

2017 - 2018

Alton Memorial Jr. High

Code of Conduct for Athletes

Being a member of a team is fun and exciting, but it is also a position of honor and responsibility. ANY young man/woman in athletics is representing the school, family, and him / herself. This is not any easy task. You must be a positive "Role Model" for others.

I. Forms to be completed and returned (Paper Copies):

- A. **UIL Pre participation Physical (PPE) & Medical History (MH)** all athletes must get an annual physical exam from a U.S. physician. No athlete will be allowed to practice or participate in athletic class until the PPE & MH forms have been completed by a physician and returned to the coaching staff.
- B. **AMJH Athletic Code of Conduct (COC) Signature Form**– Must be signed by both athlete and parent and turned into the coaching staff.

II. Forms to be completed and submitted at Rank One Sport (Online Forms):

- A. MCISD Signature Forms
 - i. Anti-Bullying, Harassment & Hazing Pledge
 - ii. Athletic Code of Conduct – MCISD All Athletes - (Different from AMJH COC)
 - iii. Drug Testing Consent – MCISD All extracurricular students grades 6-12
 - iv. Helmet agreement for football players
 - v. SB 82 Safety Training and UIL Parent Information Manual
- B. MCISD Emergency Medical Information and Consent to Treat
- C. UIL Signature Forms
 - i. Acknowledgment of Rules & General Information / Eligibility Rules
 - ii. Concussion Acknowledgment Form
 - iii. Sudden Cardiac Awareness (SCA)

- **ALL forms (online and paper copies), must be completed and on file prior to any activity in AMJH athletics class, practice or competitions.**

III. AMJH Athletic Trainer

- A. The AMJH Athletic Trainer is on campus during ODD calendar days. You may check the AMJH Athletic Trainer website from within the AMJH Athletic website dropdowns for further details.

- B. You are to report all injuries to your coach immediately. If necessary, the coach will then make arrangements for you to be seen by the athletic trainer. The athletic trainer will then recommend treatment or refer the athlete to a doctor.

IV. Expectations of Every Falcon Athlete:

- A. **Pass All Classes**- The “NO PASS NO PLAY” rule is in effect for all extra-curricular activities. This means that if you fail a class, you will not be able to participate in competition for three weeks. If progress has not been made in three weeks the athlete remains ineligible for an additional three weeks. Progress reports will be issued on the third week of each six weeks. The coaching staff will review your status in the classroom. If you are having difficulty with a class/ subject, we will recommend you to go to tutoring. We expect 75 or better in every class. After all, you are a model student to the rest of the student body.

B. **Number of sports required-**

- i. **Girls** - Each athlete will be required to try out for Volleyball, Basketball, and Track. They MUST be participating in at least 3 sports within the 2017-2018 school year. The athlete MUST be participating in a sport every six weeks to receive a participation grade. The other competitive sports that they can choose from are: Cross Country, Football, Golf, Softball, Soccer, Swimming and Tennis.
- ii. **Boys** - Each athlete will be able to try out for all sports. They MUST be participating in at least 3 sports within the 2017-2018 school year. The athlete MUST be participating in a sport every six weeks to receive a participation grade. They may try out for the following sports: Baseball, Basketball, Cross Country, Football, Golf, Soccer, Swimming, Tennis, and Track.

- C. **Be Present at Every Practice and Game**- If you are unable to attend practice or a game due to illness or a doctor’s appointment, please notify the coaching staff. We will need a written note from your parents or a doctor. The note needs to include the date, explanation, signature, and phone number.

- ***Athletes must be picked up promptly after each practice and game. (Athletic department will not tolerate habitual tardiness in picking up your child.) Athlete can have consequences or dismissed from team.***

V. Uniforms, Equipment, and Facilities:

A. Uniforms- Each athlete is issued a practice uniform and a game uniform. Wear it with PRIDE! You are expected to maintain your uniform clean and neat. Practice shirts and game jerseys are to be worn tucked in at all times. You are to wear only equipment that has been issued to you by Mission C.I.S.D. For safety reasons, the athlete may not wear any kind of metal or plastic objects on their hair. Jewelry may not be worn. This is not allowed during competition so do not wear it to practice. *School and Athletic Department are not responsible for any misplaced, damaged, or stolen valuables.

B. Consequences for Equipment Left in Dressing Room:

- i. Athlete is provided his or her own combination padlock.
- ii. The athlete must pay for lost or stolen equipment.
- iii. Coaches are not responsible if your son / daughter loses equipment. (Thus far, every locker is in good condition)
- iv. Not Dressed for Participation: The athlete will have an extra workout.
- v. Equipment- Take Care of all equipment that you use. This includes balls, nets, jump ropes, etc. We need to take care of and appreciate what we have. Use it and care for it with PRIDE!
- vi. Facilities - As A.M.J.H. Athletes, you are expected to take care of our facilities with pride and respect as well as those of our opponents when we are their guests.

VI. Attitude:

- A. Classroom- Be a positive role model for other students. Follow classroom rules, student handbook, and show respect to others.
- B. Practice and Games- give 100% at all times. "Input + Output= Success"
- C. Listen- Be alert and listen in the classroom, on the court, or on the field.
- D. Good Sportsmanship- Demonstrate good sportsmanship at all times. Respect teammates, opponents, officials, and any authority figure.

V. Excuses

- A. Doctor's Excuses**- You will be excused from participation; however, you will not be excused from dressing in uniform. You will have to make up any work you missed.
- B. Note from Parent**- You may be excused for one day provided that the nurse okays the note or our athletic trainer before practice.

VI. Severe Clause

- A. An athlete may be dismissed from the team for any of the following reasons:
 - i. Stealing
 - ii. Disrespectful to coaching staff, teammates, or any adult
 - iii. Destroying property
 - iv. Poor Attitude
 - v. Failure to participate in prescribed workout
 - vi. Truancy
 - vii. Fighting in school
 - viii. Any behavior that is unbecoming to an athlete
 - ix. ISS- May not participate in game (will practice) for the week depending on type of infraction.
- B. Automatic Dismissal:
 - i. Alcohol
 - ii. Drugs
 - iii. Expelled from school
 - iv. DAEP

VII. Fundraisers:

- A. During the course of the year, we will be having Fundraisers.
 - i. Every athlete is expected to participate in the Fundraiser. If the athlete chooses not to participate in the fundraiser, they will NOT participate in any fieldtrip.
- B. Money raised will be for the student athletes.
- C. Money raised will go to the end of the year field trip, scholarships, and the end of the year awards.

VIII. End of the Year Field Trip:

- A. Field Trip Criteria:
 - i. If in the athletic period, you must have started and completed at least three sports and must have participated in the fundraiser.
 - ii. Before and After School athletes must have started and completed in any sport and participated in the fundraiser.
 - iii. No ISS or OSS one month prior to the field trip.
 - iv. No detention two weeks prior to the field trip.
 - v. All equipment issued out during any given sport must be returned.
 - vi. Any lost or stolen equipment or outstanding fundraiser money must be cleared before the trip
 - vii. Must be passing all classes in order to attend the field trip.
 - viii. Parent permission slip must be turned in prior to the field trip.

- ix. Must maintain a positive attitude all year long.
- x. NO EXCEPTIONS TO THE RULES

IX. Awards:

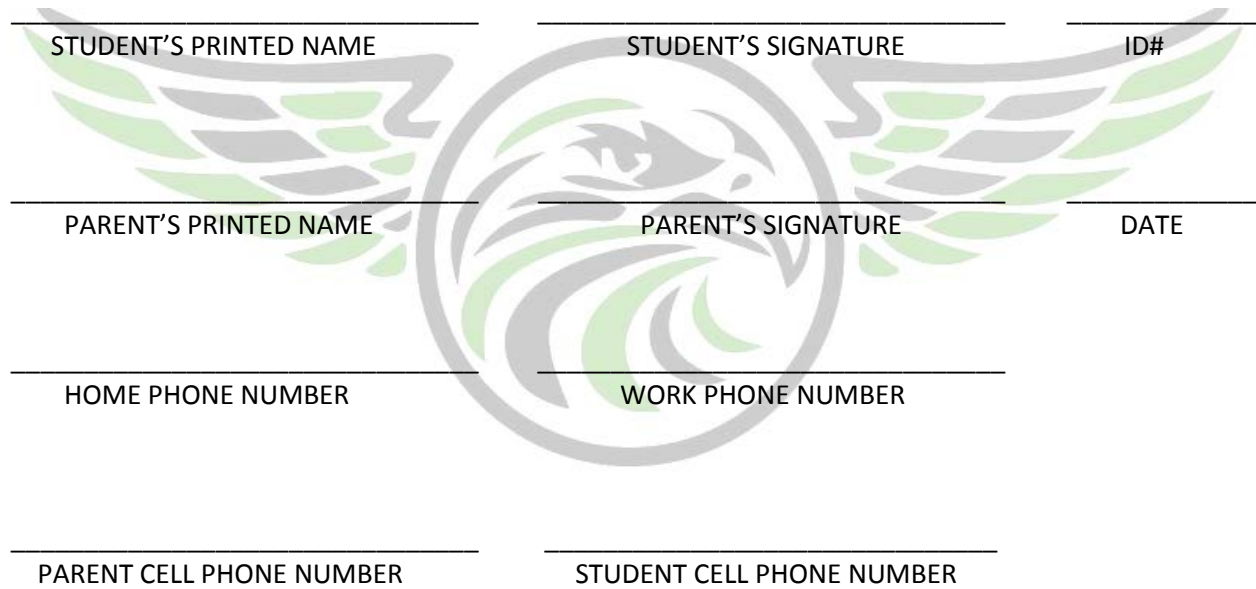
- A. Outstanding athletes both seventh and eighth graders will be awarded at the end of the year. Eighth grade athletes will be selected for “Athlete of the Year”, “Lady Falcon/ Falcon of the Year”, and “Spirit and Desire” awards
- B. The criteria for the selection is as follows:
 - i. Ability
 - ii. Sportsmanship
 - iii. Leadership- positive attitude toward staff, peers, and opponents on and off the court/ field
 - iv. Must participate in three or more sports

****The coaches will make the final selection for all awards assigned****



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Signature Form**

I HAVE READ AND UNDERSTAND THE ALTON MEMORIAL JUNIOR HIGH ATHLETIC CODE OF CONDUCT FOUND ONLINE IN THE AMJH ATHLETICS WEBPAGE. I AGREE TO ABIDE BY ALL THE RULES THAT HAVE BEEN SET BEFORE ME. IF I SHOULD HAVE ANY CONCERNS REGARDING MY STATUS IN THE ATHLETIC ORGANIZATION, I WILL ADDRESS THEM TO MY COACHES AS SOON AS POSSIBLE.



STUDENT'S PRINTED NAME STUDENT'S SIGNATURE ID#

PARENT'S PRINTED NAME PARENT'S SIGNATURE DATE

HOME PHONE NUMBER WORK PHONE NUMBER

PARENT CELL PHONE NUMBER STUDENT CELL PHONE NUMBER

Please return this completed and signed sheet to your AMJH Coach