



FOOD FOCUS: Cruciferous Vegetables

This Institution is an equal opportunity employer and provider.

CAIRO ELEMENTARY: MARCH 2018 LUNCH MENU

Monday	Tuesday	Wednesday	Thursday	Friday
			1 Chicken Alfredo w/ a Garlic Herb Breadstick Or Sun butter & Jelly Sandwich Caesar Salad Seasoned Broccoli Red Seedless Grapes	2 Pepperoni Pizza Or Corn Dog Seasoned Corn Fresh Baby Carrots Luigi Slush
5 No School	6 Taco Nachos Or Flatbread Fun Lunch Tater Tots Seasoned Black Beans Fruit Punch	7 Savory Salisbury Steak w/ Roll Crispy Chicken Sandwich Mashed Potatoes Seasoned Green Bean Red Seedless Grapes	8 Biscuit & Gravy w/ Pork Sausage or Sun butter & Jelly Sandwich Hash Brown Patty Baby Carrots Orange Wedges & Fruit Crisp	9 Pepperoni Pizza or Corn Dog Seasoned Corn Cherry Tomatoes Luigi Slush
12 Popcorn Chicken & Mojo Dipping Sauce w/ Roll Or Three Cheese Pretzel Sandwich Baked French Fries Baby Carrots w/ Ranch Chilled Peaches	13 Chicken Noodle Soup w/ Grilled Cheese Or Flatbread Fun Lunch Mashed potatoes Sliced Cucumbers w/ Ranch Pineapple Tidbits	14 Taco Nachos Crispy Chicken Sandwich Tater Tots Refried Beans Luigi Slush	15 BBQ Roasted Chicken & Roll or Sun butter & Jelly Sandwich Potato Salad Fresh Broccoli Florets w/ Ranch Orange Juice	16 Asian Pork Stir Fry & Roll or Corn Dog Seasoned Corn Sesame Soy Carrots Chilled Peaches
19 Chicken Tenders, Country Gravy, & Buttered Toast Or Three Cheese Pretzel Sandwich Mashed Potatoes Grape Tomato's Baked Apple Slices	20 Taco Nachos Or Flatbread Fun Lunch Tater Tots Spicy Garbanzo Beans Red Apple Half	21 Spaghetti w/ Meat Sauce & Herb Breadstick Or Crispy Chicken Sandwich Mixed Vegetables Lettuce & Spinach Salad Mandarin Oranges & Pineapple Tidbits	22 Cheeseburger or Sun butter & Jelly Sandwich Baked French Fries Seasoned Carrot Fruit Cocktail	23 Pepperoni Pizza or Corn Dog Curly Fries Seasoned Broccoli Rosy Applesauce
26 No School	27 No School	28 Enjoy Your Spring Break! See You on April 3rd	29 No School	30 Menu May Change Without Notice

ELEMENTARY: A full student lunch includes a choice of entrée supplying protein and grain, two (2) vegetable side dishes, one (1) fruit side dish, and a choice of milk. Milk choices include 1% white and skim chocolate.

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