

Breakfast Menu

February 2018



Monday	Tuesday	Wednesday	Thursday	Friday
29	30	31	1 Cinnamon Toast Crunch Cereal Whole Grain Bites Fruit Milk	2 Bean & Cheese Burrito Hot Sauce Fruit Milk
5 Apple Cinnamon Muffin Flat Fruit Milk	6 Chicken & Waffle Syrup *Vegetarian Option Available* 100% Fruit Juice Fruit Milk	7 Yogurt Granola Fruit Cup Fruit Milk	8 Fruit Loops Cereal Whole Grain Bites Fruit Milk	9 French Toast Fruit Milk
12 Apple Turnover String Cheese Fruit Milk	13 Turkey Sausage Breakfast Sandwich V: Cheese Croissant Sandwich 100% Fruit Juice Fruit Milk	14 Banana Bread Fruit Cup Fruit Milk	15 Apple Jacks Cereal Whole Grain Bites Fruit Milk	16 Breakfast Cheese Tamale Fruit Milk
19 NO SCHOOL Presidents Day	20 Chicken Chorizo & Papas Taco *Vegetarian Option Available* 100% Fruit Juice Fruit Milk	21 Pan Dulce Apple Sauce Fruit Milk	22 Frosted Flakes Cereal Whole Grain Bites Fruit Milk	23 Mini Pancakes Fruit Milk
26 Coffee Cake Fruit Milk	27 Mini Maple Corn Dogs *Vegetarian Option Available* Fruit Milk	28 Whole Grain Bagel Cream Cheese Apple Sauce Fruit Milk	1	2

MENU SUBJECT TO CHANGE WITHOUT NOTICE

Breakfast includes one entrée, vegetable, 1/2 cup fruit serving, and fat free white milk or 1% white milk.

This institution is an equal opportunity provider.



Lunch Menu 9-12

February 2018



Monday	Tuesday	Wednesday	Thursday	Friday
29	30	31	1 new Teriyaki Beef Chow Mein Noodles Side Salad Fruit Milk	2 new Inside Out Chicken Pot Pie Baby Carrots 100% Fruit Juice & Fruit Milk
5 Pizza Bagel Sandwich Side Salad 100% Fruit Juice & Fruit Milk	6 Mac & Cheese Baby Carrots Fruit Milk	7 Chicken Patty Burger Oven Baked Fries Cucumber Slices w/ Tajin 100% Fruit Juice & Fruit Milk	8 Chicken Tamale Mixed Vegetables Side Salad Fruit Milk	9 Beef Chili Popped Corn Chips Baby Carrots 100% Fruit Juice & Fruit Milk
12 new BBQ Pork Patty on Hoagie Roll Side Salad 100% Fruit Juice & Fruit Milk	13 Turkey Nachos Tortilla Chips Baby Carrots Fruit Milk	14 Fish Patty Burger OR Hot Dog Oven Baked Fries Celery Sticks w/ Ranch 100% Fruit Juice & Fruit Milk	15 Chicken Fajitas Spanish Rice Side Salad Fruit Milk	16 Cheesy Baked Ziti (No Meat) Baby Carrots Dinner Roll 100% Fruit Juice & Fruit Milk
19 NO SCHOOL Presidents Day	20 BBQ Chicken Leg OR Diced Chicken Glazed Carrots Dinner Roll Side Salad Fruit Milk	21 Chicken Nuggets Cheesy Mashed Potatoes Whole Grain Dessert Jicama Sticks w/Tajin 100% Fruit Juice & Fruit Milk	22 new Carnitas Torta with Beans (Contains Pork) Side Salad Fruit Milk	23 Green Cheese Enchiladas Baby Carrots 100% Fruit Juice & Fruit Milk
26 Cheese Tamale Mixed Vegetables Side Salad 100% Fruit Juice Milk	27 Beef Chalupa Baby Carrots Fruit Milk	28 Cheeseburger Oven Baked Fries Cucumber Slices w/ Tajin 100% Fruit Juice & Fruit Milk	1	2

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Vegetarian Lunch Menu 9-12

February 2018



Monday	Tuesday	Wednesday	Thursday	Friday
29	30	31	1 Teriyaki Plant-based "Chicken" Chow Mein Noodles Side Salad Fruit Milk	2 Inside Out Vegetarian Pot Pie Baby Carrots 100% Fruit Juice & Fruit Milk
5 Cheese Pizza Bagel Sandwich Side Salad 100% Fruit Juice & Fruit Milk	6 Mac & Cheese Baby Carrots Fruit Milk	7 Vegetarian Cheeseburger Oven Baked Fries Cucumber Slices w/ Tajin Fruit Milk	8 Cheese Tamale Mixed Vegetables Side Salad Fruit Milk	9 Plant-based "Beef" & Bean Chili Baby Carrots 100% Fruit Juice & Fruit Milk
12 BBQ Plant-based "Chicken" on Hoagie Roll Side Salad 100% Fruit Juice & Fruit Milk	13 Cheese Nachos Tortilla Chips Baby Carrots Fruit Milk	14 Vegetarian Cheeseburger Oven Baked Fries Celery Sticks w/ Ranch 100% Fruit Juice & Fruit Milk	15 Plant-based "Chicken" Fajitas Spanish Rice Side Salad Fruit Milk	16 Cheesy Baked Ziti Baby Carrots 100% Fruit Juice & Fruit Milk
19 NO SCHOOL Presidents Day	20 BBQ Plant-based "Chicken" Glazed Carrots Dinner Roll Side Salad Fruit Milk	21 Plant-based Chicken Cheesy Mashed Potatoes Whole Grain Dessert Jicama Sticks w/Tajin 100% Fruit Juice & Fruit Milk	22 Plant-based "Beef" Torta with Beans Side Salad Fruit Milk	23 Green Cheese Enchiladas Baby Carrots 100% Fruit Juice & Fruit Milk
26 Cheese Tamale Mixed Vegetables Side Salad 100% Fruit Juice & Fruit Milk	27 Plant-based "Beef" Chalupa Baby Carrots Fruit Milk	28 Vegetarian Cheeseburger Oven Baked Fries Cucumber Slices w/ Tajin 100% Fruit Juice & Fruit Milk	1	2

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Sandwich Menu 9-12

February 2018



Monday	Tuesday	Wednesday	Thursday	Friday
29	30	31	1	2
			Deli Chicken & Cheese Sandwich Side Salad Fruit Milk	Turkey Pastrami & Cheese Sandwich Baby Carrots 100% Fruit Juice & Fruit Milk
5	6	7	8	9
Wowbutter Sandwich Side Salad 100% Fruit Juice & Fruit Milk	Turkey & Cheese Sandwich Baby Carrots Fruit Milk	Roast Beef Sandwich Oven Baked Fries 100% Fruit Juice & Fruit Milk	Deli Chicken & Cheese Sandwich Side Salad Fruit Milk	Ham & Cheese Sandwich Baby Carrots 100% Fruit Juice & Fruit Milk
12	13	14	15	16
Turkey & Cheese Sandwich on Pretzel Roll Side Salad 100% Fruit Juice & Fruit Milk	Deli Chicken & Cheese Sandwich Baby Carrots Fruit Milk	Turkey Ham & Cheese Sandwich Oven Baked Fries 100% Fruit Juice & Fruit Milk	Ham & Cheese Sandwich Side Salad Fruit Milk	Turkey Pastrami & Cheese Sandwich Baby Carrots 100% Fruit Juice & Fruit Milk
19	20	21	22	23
NO SCHOOL <i>Presidents Day</i>	Turkey & Cheese Sandwich Side Salad 100% Fruit Juice Milk	Roast Beef Sandwich Cheesy Mashed Potatoes Whole Grain Dessert 100% Fruit Juice & Fruit Milk	Wowbutter Sandwich Side Salad Fruit Milk	Deli Chicken & Cheese Sandwich Side Salad 100% Fruit Juice & Fruit Milk
26	27	28	1	2
Turkey & Cheese Sandwich on Pretzel Roll Side Salad 100% Fruit Juice & Fruit Milk	Deli Chicken & Cheese Sandwich Baby Carrots Fruit Milk	Turkey Ham & Cheese Sandwich Oven Baked Fries 100% Fruit Juice & Fruit Milk		

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Field Trip Menu 9-12

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Monday	Tuesday	Wednesday	Thursday	Friday
29	30	31	1	2
<p>Turkey & Cheese Sandwich Wowbutter & Jelly Sandwich w/ Baby Carrots <i>Apple Sauce & Fruit</i> <i>Fruitable Juice (6oz)</i> <i>Whole Grain Cookie</i> <i>Milk</i></p>				
5	6	7	8	9
<p>Turkey & Cheese Sandwich Wowbutter & Jelly Sandwich w/ Baby Carrots <i>Apple Sauce & Fruit</i> <i>Fruitable Juice (6oz)</i> <i>Whole Grain Cookie</i> <i>Milk</i></p>				
12	13	14	15	16
<p>Turkey & Cheese Sandwich Wowbutter & Jelly Sandwich w/ Baby Carrots <i>Apple Sauce & Fruit</i> <i>Fruitable Juice (6oz)</i> <i>Whole Grain Cookie</i> <i>Milk</i></p>				
19	20	21	22	23
<p>NO SCHOOL <i>Presidents Day</i></p>		<p>Turkey & Cheese Sandwich Wowbutter & Jelly Sandwich w/ Baby Carrots <i>Apple Sauce & Fruit</i> <i>Fruitable Juice (6oz)</i> <i>Whole Grain Cookie</i> <i>Milk</i></p>		
26	27	28	1	2
<p>Turkey & Cheese Sandwich Wowbutter & Jelly Sandwich w/ Baby Carrots <i>Apple Sauce & Fruit</i> <i>Fruitable Juice (6oz)</i> <i>Whole Grain Cookie</i> <i>Milk</i></p>				

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Entrée Salad Menu 9 -12



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Monday	Tuesday	Wednesday	Thursday	Friday
29	30	31	1 Chicken Taco Salad Popped Corn Chips Ranch Dressing Side Salad Fruit Milk	2 Southwest Chicken Salad Dinner Roll Ranch Dressing Baby Carrots 100% Fruit Juice & Fruit Milk
5 Mexican Chicken Salad Popped Corn Chips Hot Sauce Side Salad 100% Fruit Juice Milk	6 Buffalo Chicken Salad Dinner Roll Ranch Dressing Baby Carrots Fruit Milk	7 Tuna Salad Wheat Crackers Ranch Dressing Oven Baked Fries 100% Fruit Juice & Fruit Milk	8 Chicken Taco Salad Popped Corn Chips Ranch Dressing Side Salad Fruit Milk	9 Southwest Chicken Salad Dinner Roll Ranch Dressing Baby Carrots 100% Fruit Juice & Fruit Milk
12 Mexican Chicken Salad Popped Corn Chips Hot Sauce Side Salad 100% Fruit Juice Milk	13 Buffalo Chicken Salad Dinner Roll Ranch Dressing Baby Carrots Fruit Milk	14 Tuna Salad Wheat Crackers Ranch Dressing Oven Baked Fries 100% Fruit Juice & Fruit Milk	15 Chicken Taco Salad Popped Corn Chips Ranch Dressing Side Salad Fruit Milk	16 Southwest Chicken Salad Dinner Roll Ranch Dressing Baby Carrots 100% Fruit Juice & Fruit Milk
19 NO SCHOOL Presidents Day	20 Buffalo Chicken Salad Dinner Roll Ranch Dressing Side Salad Fruit Milk	21 Tuna Salad Wheat Crackers Ranch Dressing Cheesy Mashed Potatoes 100% Fruit Juice & Fruit Milk	22 Chicken Taco Salad Popped Corn Chips Ranch Dressing Side Salad Fruit Milk	23 Southwest Chicken Salad Dinner Roll Ranch Dressing Baby Carrots 100% Fruit Juice & Fruit Milk
26 Mexican Chicken Salad Popped Corn Chips Hot Sauce Side Salad 100% Fruit Juice & Fruit Milk	27 Chicken Taco Salad Popped Corn Chips Ranch Dressing Baby Carrots Fruit Milk	28 Tuna Salad Wheat Crackers Ranch Dressing Oven Baked Fries 100% Fruit Juice & Fruit Milk	1	2

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Supper Menu

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Monday	Tuesday	Wednesday	Thursday	Friday
29	30	31	1 Corn Dog (2 M/MA, 2 G/B) Oven Baked Fries (1/2 c veg) 100% Fruit Juice (1/2 c)	2 Green Chicken Enchiladas (2 M/MA, 2 G/B, 1/2 c veg) Fruit (1/4 c)
5 Chicken Chorizo & Potato Burrito (2 M/MA, 2 G/B, 1/2 c veg) Apple Sauce (1/2 c)	6 Turkey & Cheese Sandwich (2 M/MA, 2 G/B, 1/4 c veg) Fruitable Juice (1/2 c) Fruit (1/4 c)	7 Turkey Nachos (2 M/MA, 1/2 c veg) Tortilla Chips (2 G/B) Sliced Apple (1/2 c)	8 BBQ Pork Meatballs (2 M/MA) Mashed Potatoes (1/2 c veg) Corn Muffin (1 G/B) 100% Fruit Juice (1/2 c)	9 Red Chicken Enchiladas (2 M/MA, 2 G/B, 1/4 c veg) Steamed Corn (1/4 c) Fruit (1/4 c)
12 Teriyaki Beef (1 M/MA) Chow Mein Noodles (1 G/B, 1/2 c veg) Sunflower Seeds (1MA) Apple Sauce (1/2 c)	13 Deli Chicken & Cheese Sandwich (2 M/MA, 2 G/B, 1/4 c veg) Fruitable Juice (1/2 c) Fruit (1/4 c)	14 Beef Chili (2 M/MA, 1/2 c veg) Popped Corn Chips (2 G/B) Sliced Apple (1/2 c)	15 Hot Dog (2 M/MA, 2 G/B) Oven Baked Fries (1/2 c veg) 100% Fruit Juice (1/2 c)	16 Bean & Cheese Burrito (2M/MA, 2 G/B) Hot Sauce Baby Carrots w/ Tajin Fruit (1/4 c)
19 NO SCHOOL Presidents Day	20 Protein Box: Cheese Cubes (2 MA) Baby Carrots (1/2 c) Cheez-its (1 G/B) Fruit (1/2 c)	21 Spaghetti & Meat Sauce (2 M/MA, 1 G/B) Sliced Apples (1/2 c)	22 Cheese Tamale (2 M/MA, 2 G/B) Mixed Vegetables (1/2 c veg) 100% Fruit Juice (1/2 c)	23 Beef Nacho Fries (2 M/MA, 2 G/B, 1/2 c veg) Fruit (1/4 c)
26 Chicken Nuggets (2 M/MA) Mashed Potatoes (1/2 c veg) Apple Sauce (1/2 c)	27 Turkey & Cheese Sandwich (2 M/MA, 2 G/B, 1/4 c veg) Fruitable Juice (1/2 c) Fruit (1/4 c)	28 Pizza Bagel Pepperoni & Mushrooms (2 M/MA, 1 GB, 1/2 c veg) Sliced Apples (1/2 c)	1	2

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Snack Menu

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Monday	Tuesday	Wednesday	Thursday	Friday
29	30	31	1 Cinnamon Granola Fruit (3/4c)	2 Cheese Puffs 100% Fruit Juice (6 oz)
5 Cheez-its 100% Fruit Juice (6 oz)	6 Sunbutter Cup Graham Crackers	7 Baked Chips 100% fruit Juice (6 oz)	8 Rice Krispies Treats Fruit (3/4 c)	9 Pretzels 100% Fruit Juice (6 oz)
12 Cheese Puffs 100% Fruit Juice (6 oz)	13 Apple Cinnamon Dipper Whole Grain Bites	14 Chex Mix 100% Fruit Juice (6 oz)	15 Oatmeal Bar Fruit (3/4c)	16 Strawberry Delight 100% Fruit Juice (6oz)
19 Multi-Grain Bar 100% Fruit Juice (6 oz)	20 String Cheese Corn Nuggets	21 Honey Sunflower Seeds 100% Fruit Juice (6 oz)	22 Baked Chips Fruit (3/4 c)	23 Whole Grain Bites 100% Fruit Juice (6oz)
26 Cinnamon Granola 100% Fruit Juice (6oz)	27 Hummus Cup Wheat Crackers	28 Cereal Pouch 100% Fruit Juice (6 oz)	1	2

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Snack includes 2 items: grain, fruit, protein or milk.

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