

#iSNACK

Healthy Snacks

Two of the following four food components are offered daily for after school snacks:

- Grain/Bread
- Meat/Meat alternative
- Fruit, Vegetable or 100% Juice
- Milk

SNACK SELECTIONS -Alternating Weeks-

Monday

Week 1

- Peanut Butter and Jelly Wafer Bar
- 1% Unflavored or Non-Fat Chocolate Milk

Week 2 (same)

- Peanut Butter and Jelly Wafer Bar
- 1% Unflavored or Non-Fat Chocolate Milk

Tuesday

Week 1

- Low Fat Cheese Cubes
- Pretzel Goldfish
- 100% Fruit Punch

Week 2

- String Cheese
- Spicy Lime Snack Mix
- 100% Fruit Punch

Wednesday

Week 1

- Peanut Butter Cup
- Whole Wheat Crackers
- 100% Fruit Punch

Week 2

- Cinnamon Snack Crackers
- 100% Fruit Punch

Thursday

Week 1

- Whole Grain Brownie
- 1% Unflavored or Non-Fat Chocolate Milk

Week 2

- Cheese Dip Cup
- Sunchips
- 100% Juice

Friday

Week 1

- Honey Graham Crackers
- 1% Unflavored or Non-Fat Chocolate Milk

Week 2

- Cereal Bar: Choice of Trix or Cocoa Puff
- 100% Juice

Menu is subject to change without notice.

This institution is an equal opportunity provider.