

A WEEK WORTH NOTICING

Random Acts of Kindness Week

Leanne Goodell and Amaya O'Donnell, class of 2021
April 24, 2018

Most of today's issues center around our treatment of each other.

Random Acts of Kindness Week (RAKW) comes around once a year in an attempt to solve that problem. The idea is simple, just take a little time out of your day to be nicer to someone.

Though it goes unnoticed by many students, it's clear they agree with the premise, "I do feel like everyone should be nicer to each other..." said freshman Amaya O'Donnell.

Students admit that they do believe RAKW is a necessary holiday to have, solely based on how they treat others and how others treat them.

When students were asked how they felt after someone had gone out of their way to be kind to them, everyone responded the same way stating the positive feeling that came along with it. "It makes me feel really good especially if I might not know the person as well... it definitely leaves a positive effect of the rest of my day... It's really sweet because that's like actually caring and that usually doesn't happen much, especially in school." said freshman Delaney D'Amato.

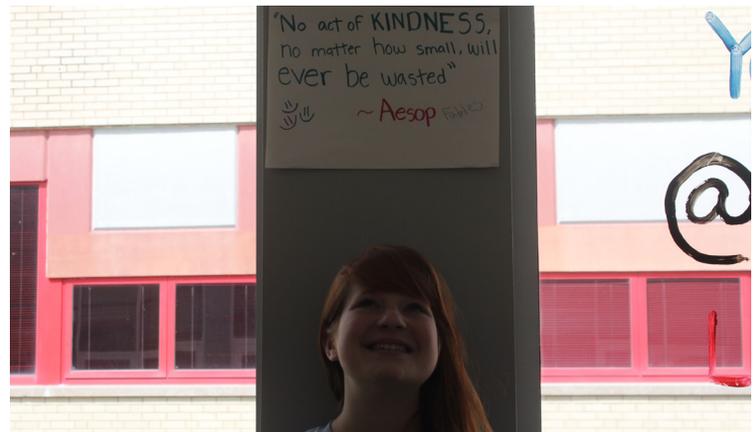
Acts of Kindness don't have to be anything big. Interviewed students agreed, saying the smallest things make the biggest impact, "...if someone just simply stops at my locker during the day just to say hi and might risk being late just to talk... I find that very nice."

RAKW shouldn't be confined to just one week. Let this holiday invite everyone to spread a little joy and optimism on every day of the year. ❖



Both freshman Amaya O'Donnell and the Random Acts of Kindness Week posters inspire kindness.

Source: Leanne Goodell



Freshman Delaney D'Amato shares a smile for Random Acts Of Kindness Week.

Source: Leanne Goodell

Westmont Hilltop School District

Unified in a commitment to inspire and to empower resilient, lifelong learners.

This feature story was created by students in yearbook journalism with faculty oversight and is intended for WHSD students, faculty and community members. All efforts will be made to ensure the accuracy of this publication. Please report any mistakes to yearbook advisor Korbin Shearer at kxs@whsd.org