

Benefiting the Children's Hospital Foundation



EMPOWER YOUR CHILD with SELF DEFENSE, SAFETY EDUCATION AND THE ABC'S OF CONFLICT AVOIDANCE

All children and teens should learn safety, awareness, defense strategies, and non-violent conflict resolution skills. World Martial Arts Center is holding this comprehensive program that is a must for all children.

Students will be placed into classes according to age and ability. Classes will be twice per week with emphasis place in learning: Awareness skills that will enable the children to avoid potentially dangerous situations; Verbal skills that will enable students to "talk their way out" of a confrontational situation; and lastly age appropriate self-defense techniques ...and have FUN in the process! Best of all, the proceeds will benefit the Children's Hospital Foundation.

OUR COURSE INCLUDES:

- *4 Weeks of Unlimited Training at our Location
- *Free Official Uniform
- *Free Evaluation with a Black Belt Instructor
- *50% Discount off Registration Fee
- *100% Donation to the Children's Hospital

Only \$59.00!! (a \$139.00 value)

Make your tax deductible check payable to The Children's Hospital Foundation.

BENEFITS OF MARTIAL ARTS

IMPROVED: Self-esteem ★ Self-Discipline ★ Respect for Self and others ★ Concentration
Grades ★ Personal Responsibility ★ Physical Fitness ★ Flexibility ★ Self Defense

Meet New Friends and have FUN!



World Martial Arts Center

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