






FOOD FOCUS: Garden Vegetable

CAIRO SR High SCHOOL: APRIL 2nd-6th, 2018 LUNCH MENU

Monday Tuesday Wednesday Thursday Friday

American Classics	No School	Beef Nacho	Sloppy Joe Sandwich	Herb Roasted Chicken	Cheese Stuffed Breadsticks
				Dinner Roll	Marinara Sauce
Sides For All Meals		Seasoned Corn	Baked French Fries	Garlic Mashed Potatoes	Tater Tots
Wild Greens		Ham & Turkey Chef Salad w/ Croutons and Dinner Roll	Ham & Turkey Chef Salad w/ Croutons and Dinner Roll	Ham & Turkey Chef Salad w/ Croutons and Dinner Roll	Ham & Turkey Chef Salad w/ Croutons and Dinner Roll
		Pepperoni Pizza	Pepperoni Pizza	Pepperoni Pizza	Pepperoni Pizza
		Buffalo Pizza	Cheese Pizza	Taco Pizza	Cheese Pizza
		Cheeseburger	Chicken Sandwich	Corn Dog	Spicy Chicken Sandwich
		Lettuce & Tomato Side Salad	Lettuce & Tomato Side Salad	Lettuce & Tomato Side Salad	Lettuce & Tomato Side Salad
		Refried Beans	Sliced Cooked Carrots	Green Beans	Fresh Cherry Tomatoes
	Fruit Punch Juice	Chilled Peaches	Cinnamon Applesauce	Luigi Fruit Slush	
	Fresh Whole Fruit	Fresh Whole Fruit	Fresh Whole Fruit	Fresh Whole Fruit	
<p>A full student lunch includes a choice of entrée supplying protein and grain, two (2) vegetable side dishes & one (1) fruit side dishes, and a choice of milk. Milk choices include 1% white and skim chocolate.</p> <p style="text-align: center;">This Institution is an equal opportunity employer and provider.</p> <p style="text-align: right;">Menu may change without notice.</p>					



FOOD FOCUS: Garden Vegetable

CAIRO SR SCHOOL: APRIL 9th-13th,2018 LUNCH MENU




	Monday	Tuesday	Wednesday	Thursday	Friday
American Classics	Hot Dog	Soft Shell Tacos	Italian Meatball Sub	Homemade Chicken Noodle Soup	Cheese Pizza Dunkers
	Macaroni & Cheese			Grilled Cheese	Marinara Sauce
Sides For All Meals	Baked Fries	Tater Tots	Seasoned Corn	Half Baked Potato w/ Cheese Sauce	Green Beans
	Ham & Turkey Chef Salas/CROUTONS & Dinner Roll	Ham & Turkey Chef Salas/CROUTONS & Dinner Roll	Ham & Turkey Chef Salas/CROUTONS & Dinner Roll	Ham & Turkey Chef Salas/CROUTONS & Dinner Roll	Ham & Turkey Chef Salas/CROUTONS & Dinner Roll
Wild Greens	Pepperoni Pizza	Pepperoni Pizza	Pepperoni Pizza	Pepperoni Pizza	Pepperoni Pizza
	Cheese Pizza	Buffalo Pizza	Cheese Pizza	Taco Pizza	Cheese Pizza
grill'd	Three Cheese Pretzel Sandwich	Cheeseburger	Crispy Chicken Sandwich	Corn Dog	Spicy Chicken Sandwich
	Caesar Salad	Caesar Salad	Caesar Salad	Caesar Salad	Caesar Salad
extra extra	Fresh carrots	Refried Beans	Seasoned Green Beans	Fresh Broccoli	Tomatoe & Cucumber Salad
	Red Apple Half	Pineapple Tidbit	Luigi Fruit Slush	Orange Juice	Chilled Peaches
	Fresh Whole Fruit	Fresh Whole Fruit	Fresh Whole Fruit	Fresh Whole Fruit	Fresh Whole Fruit
<p>A full student lunch includes a choice of entrée supplying protein and grain, two (2) vegetable side dishes & two (2) fruit side dishes, and a choice of milk. Milk choices include 1% white and skim chocolate.</p> <p>This institution is an equal opportunity provider.</p>					



FOOD FOCUS: Garden Vegetables

CAIRO SR High SCHOOL APRIL 16th-20th, 2018 LUNCH MENU

Monday Tuesday Wednesday Thursday Friday

American Classics	Chicken Tenders w/ Country Gravy	Taco Nacho	Spaghetti & Meatballs	Biscuit & Gravy	Pepperoni Pizza
	Dinner Roll		Herb Breadstick	Pork Sausage Patty	
Sides For All Meals	Mashed Potatoes	Tater Tots	Curly Fries	Hash Brown	Green Bean
Wild Greens	Ham & Turkey Chef Salad w/ Croutons & Dinner Roll	Ham & Turkey Chef Salad w/ Croutons & Dinner Roll	Ham & Turkey Chef Salad w/ Croutons & Dinner Roll	Ham & Turkey Chef Salad w/ Croutons & Dinner Roll	Ham & Turkey Chef Salad w/ Croutons & Dinner Roll
	Pepperoni Pizza	Pepperoni Pizza	Pepperoni Pizza	Pepperoni Pizza	Cheese Pizza
	Cheese Pizza	Buffalo Pizza	Cheese Pizza	Taco Pizza	Cheese Pizza
	Three Cheese Pretzel Sandwich	Cheeseburger	Chicken Sandwich	Corn Dog	Spicy Chicken Sandwich
	Lettuce & Tomato Salad	Lettuce & Tomato Salad	Lettuce & Tomato Salad	Lettuce & Tomato Salad	Lettuce & Spinach Salad
	Baby Carrots	Spicy Roasted Garbonzo	Steamed Broccoli	Seasoned Carrots	Mandarin Orange & Pineapple
	Baked Apple Slices	Red Apple Half	Rosy Applesauce	Mixed Fruit	Fresh Whole Fruit
	Fresh Whole Fruit	Fresh Whole Fruit	Fresh Whole Fruit	Fresh Whole Fruit	
<p>A full student lunch includes a choice of entrée supplying protein and grain, two (2) vegetable side dishes & two (2) fruit side dishes, and a choice of milk. Milk choices include 1% white and skim chocolate.</p> <p style="text-align: center;">This institution is an equal opportunity employer and provider.</p>					



FOOD FOCUS: Garden Vegetable

CAIRO SR High SCHOOL: APRI 23rd-27th 2018 LUNCH MENU

Monday Tuesday Wednesday Thursday Friday

American Classics	Chicken Parmesan	Taco Nacho	Roasted BBQ Chicken	Chef Jet's Sweet & Sour	Cheese Stuffed Breadstick
	Dinner Roll		Dinner Roll	Asian Rice	Marinara Sauce
Sides For All Meals	Garlic-Parmesan Roasted Potato	Tater Tots	Mashed Potatoes	Seasoned Corn	Baked Fries
Wild Greens	Ham & Turkey Chef Salad w/ Croutons & Dinner Roll	Ham & Turkey Chef Salad w/ Croutons & Dinner Roll	Ham & Turkey Chef Salad w/ Croutons & Dinner Roll	Ham & Turkey Chef Salad w/ Croutons & Dinner Roll	Ham & Turkey Chef Salad w/ Croutons & Dinner Roll
	Pepperoni Pizza	Pepperoni Pizza	Pepperoni Pizza	Pepperoni Pizza	Pepperoni Pizza
	Cheese Pizza	Buffalo Pizza	Cheese Pizza	Taco Pizza	Cheese Pizza
	Three Cheese Pretzel Sandwich	Cheeseburger	Crispy Chicken Sandwich	Corn Dog	Spicy chicken Sandwich
	Lettuce & Tomato Side Salad	Lettuce & Tomato Side Salad	Lettuce & Tomato Side Salad	Lettuce & Tomato Side Salad	Lettuce & Tomato Side Salad
	Fresh Broccoli Florets	Corn & Black Bean Salsa	Baked BBQ Bean	Marinated Cucumbers	Carrots & Celery w/ Ranch
	Chilled Peaches	Mandarin Oranges & Pineapples	Pears & Strawberries	Red Seedless Grapes	Luigi Fruit Slush
	Fresh Whole Fruit	Fresh Whole Fruit	Fresh Whole Fruit	Fresh Whole Fruit	Fresh Whole Fruit
<p>A full student lunch includes a choice of entrée supplying protein and grain, two (2) vegetable side dishes & two (2) fruit side dishes, and a choice of milk. Milk choices include 1% white and skim chocolate.</p> <p style="text-align: center;">This institution is an opportunity provider.</p>					



FOOD FOCUS: Garden Vegetables

CAIRO SR HIGH SCHOOL: APRIL 30th, 2018 LUNCH MENU




Monday

Tuesday

Wednesday

Thursday

Friday

American Classics	Chicken Tenders w/ Country Gravy Dipping Sauce &				
	Buttered Toast				
Sides For All Meals	Mashed Potatoes				
Wild Greens	Ham & Turkey Chef Salad w/ Croutons and Dinner Roll				
	Pepperoni Pizza				
	Cheese Pizza				
	Corn Dog				
	Lettuce & Tomato Salad				
	Fresh Broccoli Florets				
	Chilled Peaches				
	Fresh Whole Fruit				
<p>A full student lunch includes a choice of entrée supplying protein and grain, two (2) vegetable side dishes & two (2) fruit side dishes, and a choice of milk. Milk choices include 1% white and skim chocolate.</p> <p>This Institution is an equal opportunity employer and provider.</p>					