

## *From Your Ridgecrest Counselors*

Yellow Ribbon Week is a weeklong celebration of anti-bullying. Yellow Ribbon Week will be highlighting tolerance and diversity. At Ridgecrest, many different themes and activities will take place during the week of January 21–24, 2014. Students will learn about the different events occurring throughout the school day so we want to share the same message with you.

We will be promoting different values throughout Yellow Ribbon Week: patience, kindness, and giving back. Patience will offer students the opportunity to be tested on their patience and how we respond to this appropriately. Each of us has a different way of defining patience and we will learn how each one of us responds when our patience is tested. Kindness will offer students the chance to treat a friend or peer with kindness in a way not done before. When dealing with the busyness of our routines, we often forget to stop and appreciate the small things we may not always recognize. Giving back allows the opportunity to share with your community something they have given you. Participating in a task as a whole can bring people together in ways not experienced before.

Ridgecrest Intermediate is extremely diverse in nature. Here, we house students born in 26 countries outside of the United States. Additionally, our student body speaks 22 languages including English. We are proud of the diverse community we have here at Ridgecrest. We look forward to an eventful Yellow Ribbon Week which will help us continue to promote a healthy and respectful community for our students.

Please join us for our Quest Parent Education Night at Ridgecrest Intermediate on Tuesday, January 21, 2014 at 7:00pm. Lisa Larson and Jesse Allen will be discussing Internet and Technology Safety. More information can be found at the following link: [http://www.edline.net/files/wKDiO/d798ae455d3e348e3745a49013852ec4/scholarshare\\_parent\\_ed\\_seminar\\_flyer.pdf](http://www.edline.net/files/wKDiO/d798ae455d3e348e3745a49013852ec4/scholarshare_parent_ed_seminar_flyer.pdf)

*Heidi Shulman & Jesse Allen*

Some useful anti-bullying resources include:

Stop Bullying

<http://www.stopbullying.gov/>

Project Anti-Bully

<http://www.projectbully.com/home.html>

NetSmartz

<http://www.netsmartz.org/Parents>