

# LAZBUDDIE INDEPENDENT SCHOOL DISTRICT

*Cultivating Strong Minds, Building Communities, Embracing Values, & Strengthening Families*

**P.O. BOX 9, LAZBUDDIE, TEXAS 79053**

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## **School Health Advisory Committee Meeting Minutes January 22, 2016**

1. Meeting was called to order at 2:00 p.m. Members present included: Candice Weaver, Leesa Roush, Sulema Solano, Stephanie Foster, and Joanna Martinez.
2. The committee reviewed the role of the SHAC at Lazbuddie ISD, and moved to add Jacob Schacher as a member of the SHAC. The committee then reviewed Board Policy BDF (Legal).
3. In regard to FFA (LOCAL), the committee conducted the Wellness Policy/Plan Self-Audit, and recommended the following policy changes to the Board of Trustees:
  1. Under "Nutrition Guidelines":
    - a. Strike #1, and #2 under "Nutrition Guidelines".
    - b. Add: #1: "Establish guidelines for alternative choices of a nutritious snack for after school tutorials."
    - c. Add: #2: "Establish guidelines for the number of party days allowed in a school year."
    - d. Add: #3: "Establish guidelines regarding appropriate party food choices and procedures for party snack sign ups."
  2. Under "Wellness Goals: Nutrition Education":
    - a. Amend to add a third paragraph: "In addition, district students will receive nutrition education that fosters the adoption and maintenance of healthy eating behaviors. Staff responsible for nutrition education will be adequately prepared and will participate in professional development activities to effectively deliver the program as planned."
  3. Under "Wellness Goals: School-Based Activities":
    - a. Strike #2

The committee anticipates additional changes to the local Wellness Policy pending the release of TASB Policy Update 104 in February or March 2016.
4. The committee recommended the following agenda items for the next SHAC meeting, scheduled for March 10<sup>th</sup>, 2016 at 1:00 p.m.:
  - a. Consideration and Action to Continue Wellness Policy/Plan Self-Audit and to Incorporate Anticipated Federal Statutory Changes to School Health Policy
  - b. Consideration and Action to Establish the Number of Class Party Days for 2016-2017
  - c. Consideration and Action to Establish the Procedures for Student Sign Ups for Party Snacks

d. Consideration and Action to Employ Fitnessgram Data in the Planning of Structured PE Activities

5. The meeting adjourned at 2:35 p.m.