in the development of the school wellness policy.

[Child Nutrition and WIC Reauthorization Act of 2004, Pub. L. No. 108-265, sec. 204, 118 Stat. 729 \(2004\).](#)

The Chief Executive Officer shall ensure that the School adopts goals for nutrition education, physical activity, and other School activities that promote student health and wellness as deemed appropriate by the School. The Chief Executive Officer or designee shall also ensure that nutrition guidelines for foods served by the School during the school day are adequate to advance student health and reduce childhood obesity and shall meet or

exceed federal regulations and guidance, and that all foods available on each campus are in accordance with the [Texas Public School Nutrition Policy](#) and School-established standards.

The Chief Executive Officer or designee shall oversee the implementation of this policy and shall develop administrative procedures for periodically measuring the implementation of the wellness policy, as may be necessary. The Chief Executive Officer shall also seek to involve parents, students, representatives of the school food authority, the Board, administrators, and the public in the continued development and implementation of this school wellness policy.

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