

Montour High School Counseling Department

December E-Newsletter

SCHOLARSHIPS

Seniors, now is the time to start looking for and applying for scholarships! All local scholarships are posted to the Montour High School Website under the "Counselor's Corner" tab. This site is updated weekly. Remember to also check your emails regularly for updates.

COUNSELING DEPARTMENT PLT SESSIONS

Every Tuesday the school counseling department offers Personal Wellness groups during PLT time. The topics covered include Stress Management, Grief/Loss, Personal Growth, and Study Skills. In addition, local colleges and trade schools will be presenting information regarding post-secondary programs. Upcoming college visits include: Penn Commercial Business/Technical School (December 13) and Allegheny College (January 10). Interested students should sign up in flex time manager.

ACADEMIC ASSISTANCE

The first semester is quickly coming to an end. Mid-term exams are scheduled for the week of January 16 and second semester begins January 23. Students in need of academic help can sign up for peer tutoring during PLT and will be assigned to a peer to assist them in the specific content area. Also, students should sign up for their teacher's PLT for academic support as well.

PSAT RESULTS

The PSAT results (from October 2016) will be returned to tenth and eleventh grade students in early January. Students will receive a detailed score report to view during the lesson. Students will be instructed on how to go online and access the College Board website. This is a valuable tool for students to use to prepare for the upcoming, newly revised SAT in March. Score reports will be mailed home at the conclusion of all classroom lessons.

INTRODUCTION TO NAVIANCE

Naviance is a 'one stop shop' for all of our students post-secondary planning needs whether it be researching and applying to a two or four year college/university, career research and exploration, etc... Naviance will provide students and their parent/guardians with all of the tools and resources that they need to assist them with the transition from high school. Click the link below to start exploring what Naviance has to offer.

<https://www.naviance.com/solutions/parents-students>

SAT & ACT TESTING SCHEDULE

We recommend juniors take the **SAT AND** the **ACT** for the first time in the spring. Below is the remaining test dates for 2016/2017:

SAT Test Dates (All dates at Montour High School) www.collegeboard.com

Test Date	Registration Deadline	Late Registration Deadline	Score Release
January 21, 2017	December 21, 2016	January 3, 2017	Feb. 16
March 11, 2017	February 10, 2017	February 24, 2017	March 30
May 6, 2017	April 7, 2017	April 21, 2017	May 25
June 3, 2017	May 9, 2017	May 19, 2017	June 22

ACT Test Dates (All dates at Montour High School) www.actstudent.org

Test Date	Registration Deadline	Late Registration Deadline	Score Release
February 11, 2017	January 13, 2017	January 20, 2017	Feb. 22
April 8, 2017	March 3, 2017	March 17, 2017	April 18
June 10, 2017	May 5, 2017	May 19, 2017	June 20

Please contact your child's counselor with any questions/concerns.

Dr. Sparkenbaugh – Student's last name A-Go
412-490-6500, X1620
sparkenbaughe@montourschools.com

Mr. Kerr – Students last name Gr-Pe
412-490-6500, X1601
kerrd@montourschools.com

Mrs. Kolbert – Student's last name Pf-Z
412-490-6500, X1602
kolbertc@montourschools.com

***Happy Holidays!!
Have a safe and enjoyable
holiday season with your
family and friends.***

