



# HEALTH SERVICES



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## PARENT/GUARDIAN RESPONSIBILITIES FOR STUDENTS WITH LIFE-THREATENING FOOD ALLERGIES

### **General Guidelines**

The following procedures give parents guidance for providing reasonable and appropriate care for students with life-threatening food allergies who attend and eat meals/snacks in school. Accommodations will be made during normal school hours. This applies to all schools where Nutrition Services provide breakfast, lunch, or snacks.

### **Family Responsibility**

- Inform school of student's life-threatening food allergy and complete necessary medical forms annually.
- Provide physician documentation of student's allergy and treatment for reactions. Also have physician give food substitution examples.
- Annually, at the beginning of each school year, have a licensed physician complete and sign the "Medical Statement Requesting Special Meals and/or Accommodations" and return copies to the school. Copies will be sent to the school cafeteria manager and Nutrition Services. This form can be accessed from the district website, the school nurse, and school cafeteria manager.
- Provide school with medication authorization form signed by physician, medications, and emergency contact information. Update school of any changes to student's condition or treatment for reactions.
- Provide Nutrition Services with a list of foods your child eats at home.

### **Student Responsibility**

- Take as much responsibility as possible for avoiding potential allergens by not trading or sharing foods and washing hands before and after eating.
- Learn to recognize symptoms of allergic reactions and inform an adult if an exposure to an allergen or reaction occurs. If age appropriate, learn how to self-administer treatment.