



# Falcons' Lounge



## School-Based Youth Services Program

GET A STEP AHEAD!  
HANG OUT IN THE LOUNGE!  
MRHS ROOM S-3

### PING PONG

Cool place to talk

**Parties** Homework Club  
College Bound Workshops

Air hockey

### POOL TABLE

Reliable Information

### **All Services Are FREE of Charge**

Prevention Workshops/Events  
Substance Abuse, Mental Health, Sexual Health

Learning Support Activities

Tutoring, College-Bound Activities

Peer Leadership Training &  
Activities

Employment Workshops  
Transition Programs for Incoming  
Freshman

Supervised Recreation

### **Parents:**

**You MUST complete the  
participation form for your  
teen to participate.**

Falcons' Lounge is a collaborative project between MRHS and Care Plus NJ that focuses on the enhancement of students' social, emotional, and physical well-being through out their high school experience.



### *OUR PHILOSOPHY*

Coping skills and strengths developed in childhood carry into adult life, helping individuals reach their full potential. With this in mind, we strive to deliver programming and resources that assist individuals in navigating our complicated world.



**For More Information:  
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NEW JERSEY DEPARTMENT  
OF CHILDREN AND FAMILIES

