



Weekly Wildcat News

October 19, 2015

Happy Monday Wildcat Families!

I am so proud of all of our students, teachers and staff for our best Great California Shakeout yet. Students and staff rehearsed safety procedures to follow in the event of a major earthquake and practiced evacuation procedures. Just a note to parents, if you have not provided your child with an emergency kit and updated your emergency contact information through the Infinite Campus portal or our main office, this is the time to do so. In the event of a major emergency, students will only be released to those persons listed as primary/secondary household contacts or emergency contacts.

Many of our families have asked that we offer the family photo fundraiser again this year. Please see attached flyer for details for how to sign up and dates.

Just a few *extra* important reminders for this week (and next):

- Tuesday, October 20 - Fall Picture Retakes
- Sunday, October 25 - Skechers Pier to Pier Friendship Walk

- October 26-30 - Red Ribbon Week (event calendar to follow later this week)

Friday, October 30th - 8:30am Halloween Parade on our new field and track!



Alta Vista's School Site Council is Seeking a Parent Member

Alta Vista Elementary is seeking parent nominees for the 2015-16 School Site Council (SSC). The Council consists of five parents and faculty members who meet regularly to review the school plan, safety plans and monitor curriculum implementation. We have one parent seat open.

Here is an opportunity to share your ideas, to learn, and to work closely with the faculty. Specifically, the purposes of the School Site Council are:

1. to develop and implement the school safety plan;
2. to review the implementation of the Local Control Plan, assess its effectiveness, and modify the plan, if necessary, to reflect changing needs and District/school goals; and
3. to provide feedback to school personnel in relation to school programs and ideas.



The WATCH D.O.G.S. are Coming Back!

Fathers and Father-figures,

On Wednesday, October 28, 2015 from 6-7:30pm, Alta Vista will be having our **2nd Annual 'Dads and Kids' Pizza Night** at our school. You will meet here at the school cafeteria at 6:00pm for FREE pizza and drinks. At 6:30pm we will have a presentation about our WATCH D.O.G.S. (Dads Of Great Students) Program, while your children enjoy supervised play and activities.

WATCH D.O.G.S. is an innovative program being used by Alta Vista which helps us to be positively impacted by the committed involvement of fathers and father-figures in their student's life. Our goal is to have you spend ***at least one day*** this year at the school to be a positive male role model and to provide an extra set of eyes and ears. There is nothing that you need to do ahead of time. Once you commit to be at Alta Vista for the day, we will orient you to the program and provide you with your complete day's schedule.

Dads, granddads, uncles, step-dads and male guardians...this is your chance to have a night out along with your student in a fun atmosphere at school.

In order to participate, you need to do two things:

*Fill out the RSVP form by ***CLICKING HERE*** and submit saying that you will attend the pizza night so we'll have an accurate head count for the food.

*Mark your calendars, and we'll see you Wednesday, October 28th from 6-7:30pm. You may also go to www.fathers.com/dogstore to order your official apparel for yourself and your

children.



Only 7 more days to register for the Skechers Walk - October 25

146 registrants towards our goal of 400!

Team Alta Vista currently has 146 registered walkers and virtual walkers for this Sunday's Skechers Friendship Walk! Want to see Mrs. Wildes and her "dance team" do the Nene Dance? Is your child interested in earning a homework pass? Help Alta Vista make our goal of 400 participants and earn money directly for our school. Last year, Skechers returned \$50 for every \$25 registration. This money allows us to operate and expand programs to our students and provide innovative professional development for our teachers that we otherwise would not be able to afford. **These funds have had a direct impact on our ability to become a Blue Ribbon School.**

I urge everyone to consider registering! Even out of state relatives can join us as "virtual" walkers and designate their registrations to our school.

Go
to www.skechersfriendshipwalk.co

m and register today! Make sure to join "team Alta Vista" and designate your registration to RBEF.



School Conversation Starter

Starter #8: What's the hardest thing about being ___ years old?



Math Superstars is Back for 2015-16!

This week starts WEEK TWO of our Math Superstar Program. Didn't get a chance to complete week one? It's never too late. This is a voluntary math supplement program, that can be downloaded and printed off of our website under "PTA Programs." For families that would like to participate, complete week one, and return to school by Friday and turn into the Math Superstar envelope in your child's classroom. Your child receives "stars" for each correct problem and will be highlighted on our school bulletin board for earning 50, 100, 200 and 250 stars. Please remember, math superstars is enrichment, and does not supersede your child's classroom homework. See attached letter for more information.



A Few Words from the PTA

Reflections Contest – Submissions due Nov. 6th

Reflections is a National PTA art program. This year's theme is "*Let your Imagination Fly*" and there are multiple categories including visual arts, dance choreography, film production, literature, music composition and photography. See attached flyer, rules and entry form, which are also available in the front office and on the PTA website. There is also a theme contest for next year, which is due Nov. 1st. Please contact our Reflections Chair, Cat Sulikowski at [jwlthv3@gmail](mailto:jwlthv3@gmail.com) with any questions.

PTA Membership & Wildcat Gear Orders

It's not too late to sign-up for PTA Membership! Membership is only \$10 per person and will provide you with a variety of great discounts. See attached flyer. Our goal is 100% membership. No obligation required. Anyone can join – friends, family, neighbors!

Wildcat Gear orders received from Sept. 16th – Oct. 30th will be delivered the 3rd week of November, in time for the holidays!

Purchase memberships and Wildcat Gear at PTA Web Store only
at www.AltavistaPTA.org

Next PTA Meeting & Family Movie Night – November 13th

Mark your calendars for our next PTA

meeting on Friday, November 13th at 6:00 p.m. in the Cafeteria, Family Movie Night directly following the meeting. We will be watching the Disney Pixar film Inside Out!

[The Blue Run is Coming – November 18th!](#)

This year's 5th Annual Chase Stecyk Fun Run will be **The Blue Run**, in celebration of Alta Vista's National Blue Ribbon recognition. Our *new* online pledge program will launch on Monday, Oct. 26th. Stay posted for further details and volunteer opportunities.

[Save the Date - Alta Vista's Blue Ribbon Family Picnic Celebration – Dec. 5th!](#)

Mark your calendars for Saturday, December 5th from 11:00 – 1:00 for a family picnic and National Blue Ribbon Flag Raising Ceremony at Alta Vista. Stay posted for details!



**[Fire Up Your Feet Challenge!](#)
October 1-31st**

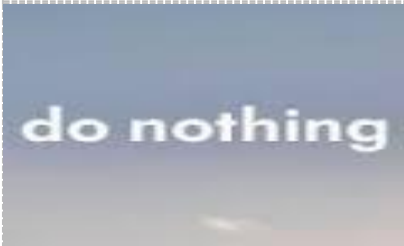
ARE YOU ALREADY WALKING, BIKING or RUNNING TO SCHOOL?

Help our school win a cash award in the [Fire Up Your Feet Activity Challenge](#) for our health and wellness! Track at least one walking activity for yourself and for your children anytime during the month of October. Any k-8 school with more than 25 participants will be entered into a drawing for up to \$5,000 award!

There are so many of you already doing it, all you have to do it [track it](#) AND, if you are already doing The Walking Schoolbus, we will track it for you! If you aren't already walking to school, we ask you to choose AT LEAST ONE DAY to either join the walking school bus or walk yourself to school in October. Parents count too, so don't

forget to register parents!

Register at fireupyourfeet.org and start tracking!



Mrs. Wildes' App/Website of the Week

If you are like me, the thought of take time out of your day to meditate and relax, is almost painful. But last week, I attended a mindfulness training and found that I was the exact person who would benefit from taking time to calm my mind and clear my thoughts. Since I'm not a naturally "calm" person, I needed a little help. Check out www.donothingfor2minutes.com So far, those few little minutes of calmness have lasted throughout my day.



RBEF Online Donor Campaign

Hands on Science Instruction. Vocal Music. Band. College Field Trips. These are just a few of the essential programs that the Redondo Beach Educational Foundation provides to the students of Alta Vista. RBEF enhances your child's education and will continue to provide for them through Parras and RUHS. In order to continue to expand their impact, RBEF and Alta Vista needs you. Now through January 1st, you can donate online at www.rbef.org/donate or you can write a check using the envelopes that come home and drop it off in the Alta Vista main office.

Weekly Flyers

Our district is happy to announce a new consolidated site for all district flyers featuring community events. Please [click here](#) to view all of the latest flyers available to families and our community. Looking for a flyer specific to Alta Vista and our after-school programs? [Click here](#) to be directed to our home page that houses all of our latest flyers.

Important Dates for the Next Few Weeks:

- Tuesday, October 20th - Fall Picture Makeup Day
- Sunday, October 25th - Skechers Friendship Walk
- Wednesday, October 28th - WATCH D.O.G.S. Kick Off Night - Pizza with Pops
- Friday, October 30th - Halloween Parade 8:30am
- November 3rd-6th - Fifth Grade Science Camp
- Wednesday, November 11th - Veteran's Day - **NO SCHOOL**
- Friday, November 13th - 8:30am Flag Ceremony
 - 6pm PTA Meeting, Movie Night/Cyber Ed Night
- November 18th - BLUE Jog-A-Thon
- Thursday, November 19th - **MINIMUM DAY**, Staff Development
 - Career Dress Up Day
- November 23 - 27th - Thanksgiving Break - No School
- November 30 - December 9th - **MINIMUM DAYS** - Parent/Teacher Conferences
- December 5th - Blue Ribbon Celebration Family Picnic and Flag Raising
- December 9th - Pretend it's Snowing Day - Wear White
- December 11th - 8:30am Flag Ceremony
- December 21st - January 1st - Winter Break - NO SCHOOL

Ways to Support Alta Vista:

- Join the PTA!
- Student absences cost the school \$38 per day per child. Families are welcome to repay that cost directly back to Alta Vista if able.
- Looking to purchase a new lunchbox or lunch gear? Go to www.mightynest.com where 15% of your purchases will go directly back to Alta Vista.
- Missing a new lunchbox or sweater already? Please encourage your child to check out our lost and found area. To purchase labels that can be used to mark all of your child's belongings and help give back to Alta Vista, visit www.altavista.mabelslabels.com
- Don't forget to collect and return your General Mills Box Tops for Education. Every boxtop is money for our school!
- Go to mycokerewards.com/school, enter your Coca-Cola product codes and donate to our school. Our school can redeem the points for much needed physical education equipment.
- Do you have a **TARGET Red Card/Debit Card**? Don't forget to designate your card to Alta Vista Elementary to help our school earn 1% of your purchases directly back to our school. To add your Red Card, go to: <http://www.target.com/redcard/manage>
- Keep collecting your Galleria receipts! Just shop and log receipts from any South Bay Galleria stores and restaurants until December 31, 2013. Receipts can be logged at Guest Services anytime during the program. Remember to tell your family, friends, neighbors and co-workers to log their receipts. Anyone can support AV in the Galleria School Rewards Program!
- Stopping by Jamba Juice on a warm summer day? Just show the PTA Jamba Card when making a purchase.

Have a wonderful week,

Mrs. Wildes