

## **Gorham School Health Services Department**

Dear Parents,

Due to the increasing number of students with severe allergies to foods and other products that are life threatening, we are asking you to review with your child the allergy policy and procedure located in the school handbook. We are asking for your cooperation in speaking with your child regarding the importance of NOT sharing food with others here at school or on the bus in order to avoid inadvertent exposure to a food, which could cause a severe allergic reaction. An allergy safe table is available in the cafeteria to reduce the risk of exposure to known allergens.

For students in grades K-5, parents may not send in snacks for an entire classroom, unless it is a pre-approved curriculum-based food and will only be allowed in the classrooms in cooperation with individual student allergy and health plans.

For students in grades 6-12, parents must not send in snacks to be shared with an entire class, which may contain obvious nuts, peanuts or peanut butter. We appreciate your help in this matter. Please contact your school nurse with any concerns.

We encourage parents of students with food allergies, to meet with the Gorham Schools Nutrition Department personnel, to review the menu and food items that are being served. You may call 222-1375 to arrange a meeting.

Sincerely,

Gorham School Nurses

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