



FOOD FOCUS: Garden Vegetable

This institution is an equal opportunity employer and provider.

CAIRO JR/SR HIGH SCHOOL: APRIL 2018 BREAKFAST MENU

Monday	Tuesday	Wednesday	Thursday	Friday
2 No School	3 Blueberry Parfait w/ Granola Pineapple Tidbits Fruit Punch Juice Low Fat Milk Choice	4 Pancakes w/ Syrup Baked Apple Slices Apple Juice Low Fat Milk Choice	5 Scrambled Eggs w/ Buttered Toast Chilled Peaches Grape Juice Low Fat Milk Choice	6 Biscuit & Gravy Red Apple Half Orange Juice Low Fat Milk Choice
9 Breakfast Pizza Cinnamon Applesauce Orange Juice Low Fat Milk Choice	10 Cheesy Scrambled Eggs w/ Buttered Toast Chilled Peaches Apple Juice Low Fat Milk Choice	11 Ham, Egg & Cheese Burrito Raisins Orange Juice Low Fat Milk Choice	12 Waffles W/ Syrup Fruit Cocktail Grape Juice Low Fat Milk Choice	13 Biscuit & Gravy Fresh Banana Apple Juice Low Fat Milk Choice
16 Breakfast Pizza Fresh Orange Wedges Grape Juice Low Fat Milk Choice	17 Ham, Egg & Cheese Burrito Chilled Diced Pears Apple Juice Low Fat Milk Choice	18 Cinnamon Roll w/ Icing Fresh Red Grapes Orange Juice Low Fat Milk Choice	19 Waffles W/ Syrup Fruit Cocktail Fruit Punch Juice Low Fat Milk Choice	20 Biscuit & Gravy Pineapple Tidbits Orange Juice Low Fat Milk Choice
23 Breakfast Pizza Rosy Applesauce Apple Juice Low Fat Milk Choice	24 Cinnamon Roll w/ Icing Chilled Peaches Fruit Punch Low Fat Milk Choice	25 Cheesy Scrambled Eggs w/ Cinnamon Toast Fresh Banana Grape Juice Low Fat Milk Choice	26 Blueberry Parfait w/ Granola Fresh Orange Wedges Apple Juice Low Fat Milk Choice	27 Biscuit & Gravy Red Apple Half Orange Juice Low Fat Milk Choice
30 Breakfast Pizza Rosy Applesauce Orange Juice Low Fat Milk Choice				Daily Alternative Pancake w/ Syrup

BREAKFAST: A full student breakfast includes a choice of entree supplying grain and/or Y