



PARENT EDUCATION 2018-2019

(September 10, 2018 - June 7, 2019)

REGISTRATION INFORMATION

SPACE IS LIMITED
Register online @
www.southbayadult.org

Pacific Center, 1600 Pacific Avenue, M.B. Room 50
Monday-Friday, 8:00 am to 3:00 pm
310.376.6211 ext. 11 or 12

- Please note:**
- ⇒ All class registration fees are non-refundable.
 - ⇒ There are no refunds after the second week of class.
 - ⇒ Exception-cancellation of class by SBAS.
 - ⇒ There is a \$15 processing fee for refunds.
 - ⇒ FOR SPACE AVAILABILITY visit our website www.southbayadult.org

BABY BEGINNINGS 0-6 months

Non-refundable registration fee \$50
Tuition due: 9/1-\$158, 12/1-\$158 & 3/1-\$158

Welcome to parenthood! You and your baby will join other moms and dads to learn more about baby growth and development. Our credentialed educators will guide you through the daily joys and concerns of parenting in a fun learning environment with activities for you and your baby to enjoy together.

DAY	TIME	LOCATION	ROOM	INSTRUCTOR	Notes
W	12:00-2:00 pm	Manhattan East	17	King	class size 22
TH	12:00-2:00 pm	Manhattan East	17	King	

CRAWLERS 7-12 months

Non-refundable registration fee \$50
Tuition due: 9/1-\$158, 12/1-\$158 & 3/1-\$158

Parent and child will share early learning experiences through play, music and movement. The credentialed teacher will facilitate discussion on such topics as ages and stages of child growth and development, limit setting and positive discipline techniques, sleep patterns, tensional outlets & separation anxiety. Meet other parents who may be going through similar exciting and challenging changes with their children.

DAY	TIME	LOCATION	ROOM	INSTRUCTOR	Notes
T	12:00-2:00 pm	Manhattan East	17	King	class size 22
TH	9:30-11:30 am	Manhattan East	17	King	

TODDLERS 12-18 months

Non-refundable registration fee \$50
Tuition due: 9/1-\$158, 12/1-\$158 & 3/1-\$158

Through discussion and observation your parent education teacher will guide you through the many exciting changes in your toddler's growth and development. Shared learning experiences are expanded in the classroom and outside area to accommodate developmentally appropriate activities. There are sensory materials to touch, water to pour, toys to manipulate, crayons to try, vehicles to ride, art to create as well as more music and movement to enjoy.

DAY	TIME	LOCATION	ROOM	INSTRUCTOR	Notes
M	9:30-11:30 am	Manhattan East	17	King	class size 22
T	9:30-11:30 am	Manhattan East	17	Brodkin	
W	9:30-11:30 am	Manhattan East	17	King	

TODDLERS 18-24 months

Non-refundable registration fee \$50
Tuition due: 9/1-\$158, 12/1-\$158 & 3/1-\$158

Age-appropriate learning activities for your older toddler take place both inside and outside the classroom. Your child will engage in fun music and movement activities and will develop the ability to listen to group story time. Through teacher-facilitated discussion, parents will extend their knowledge of child-rearing techniques and have opportunities to share family resources, concerns and helpful hints as they form friendships with other parents.

DAY	TIME	LOCATION	ROOM	INSTRUCTOR	Notes
T or W or TH	9:00-11:30am	Manhattan East	18	Harris	class size 22

TWO TO THREE'S

Non-refundable registration fee \$50
Tuition due: 9/1-\$158, 12/1-\$158 & 3/1-\$158

This class is perfect for your busy two year old who is not yet ready for formal preschool. Your child attends with you in a setting that is safe, comfortable and happy. Sand play, easel painting, play dough, dressing-up, riding vehicles, and swinging engages your child and provides opportunities for social and emotional growth through the transition from parallel play to playing with peers. Discussion topics guide parents through other transitions for their child including high chair to table, diapers to underwear, crib to bed and more.

DAY	TIME	LOCATION	ROOM	INSTRUCTOR	Notes
M	9:00-11:30am	Manhattan East	18	Harris	class size 22
F	9:00-11:30am	Manhattan East	18	King	
F	9:00-11:30am	Pacific	55	Robinson*	

TWO DAY Early Preschool for Two Year Olds

*Non-refundable registration fee \$100
Tuition due: 9/1-\$400,
12/1-\$400 & 3/1-\$400*

In this transition to preschool class your young child learns that school is a comfortable, safe and fun place. Emphasis is placed on developing personal and social skills necessary for a successful preschool experience. Creativity is fostered and encouraged through art, dramatic play and music activities. Parents work one day a week in the classroom. Your child will be supported in their first preschool experience by the teacher, and you, as well as, the other parents who participate.

DAY	TIME	LOCATION	ROOM	INSTRUCTOR	Notes
M/W or T/TH	9:00-12:00noon	Pacific	55	Allsbrook	class size 16

TWO DAY Early Preschool 2½ to 3½ YEARS

*Non-refundable registration fee \$100
Tuition due: 9/1-\$410,
12/1-\$410 & 3/1-\$410*

This transition to preschool class is for older children. The description is similar to the two day early preschool and the requirement for parent participation is the same.

T/TH	8:45am-12:15pm	Pacific	54	Steese	class size 20
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2-DAY PARENTING THE PRESCHOOLER 3-4 YEARS (age as of December 2018)

*2 DAY: Non-refundable registration fee \$100
Tuition due: 9/1-\$410,
12/1-\$410 & 3/1-\$410*

Parents enroll their three to four year old child in a two day or a three day preschool class where the parents work one day a week assisting in a variety of activities. Credentialed teachers create an environment where every child feels good about coming to school. Children enjoy activities where they learn about themselves, the world and how to get along with others. There is time for sharing, inside and outside play, art, music and movement. Parents in the two day class attend one night meeting a term. In the three day classes parents attend monthly night meetings that focus on child-raising issues.

DAY	TIME	LOCATION	ROOM	INSTRUCTOR	Notes
T/TH	8:30-12:00 noon	Pacific	53	Palmer	class size 20

3-DAY PARENTING THE PRESCHOOLER 3-4 YEARS

*3 DAY: Non-refundable registration fee \$100
Tuition due: 9/1-\$491,
12/1-\$491 & 3/1-\$491*

Parents enroll their three to four year old child in a two day or a three day preschool class where the parents work one day a week assisting in a variety of activities. Credentialed teachers create an environment where every child feels good about coming to school. Children enjoy activities where they learn about themselves the world and how to get along with others. There is time for sharing, inside and outside play, art, music and movement. Parents in the two day class attend one night meeting a term. In the three day classes parents attend monthly night meetings that focus on child-raising issues.

DAY	TIME	LOCATION	ROOM	INSTRUCTOR	Notes
M/W/F*	8:30-12:00 noon	Pacific	53	Palmer*	<i>*This class only is age as of December 1, 2018 class size 25</i>
M/W/F	8:30-12:00 noon	Pacific	54	Madonna	

PARENTING THE PRESCHOOLER PRE-K for 4-5 YEARS

*5 day: Non-refundable registration fee \$150
Tuition due: 9/1-\$903,
12/1-\$903 & 3/1-\$903*

Pre-K classes are offered five mornings a week. Parents work one day in the classroom assisting in a variety of activities and attend one night meeting a month. (Parents of multiples work two mornings.) The children learn by engaging in hands-on art, science and exploratory activities and are guided in their experiences by a credentialed teacher. A typical day includes morning circle, fine and gross motor development at the learning centers, music and movement, dramatic play, block building, snack and story time. Your child will be guided in developing good relationships with peers and adults, their ability to concentrate and focus on tasks and listening to instructions and to solving social problems. These skills will support a successful transition to elementary school.

DAY	TIME	LOCATION	ROOM	INSTRUCTOR	Notes
M-F	8:30am-12:30pm	Pacific	52	Kringen	class size 25
M-F	8:30am-12:30pm	Pacific	56	Greene	

TRANSITIONAL KINDERGARTEN (5 year olds)

*5 day: Non-refundable registration fee \$150
Tuition due: 9/1-\$941,
12/1-\$941 & 3/1-\$941*

Parents! Give you and your child the benefit of an additional readiness year before kindergarten! This class follows the RBUSD transitional kindergarten curriculum in language arts, math and science. Parents Participate one day a week. Parents of multiples work two mornings. Children who turn five years old between January 1 and December 31, 2018 are eligible to attend.

DAY	TIME	LOCATION	ROOM	INSTRUCTOR	Notes
M-F	8:30am-12:30pm	Pacific	51	Hagemeister	class size 25

MORE INFO? Please contact Judy Spragg
310.376.6211 x12 jspragg@southbayadult.org

OUTDOORS AS A CLASSROOM 2 to 5 years

Non-refundable
registration fee \$50
Tuition due: 9/1-\$158,
12/1-\$158 & 3/1-\$158

Children learn about themselves and the world around them through exploring, practicing and mastering physical movements and skills. The teacher is always ready to capture the unique advantage of each class spent at various South Bay parks. She brings her guitar, books and art supplies to ensure a fun-filled learning experience. Concepts that engage children's thinking include weather, seasons, the life cycle of plants and insects and more. **First class meets at Dominguez Park, 200 Flagler, Redondo Beach.**

AGE	DAY	TIME	LOCATION/ROOM	INSTRUCTOR	Notes
2-5 years	TH	9:00-11:30 am	Location varies	Madonna	class size 25

AFTERNOON FAMILY FUN FOR CHILDREN 18 months and older

Non-refundable
registration fee \$50
Tuition due: 9/1-\$199,
12/1-\$199 & 3/1-\$199

Find out how late afternoon does not have to be the melt-down hour for you and your children. Join us after naptime and school pick-up for fun, art, play, music, story time, parenting and dinner. Sibling welcome.

DAY	TIME	LOCATION	ROOM	INSTRUCTOR	Notes
T	3:30-6:00 pm	Pacific	53	Harris	class size 15

Fall 2018 Mini-Sessions

This fall we are offering classes that meet from four to six weeks. We are calling them "Mini-Sessions" and we encourage you to try one or all of them!

Mini-sessions!



DO RE MI AND YOU OVER TWO (1 1/2 to 3 years)

\$40

Children will engage in musical jam sessions with percussion instruments. Each week musical story time will be included to encourage language development. Everyone will have a chance to express themselves and gain confidence while learning basic early childhood musical education.

Six meetings starts Wednesday, Oct. 3, 2018, 4:30pm-5:30pm, Pacific Center, Rm. 54 Carmel Madonna

MINI-CHEFS SENSATIONAL SNACKS (2½ to 5 years)

\$65

From picky eater to mini chef, children will discover tastes, smells and textures to delight their palates as they prepare delicious snacks. Your child will travel through the culinary world while measuring, stirring and tasting foods. They will enjoy an exciting story, fun art activity and outdoor play in class while also developing fine motor and social skills.

Four meetings starts Thursday, Oct. 25, 2018, 3:00-5:00pm, Pacific Center, Rm. 54

Caryn Steese

REGISTER @ WWW.SOUTHBAYADULT.ORG

CLASS LOCATIONS
MANHATTAN BEACH
Manhattan East (located above and west of Polliwog Park on Peck Avenue, north of Manhattan Beach Blvd.)
Pacific Center 1600 Pacific Avenue (corner of Pacific Ave & 17th Street)



Where families nurture & grow together!
www.southbayfamilytree.org