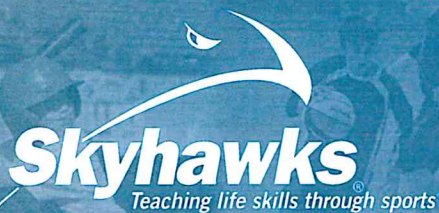


# ALMADEN LAKE PARK

SAN JOSE  
PARKS, RECREATION &  
NEIGHBORHOOD SERVICES

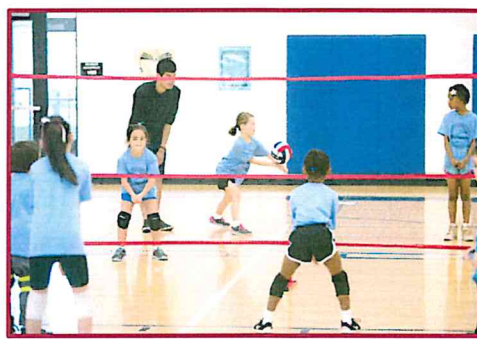


This is not a Union School District sponsored event.



## YOUTH SPORTS SKILL-BASED PROGRAMS

**Skyhawks Sports Academy** provides sports programs where children discover and develop athletic skills and social values, such as teamwork, respect and sportsmanship. We offer children a positive sports experience while promoting a healthy, active lifestyle.



### SUMMER 2018

(course) (dates) (days) (time) (ages) (fee) (location)

#### VOLLEYBALL CAMP

353.1.1051 6/11 - 6/15 M,T,W,Th,F 9:00 a.m. - 12:00 p.m. 10-14 \$173/177\* Almaden Community Center Gym

All aspects of volleyball are taught through drills and exercises that focus on passing, setting, hitting and serving. This program is designed for the beginning and intermediate player. Our staff will assist boys and girls in developing fundamental skills through game-speed drills and daily scrimmages aimed at developing the whole player.

#### BEACH VOLLEYBALL CAMP

353.1.1052 6/18 - 6/22 M,T,W,Th,F 9:00 a.m. - 12:00 p.m. 10-14 \$173/177\* Almaden Lake Park

All aspects of volleyball are taught through drills and exercises that focus on passing, setting, hitting and serving. This program is designed for the beginning and intermediate player. Our staff will assist boys and girls in developing fundamental skills through game-speed drills and daily scrimmages aimed at developing the whole player.

#### TRACK & FIELD CAMP

353.1.1053 7/23 - 7/27 M,T,W,Th,F 9:00 a.m. - 12:00 p.m. 7-12 \$173/177\* Leland High School Premier #1, Stadium Field

Skyhawks track and field combines technical development, fundamental techniques and safety with a major focus on fun! Using special equipment, boys and girls learn the fundamentals of body positioning, stride, proper stretching and cool-down techniques.

MAR 29 2018

*llc*

\*Non-resident fee applicable to all customers not a resident of San Jose.



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