

EGYPTIAN CUSD#5 Wellness Policy Assessment

GOALS	MET	NEEDS IMPROVEMENT
GOALS FOR NUTRITION EDUCATION		
Students in grades K-12 will receive nutrition education integrated in standards based lesson plans.	Students receive information in health, physical education, and in science classes.	Need to develop more alignment, particularly in science classes.
Nutrition education is integrated into standards-based lesson plans in other subject areas.	Teachers incorporate nutrition education in other subject areas.	
GOALS FOR PHYSICAL ACTIVITY		
Physical education is provided by qualified instructors that participate in continuous professional development. (K-12)	Met	
Students participate in physical activities on a daily basis for a minimum of 30 minutes per day as part of the daily curriculum.	Met	
Students in grades K-5 receive daily supervised lunch recess for 30 minutes per day.	Met	
Physical activities are available for students in grades 3-12 in after school programs including sports teams, cheerleading, and enrichment tutoring.	Met	
GOALS FOR OTHER SCHOOL-BASED PROGRAMS OR ACTIVITIES		
The district will support parents' efforts to provide a healthy diet and daily physical activity for their children.	Met	
The food service director will share information about the nutritional content of school meals with students, families, and school staff.	Partially met	The information is available and currently discussed with those who seek it, however it needs to be distributed to everyone. (Website)
Breakfast and lunch are served in a clean and enjoyable environment. Students have at a minimum of 20 minutes to eat.	Met	

Food personnel have proper certification and regularly participate in professional development.	Met	
The food service department provides meals which meet the nutrition requirements and meet federal, state, and local laws and guidelines.	Met	
Egyptian is a closed campus and students are not permitted to leave school for lunch.	Met	

The Board, administration, faculty, and food service director discussed and completed this assessment on January 29, 2018.

Additional items discussed:

*Every effort should be made to follow the monthly menu. (Any change must be presented to the superintendent including the rationale).

*More effort should be made to include entrees that are student favorites and not follow every meal suggested menu by US Food.

*The food service director indicates that she plans to retire at the end of this school year.

Brad Misner, Superintendent

1-29-2018

Date

Donna Ledbetter, Food Service Director

1-29-2018

Date