



## Sports Physicals and Students with Medical Conditions

- All students need to have updated physicals to try out or be eligible to participate in any sport this coming school year.
- All students who have a history of medical condition (diabetes, seizure disorder, asthma, food, or insect bite allergies or any other condition that requires them to take medications while in school) must have a new medication release form filled out by their doctor each school year. That includes all over the counter medications as well.
- All paperwork will be mailed in late May/early June for your convenience to have filled out during the summer months and must be returned by the first day of school.  
*\*\*You can download these forms on the nurse's page of the school website.*

**The nurse will return to the Nurse's Office on August 15<sup>th</sup> and 16<sup>th</sup>, 2018 from 9:00 AM to 11:00 AM for student athletes to pick up their white cards for soccer, track, tennis, and volleyball ONLY. All other sport cards will be given out to coaches at the September meeting. If your physical is sent in before August 10<sup>th</sup>, you can send a self-addressed, stamped envelope and the nurse will mail you back the white card for your convenience.**