

# ZIONSVILLE COMMUNITY SCHOOLS STRONG IN EVERY WAY: PARENT TALK SERIES

February 21, 2018 at 7:00 pm

FREE AND OPEN TO THE PUBLIC

## UNDERSTANDING THE STRESSFUL BRAIN STATE OF OUR CHILDREN



with Dr. Lori Desautels

*With a common understanding of the brain's neuroanatomy, its stress response, and how to calm the brain, parents will be able to identify their own brain states. Parents will be more equipped to have deep and meaningful conversations not only with educators, but also with their children in terms of the brain and behavior; particularly in a stressful state. Speaking the same language around the brain and adversity, parents will be armed with tools and strategies to help themselves and their child self-regulate with the goal of staying engaged and connected with their child.*

Zionsville Performing Arts Center  
1000 Mulberry Street  
Zionsville, IN 46077

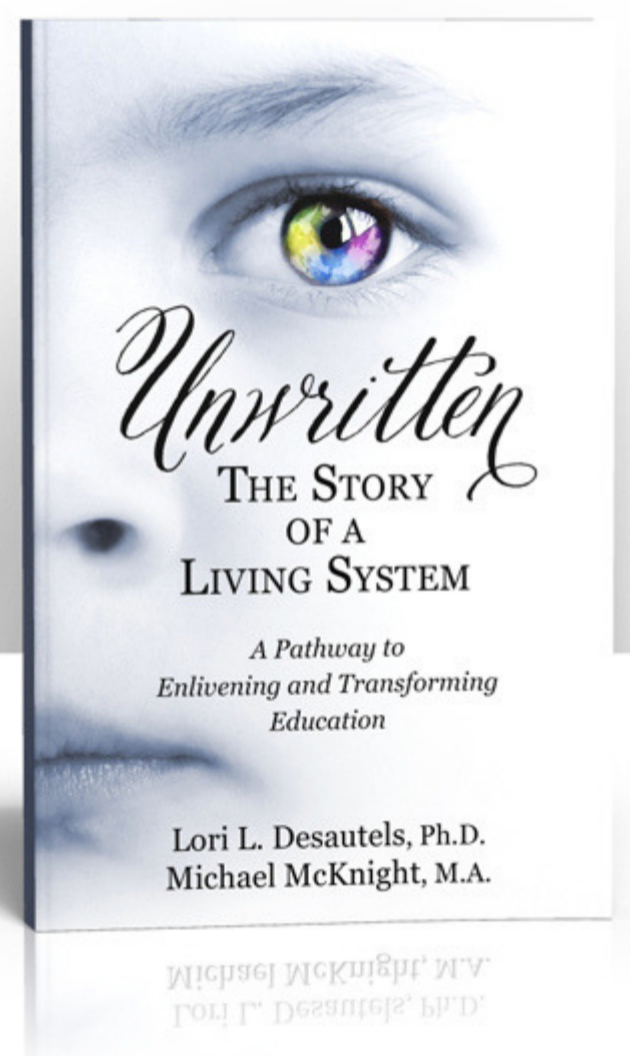
FREE TICKETS  
FREE CHILDCARE  
AVAILABLE



[www.zvilleperformingarts.org](http://www.zvilleperformingarts.org)  
317.733.4833



WRITTEN BY  
DR. DESAUTELS



This event brought to you by a grant through the Strong in Every Way Initiative