

COMMUNITY INFORMATION & REFERRAL SERVICES - LOW OR NO FEE				
SERVICE TYPE	ORGANIZATION/PROVIDER	PHONE	SERVICE NOTE	COST
LA CO. REFERRAL DATA BASE	2-1-1 Los Angeles	2-1-1 www.healthycity.org	Referrals to wide range of services	Toll Free Number
CHILD ABUSE	DEPT. OF CHILDREN & FAMILY SERVICES	1-800-540-4000	To report child abuse	Toll Free Number
COUNSELING/ MENTAL HEALTH	BCHD CENTER FOR HEALTH CONNECTION	(310) 318-7939	Counseling for children, adolescents and adults	Sliding Scale
	EXODUS RECOVERY INC (Redondo)	(310) 792-5454	Meds/rehab/therapy, case management, housing, other services	Medi-Cal
	FRIENDS OF THE FAMILY	(310) 798-3260	Counseling for individuals, families and groups	Sliding Scale
	THE GATHERING PLACE	(310) 374-6323	Bereavement support groups, info and referral	Donation
	PROJECT TOUCH	(310) 379-5206	Youth counseling/socialization groups	Sliding Scale
	1736 FAMILY CRISIS CENTER	(310) 543-9900 x310	All ages	No Cost
	RICHSTONE FAMILY CENTER	(310) 970-1921	Counseling for children, adolescents, adults; home visitation	Sliding Scale/No Cost
	SOUTH BAY CENTER FOR COUNSELING	(310) 414-2090	Individuals, couples, families, children and groups	Sliding Scale
	SOUTH BAY CHILDREN'S HEALTH CENTER-CHILD GUIDANCE	(310) 328-0855	Counseling for children and adolescents	MediCal/HealthyFamilies
DOMESTIC VIOLENCE	CAVA (COLLABORATIVE FOR ALTERNATIVES TO VIOLENCE & ABUSE)	(310) 241-4353	Info and referrals to shelters; counseling and legal	No Cost
	DOMESTIC ABUSE HOTLINE	(800) 978-3600	Referrals to services in area (24 hour)	Toll Free Number
	1736 FAMILY CRISIS CENTER	(310) 370-5902	Shelter services for victims of domestic violence	No Cost
	NCADD (NATIONAL COUNCIL ON ALCOHOL & DRUG DEPENDENCY)	(310) 328-1460	Male batterers treatment, support groups for fathers	Sliding Scale
	RAINBOW SERVICES HOTLINE & OUTREACH	(310) 547-9343	24-hour domestic violence services, emergency shelter	Ability to Pay
	REDONDO BEACH DOMESTIC VIOLENCE ADVOCATES	(310) 379-2477 x2336	24-hour advocate response, referrals, court/restraining orders	No Cost
	SOUTH BAY CENTER FOR COUNSELING	(310) 414-2090	Support groups and individual counseling	Co-Pay
	SOUTH BAY CHILDREN'S HEALTH CENTER	(310) 316-0183	Support groups and individual counseling	No Cost
	ELDER ABUSE	ADULT PROTECTIVE SERVICES	(877) 477-3646	To report elder abuse
HIV/STD TESTING	CURTIS TUCKER HEALTH CENTER - LA COUNTY	(310) 419-5333	M/W/F 8:30-10:30am; M 12-3:30pm; T 10am-12:30pm, 2-5:30pm; Th 12-3:30pm	No Cost
	SOUTH BAY FAMILY HEALTH CARE	(310) 802-6170	Confidential HIV testing, case management; STD testing	Sliding Scale/No Cost
	TORRANCE HEALTH CENTER - LA COUNTY	(310) 354-2300	Walk-in Mon2-5pm, Fri 12-3pm (except 3rd Fri)	No Cost
MEDICAL/DENTAL	BCHD CENTER FOR HEALTH CONNECTION	(310) 318-7939	Medical/dental services for children; adult medical	Co-Pay
	HARBOR-UCLA MEDICAL CENTER	(310) 222-2345	Emergency medical and psychiatric services	Ability to Pay
	MLK MULTI-SERVICE AMBULATORY CARE CENTER	Appt (310) 668-5011 Gen Info (310) 668-4321	Walk-in urgent care center, specialty outpatient clinics	Ability to Pay
	SOUTH BAY CHILDREN'S HEALTH CENTER	(310) 316-1212	Dental for ages 3 to 24 years	MediCal/HealthyFam/Access
	SOUTH BAY FAMILY HEALTH CARE	(310) 802-6170	Primary care, prenatal/pediatric medical, general dental	Sliding Scale
	VASEK POLAK HEALTH CLINIC	(310) 355-0100	Primary care, low cost dental	Flat rate, Medi-Cal Rates
OLDER AND/OR DISABLED ADULTS	BCHD COMMUNITY CARE SERVICES	(310) 374-3426 x110	(Officer of the Day) Care management, peer support, groups	Co-Pay for some services
	CENTER FOR THE PARTIALLY SIGHTED	(310) 458-3501	Low vision rehabilitation for people of all ages	MediCal/Care, Sliding scale
	SOUTH BAY SENIOR SERVICES	(310) 325-2141	Information and referrals to community services	No Cost
	WESTSIDE CENTER FOR INDEPENDENT LIVING	(888) 851-WCIL (9245)	Services to maximize independence of people w/disabilities	
PREGNANCY/ BIRTH CONTROL	SOUTH BAY FAMILY HEALTH CARE	(310) 802-6170	Prenatal care and family planning	Sliding Scale
	PLANNED PARENTHOOD-SOUTH BAY CENTER	(800) 576-5544	Family planning, screenings, exams, mens health services	Sliding Scale
PARENTING CLASSES	BEACH CITIES HEALTH DISTRICT (BCHD)	(310) 374-3426 x212	Parenting classes	Affordable fees
	NCADD (NATIONAL COUNCIL ON ALCOHOL & DRUG DEPENDENCY)	(310) 328-1460 (310) 376-6211	Parenting classes (Spanish, teens, court approved), groups	Sliding Scale
	PARENT EDUCATION NETWORK (Pacific Center)	www.pensouthbay.org	Referrals to South Bay parent education classes and groups	No Cost
	RICHSTONE FAMILY CENTER	(310) 970-1921	Parenting classes (English and Spanish)	Sliding Scale
	SOUTH BAY CENTER FOR COUNSELING	(310) 414-2090	Parenting classes and groups (court approved, Spanish)	Sliding Scale
	SOUTH BAY CHILDREN'S HEALTH CENTER	(310) 316-0183 / 316-1212	Parenting support groups, tutoring	No Cost

