

ABC HOPES

ALL BECAUSE CHRISTOPHER HOPES INC.

PRESENTS



**AT OUR HUNTINGTON BEACH LOCATION
MONDAYS @ 6 P.M.**

**ABC HOPES, INC AND PURPOSE FITNESS HAVE MOLDED
THEIR VALUES AND BELIEFS TO CREATE A FITNESS
ATMOSPHERE FOR PERSONS WITH INTELLECTUAL
DISABILILITES.**

For program details contact Katiemoore@abchopes.com

**Tailored
Fitness**

**Functional
Movement**

**Confidence
Boosting**

**Fun & Safe
Environment**



Will You
BE AT
Purpose Fitness
MONDAY?

LOCATION



16131 Gothard St.
Unit L
Huntington Beach CA
92647