

		Calories	Protein	Vit A	Vit C	Iron	Calcium	Total Fat	Sat Fat	Carbohydrate	Fiber	Cholesterol	Sodium
Middle Lunch W1D1 (2018-19)	Cheeseburger	353	19.8	234	0	3.24	228	18.8	7.5	26.65	3	47.5	626.5
Middle Lunch W1D1 (2018-19)	Hot Dog	320	11	0	3.6	1.98	30	18.5	7	28	4	30	520
Middle Lunch W1D1 (2018-19)	Strawberry Yogurt	379	9.22	1300	1.73	0.48	200	4.18	1.44	76.11	3.78	5	191
Middle Lunch W1D1 (2018-19)	Chef Salad	398.18	23.88	4523.44	58.86	6.01	97.65	25.19	5.56	25.07	5.87	50.13	1084.78
Middle Lunch W1D1 (2018-19)	French Fries	130	2	0	0.6	0.36	20	4	0.5	23	2	0	350
Middle Lunch W1D1 (2018-19)	COLE SLAW	209.54	0.95	1429.41	28.59	0.34	38.12	15.71	2.86	13.34	1.91	7.14	533.34
Middle Lunch W1D1 (2018-19)	FRESH ORANGES	70	1	100	78	0.36	60	0	0	21	7	0	0
Middle Lunch W1D1 (2018-19)	Applesauce	100	0	0	2.4	0.36	0	0	0	25	2	0	5
Middle Lunch W1D1 (2018-19)	Ketchup	20	0	0	0	0	0	0	0	6	0	0	170
Middle Lunch W1D1 (2018-19)	Mayonnaise	80	0	200	0	0	0	8	1	2	0	10	180
Middle Lunch W1D1 (2018-19)	Mustard	5	0	0	0	0	0	0	0	0	0	0	65
Middle Lunch W1D1 (2018-19)	Pickles	9	0	0	0.22	0	0	0	0	0.18	0	0	684
Middle Lunch W1D1 (2018-19)	Tomato	5.83	0.17	3.33	6.67	0.33	0.33	0	0	1.17	0.17	0	0.83
Middle Lunch W1D1 (2018-19)	LETTUCE SHREDDED	0.88	0	11.76	0.21	0	0	0	0	0.18	0.06	0	0.59
Middle Lunch W1D1 (2018-19)	1% Milk	110	8	500	2.4	0	300	2.5	1.5	13	0	10	125
Middle Lunch W1D1 (2018-19)	Skim Milk	90	9	500	2.4	0	300	0	0	13	0	3	125
Middle Lunch W1D1 (2018-19)	Strawberry Milk	130	8	500	1.2	0	300	0	0	23	0	5	125
Middle Lunch W1D1 (2018-19)	Chocolate Milk	120	8	500	1.2	0	300	0	0	20	0	5	180
Middle Lunch W1D1 (2018-19)	CRACKERS WG SALTINES	120	4	0	0	1.44	0	3	0	18	2	0	260
		Calories	Protein	Vit A	Vit C	Iron	Calcium	Total Fat	Sat Fat	Carbohydrate	Fiber	Cholesterol	Sodium
Middle Lunch W1D2 (2018-19)	Chicken Taco	220	26	300	0	1.08	0	11	4.5	5	0	110	530
Middle Lunch W1D2 (2018-19)	Chicken Fajita w/seasoning	131.69	15	26	0	1	10	3.5	1	4.14	0	57	506.7
Middle Lunch W1D2 (2018-19)	Strawberry Yogurt	379	9.22	1300	1.73	0.48	200	4.18	1.44	76.11	3.78	5	191
Middle Lunch W1D2 (2018-19)	Chef Salad	398.18	23.88	4523.44	58.86	6.01	97.65	25.19	5.56	25.07	5.87	50.13	1084.78
Middle Lunch W1D2 (2018-19)	REFRIED BEANS	122.12	6.11	0	0	1.83	20.35	2.04	0	19.34	5.09	0	142.48
Middle Lunch W1D2 (2018-19)	MANGO WANGO JUICE	50	0	500	30	0	0	0	0	13	0	0	30
Middle Lunch W1D2 (2018-19)	PEACHES (CN) W JUICE	70	0	300	1.2	0	0	0	0	17	0.5	0	10
Middle Lunch W1D2 (2018-19)	STRAWBERRY CUPS (DoD)	90	1	0	66	0.36	20	0	0	22	2	0	0
Middle Lunch W1D2 (2018-19)	Tortilla Chips	140	2	0	0	0	40	7	1	19	1	0	105
Middle Lunch W1D2 (2018-19)	Shredded Cheese	70	7	0	0	0	0	4	2.5	2	0	15	210
Middle Lunch W1D2 (2018-19)	LETTUCE SHREDDED	0.88	0	11.76	0.21	0	0	0	0	0.18	0.06	0	0.59
Middle Lunch W1D2 (2018-19)	SAUCE TACO	5	0	0	0	0	0	0	0	1	0	0	115
Middle Lunch W1D2 (2018-19)	Sour Cream	60.75	1.01	202.5	0	0	20.25	5.06	3.54	1.01	0	20.25	15.19
Middle Lunch W1D2 (2018-19)	1% Milk	110	8	500	2.4	0	300	2.5	1.5	13	0	10	125
Middle Lunch W1D2 (2018-19)	Skim Milk	90	9	500	2.4	0	300	0	0	13	0	3	125
Middle Lunch W1D2 (2018-19)	Strawberry Milk	130	8	500	1.2	0	300	0	0	23	0	5	125
Middle Lunch W1D2 (2018-19)	Chocolate Milk	120	8	500	1.2	0	300	0	0	20	0	5	180
Middle Lunch W1D2 (2018-19)	CRACKERS WG SALTINES	120	4	0	0	1.44	0	3	0	18	2	0	260
		Calories	Protein	Vit A	Vit C	Iron	Calcium	Total Fat	Sat Fat	Carbohydrate	Fiber	Cholesterol	Sodium
Middle Lunch W1D3 (2018-19)	Grilled Cheese Sandwich	423.65	17.31	819.39	0	1.44	634.72	28.39	15.78	27.6	3	74.38	836
Middle Lunch W1D3 (2018-19)	Corn Dogs	250	11	0	0	3.6	0	10	1.5	31	1	15	630
Middle Lunch W1D3 (2018-19)	Strawberry Yogurt	379	9.22	1300	1.73	0.48	200	4.18	1.44	76.11	3.78	5	191
Middle Lunch W1D3 (2018-19)	Chef Salad	398.18	23.88	4523.44	58.86	6.01	97.65	25.19	5.56	25.07	5.87	50.13	1084.78
Middle Lunch W1D3 (2018-19)	Broccoli w/ Ranch	80.4	2.16	114.35	29.73	0.27	35.5	7.09	1.01	3.55	1.14	5.06	282.9
Middle Lunch W1D3 (2018-19)	SIMPLOT-SPUDSTERS	177.57	2.8	0	0	0.42	23.04	6.54	0.93	27.1	2.8	0	448.6

Middle Lunch W1D3 (2018-19)	FRUIT PUNCH	52.91	0	0	3.17	0	0	0	0	12.35	0	0	8.82
Middle Lunch W1D3 (2018-19)	TROPICAL FRUIT (CN)	90	0.85	0	0	0	0	0	0	22	2	0	0
Middle Lunch W1D3 (2018-19)	Ketchup	20	0	0	0	0	0	0	0	6	0	0	170
Middle Lunch W1D3 (2018-19)	Mustard	5	0	0	0	0	0	0	0	0	0	0	65
Middle Lunch W1D3 (2018-19)	1% Milk	110	8	500	2.4	0	300	2.5	1.5	13	0	10	125
Middle Lunch W1D3 (2018-19)	Chocolate Milk	120	8	500	1.2	0	300	0	0	20	0	5	180
Middle Lunch W1D3 (2018-19)	Skim Milk	90	9	500	2.4	0	300	0	0	13	0	3	125
Middle Lunch W1D3 (2018-19)	Strawberry Milk	130	8	500	1.2	0	300	0	0	23	0	5	125
Middle Lunch W1D3 (2018-19)	CRACKERS WG SALTINES	120	4	0	0	1.44	0	3	0	18	2	0	260
		Calories	Protein	Vit A	Vit C	Iron	Calcium	Total Fat	Sat Fat	Carbohydr	Fiber	Cholesterol	Sodium
Middle Lunch W1D4 (2018-19)	WHOLE MUSCLE CHICKEN CF	188.12	15.99	175.9	0	0.94	14.11	6.58	1.41	15.05	1.88	42.33	451.5
Middle Lunch W1D4 (2018-19)	Bean & Two Cheese Dip	175.15	11.1	50.11	1.39	1.66	196.04	7.8	4.44	15.63	4.18	21.91	490.82
Middle Lunch W1D4 (2018-19)	Strawberry Yogurt	379	9.22	1300	1.73	0.48	200	4.18	1.44	76.11	3.78	5	191
Middle Lunch W1D4 (2018-19)	Chef Salad	398.18	23.88	4523.44	58.86	6.01	97.65	25.19	5.56	25.07	5.87	50.13	1084.78
Middle Lunch W1D4 (2018-19)	FRESH BABY CARROTS	95.68	1.47	9773.66	1.84	0.63	42.93	7.18	1.03	7.87	2.06	5.06	328.66
Middle Lunch W1D4 (2018-19)	Mashed Potatoes	70	1	1.9	6.4	0.19	7.11	1	0	15	1	0	340
Middle Lunch W1D4 (2018-19)	Diced Pears	60	0	0	0	0	0	0	0	14	2	0	10
Middle Lunch W1D4 (2018-19)	FRESH STRAWBERRIES (whol	22.5	0.52	0	48	0.36	10	0	0	6.2	2.07	0	0
Middle Lunch W1D4 (2018-19)	Tortilla Chips	140	2	0	0	0	40	7	1	19	1	0	105
Middle Lunch W1D4 (2018-19)	Garlic Breadstick	110	3	0	2.4	1.08	0	4	1	17	2	0	230
Middle Lunch W1D4 (2018-19)	DRESSING HONEY MUSTARD	120	0	0	0	0	0	10	1.5	8	0	10	125
Middle Lunch W1D4 (2018-19)	Ketchup	30	0	0	0	0	0	0	0	9	0	0	255
Middle Lunch W1D4 (2018-19)	Skim Milk	90	9	500	2.4	0	300	0	0	13	0	3	125
Middle Lunch W1D4 (2018-19)	1% Milk	110	8	500	2.4	0	300	2.5	1.5	13	0	10	125
Middle Lunch W1D4 (2018-19)	Chocolate Milk	120	8	500	1.2	0	300	0	0	20	0	5	180
Middle Lunch W1D4 (2018-19)	Strawberry Milk	130	8	500	1.2	0	300	0	0	23	0	5	125
Middle Lunch W1D4 (2018-19)	CRACKERS WG SALTINES	120	4	0	0	1.44	0	3	0	18	2	0	260
		Calories	Protein	Vit A	Vit C	Iron	Calcium	Total Fat	Sat Fat	Carbohydr	Fiber	Cholesterol	Sodium
Middle Lunch W1D5 (2018-19)	Stuffed Crust Pizza	330	16	300	0	2.7	250	14	4.5	36	2	20	880
Middle Lunch W1D5 (2018-19)	Chicken Sandwich Filet	360	27	0	0	2.88	60	11.5	2	38	3	50	640
Middle Lunch W1D5 (2018-19)	Strawberry Yogurt	379	9.22	1300	1.73	0.48	200	4.18	1.44	76.11	3.78	5	191
Middle Lunch W1D5 (2018-19)	Chef Salad	398.18	23.88	4523.44	58.86	6.01	97.65	25.19	5.56	25.07	5.87	50.13	1084.78
Middle Lunch W1D5 (2018-19)	Corn	94.79	2.02	245.37	2.33	0.36	2.75	2.16	1.04	15.02	2	4.39	0
Middle Lunch W1D5 (2018-19)	PINTO BEANS	154.96	6.68	76.59	0	1.91	80.47	3.15	1.56	22.59	11.96	6.59	186.05
Middle Lunch W1D5 (2018-19)	FRESH APPLE (GALA)	80	0	100	4.8	0.36	0	0	0	22	5	0	0
Middle Lunch W1D5 (2018-19)	MANDARIN ORANGES/w/JUI	80	0	500	21	0.36	20	0	0	20	1	0	10
Middle Lunch W1D5 (2018-19)	Pickles	3	0	0	0.07	0	0	0	0	0.06	0	0	228
Middle Lunch W1D5 (2018-19)	Tomato	5.83	0.17	3.33	6.67	0.33	0.33	0	0	1.17	0.17	0	0.83
Middle Lunch W1D5 (2018-19)	LETTUCE SHREDDED	0.88	0	11.76	0.21	0	0	0	0	0.18	0.06	0	0.59
Middle Lunch W1D5 (2018-19)	Ketchup	10	0	0	0	0	0	0	0	3	0	0	85
Middle Lunch W1D5 (2018-19)	Mustard	5	0	0	0	0	0	0	0	0	0	0	65
Middle Lunch W1D5 (2018-19)	Mayonnaise	40	0	100	0	0	0	4	0.5	1	0	5	90
Middle Lunch W1D5 (2018-19)	Chocolate Milk	120	8	500	1.2	0	300	0	0	20	0	5	180
Middle Lunch W1D5 (2018-19)	Skim Milk	90	9	500	2.4	0	300	0	0	13	0	3	125
Middle Lunch W1D5 (2018-19)	1% Milk	110	8	500	2.4	0	300	2.5	1.5	13	0	10	125
Middle Lunch W1D5 (2018-19)	Strawberry Milk	130	8	500	1.2	0	300	0	0	23	0	5	125

Middle Lunch W1D5 (2018-19)	CRACKERS WG SALTINES	120	4	0	0	1.44	0	3	0	18	2	0	260
Middle Lunch W1D5 (2018-19)	MOON PIE MINI CHO. (2017)	30.8	0.28	0	0	0.2	0	0.84	0.56	5.6	0	0	26.6
Middle Lunch W1D5 (2018-19)	MOON PIE MINI VANILLA (20	110	1	0	0	0.72	0	3	2	20	0	0	95
		Calories	Protein	Vit A	Vit C	Iron	Calcium	Total Fat	Sat Fat	Carbohydr:	Fiber	Choleste	Sodium
Middle Lunch W2D1 (2018-19)	Spaghetti	433.56	23.96	652.44	19.16	4.29	69.62	8.32	2.82	60.84	4.54	55.46	292.44
Middle Lunch W2D1 (2018-19)	BOSCO STICK CHEESE 6'	303.45	19.51	433.5	0	2.34	433.5	10.84	5.42	32.51	2.17	32.51	455.18
Middle Lunch W2D1 (2018-19)	Strawberry Yogurt	379	9.22	1300	1.73	0.48	200	4.18	1.44	76.11	3.78	5	191
Middle Lunch W2D1 (2018-19)	Chef Salad	398.18	23.88	4523.44	58.86	6.01	97.65	25.19	5.56	25.07	5.87	50.13	1084.78
Middle Lunch W2D1 (2018-19)	FROZEN STEAMED GREEN PE	114.22	4.59	2107.57	17.03	1.64	23.87	3.91	2.46	13.63	4.54	10.37	107.86
Middle Lunch W2D1 (2018-19)	ROMAINE GARDEN SALAD-	91.44	1.95	8047.49	14.79	0.77	44.72	7.26	1.04	6.43	1.98	5.06	299.9
Middle Lunch W2D1 (2018-19)	FRESH ORANGES	70	1	100	78	0.36	60	0	0	21	7	0	0
Middle Lunch W2D1 (2018-19)	Applesauce	100	0	0	2.4	0.36	0	0	0	25	2	0	5
Middle Lunch W2D1 (2018-19)	Garlic Breadstick	110	3	0	2.4	1.08	0	4	1	17	2	0	230
Middle Lunch W2D1 (2018-19)	SAUCE MARINARA FULL RED	20.41	0.68	1134	13.61	0.24	4.54	0.79	0.23	3.4	0.45	0	31.75
Middle Lunch W2D1 (2018-19)	PARMESAN CHEESE PKTS.	15	1	0	0	0	40	1	1	0	0	0	55
Middle Lunch W2D1 (2018-19)	Strawberry Milk	130	8	500	1.2	0	300	0	0	23	0	5	125
Middle Lunch W2D1 (2018-19)	Skim Milk	90	9	500	2.4	0	300	0	0	13	0	3	125
Middle Lunch W2D1 (2018-19)	1% Milk	110	8	500	2.4	0	300	2.5	1.5	13	0	10	125
Middle Lunch W2D1 (2018-19)	Chocolate Milk	120	8	500	1.2	0	300	0	0	20	0	5	180
Middle Lunch W2D1 (2018-19)	CRACKERS WG SALTINES	120	4	0	0	1.44	0	3	0	18	2	0	260
		Calories	Protein	Vit A	Vit C	Iron	Calcium	Total Fat	Sat Fat	Carbohydr:	Fiber	Choleste	Sodium
Middle Lunch W2D2 (2018-19)	Cheeseburger	353	19.8	234	0	3.24	228	18.8	7.5	26.65	3	47.5	626.5
Middle Lunch W2D2 (2018-19)	CHICKEN TENDERS	202	18.4	218	1	1	19	9	1.25	11.1	1	49	382
Middle Lunch W2D2 (2018-19)	Strawberry Yogurt	379	9.22	1300	1.73	0.48	200	4.18	1.44	76.11	3.78	5	191
Middle Lunch W2D2 (2018-19)	Chef Salad	398.18	23.88	4523.44	58.86	6.01	97.65	25.19	5.56	25.07	5.87	50.13	1084.78
Middle Lunch W2D2 (2018-19)	French Fries	130	2	0	0.6	0.36	20	4	0.5	23	2	0	350
Middle Lunch W2D2 (2018-19)	BAKED BEANS	161.47	6.46	0	0	1.94	64.59	1.08	0	32.29	7.54	5.38	581.29
Middle Lunch W2D2 (2018-19)	Red Apple	90	0	50	4.8	0.18	10	0	0	23.8	3.4	0	1
Middle Lunch W2D2 (2018-19)	MIXED FRUIT (CN) W JUICE	80	1	200	1.2	0	0	0	0	18	1	0	5
Middle Lunch W2D2 (2018-19)	Garlic Breadstick	110	3	0	2.4	1.08	0	4	1	17	2	0	230
Middle Lunch W2D2 (2018-19)	DRESSING HONEY MUSTARD	120	0	0	0	0	0	10	1.5	8	0	10	125
Middle Lunch W2D2 (2018-19)	Pickles	3	0	0	0.07	0	0	0	0	0.06	0	0	228
Middle Lunch W2D2 (2018-19)	Tomato	5.83	0.17	3.33	6.67	0.33	0.33	0	0	1.17	0.17	0	0.83
Middle Lunch W2D2 (2018-19)	LETTUCE SHREDDED	0.88	0	11.76	0.21	0	0	0	0	0.18	0.06	0	0.59
Middle Lunch W2D2 (2018-19)	Mayonnaise	40	0	100	0	0	0	4	0.5	1	0	5	90
Middle Lunch W2D2 (2018-19)	Ketchup	30	0	0	0	0	0	0	0	9	0	0	255
Middle Lunch W2D2 (2018-19)	Mustard	5	0	0	0	0	0	0	0	0	0	0	65
Middle Lunch W2D2 (2018-19)	1% Milk	110	8	500	2.4	0	300	2.5	1.5	13	0	10	125
Middle Lunch W2D2 (2018-19)	Chocolate Milk	120	8	500	1.2	0	300	0	0	20	0	5	180
Middle Lunch W2D2 (2018-19)	Skim Milk	90	9	500	2.4	0	300	0	0	13	0	3	125
Middle Lunch W2D2 (2018-19)	Strawberry Milk	130	8	500	1.2	0	300	0	0	23	0	5	125
Middle Lunch W2D2 (2018-19)	CRACKERS WG SALTINES	120	4	0	0	1.44	0	3	0	18	2	0	260
		Calories	Protein	Vit A	Vit C	Iron	Calcium	Total Fat	Sat Fat	Carbohydr:	Fiber	Choleste	Sodium
Middle Lunch W2D3 (2018-19)	CHICKEN ALFREDO	278.93	18.18	226.04	27.75	2.3	129.38	7.52	2.78	34.99	2.51	10.07	497.58
Middle Lunch W2D3 (2018-19)	STUFFED CRUST CHEZ PIZZA	330	16	300	0	2.7	300	14	4.5	36	2	15	840
Middle Lunch W2D3 (2018-19)	Chef Salad	398.18	23.88	4523.44	58.86	6.01	97.65	25.19	5.56	25.07	5.87	50.13	1084.78

Middle Lunch W2D3 (2018-19)	Strawberry Yogurt	379	9.22	1300	1.73	0.48	200	4.18	1.44	76.11	3.78	5	191
Middle Lunch W2D3 (2018-19)	FROZEN STEAMED BROCCOL	79.7	1.98	177.12	28.67	0	39.93	5.74	3.61	3.82	1.91	15.24	23.89
Middle Lunch W2D3 (2018-19)	SAUCED BABY CARROTS	59.64	0.58	11688.56	2.18	0.75	27.89	3.51	2.16	6.92	2.44	9.03	65.52
Middle Lunch W2D3 (2018-19)	GRAPE JUICE	80	1	0	0	0	0	0	0	18	0	0	15
Middle Lunch W2D3 (2018-19)	FRESH BANANA	110	1	0	9	0.36	0	0	0	29	4	0	0
Middle Lunch W2D3 (2018-19)	Garlic Breadstick	110	3	0	2.4	1.08	0	4	1	17	2	0	230
Middle Lunch W2D3 (2018-19)	1% Milk	110	8	500	2.4	0	300	2.5	1.5	13	0	10	125
Middle Lunch W2D3 (2018-19)	Chocolate Milk	120	8	500	1.2	0	300	0	0	20	0	5	180
Middle Lunch W2D3 (2018-19)	Skim Milk	90	9	500	2.4	0	300	0	0	13	0	3	125
Middle Lunch W2D3 (2018-19)	Strawberry Milk	130	8	500	1.2	0	300	0	0	23	0	5	125
Middle Lunch W2D3 (2018-19)	CRACKERS WG SALTINES	120	4	0	0	1.44	0	3	0	18	2	0	260
		Calories	Protein	Vit A	Vit C	Iron	Calcium	Total Fat	Sat Fat	Carbohydr	Fiber	Cholesterol	Sodium
Middle Lunch W2D4 (2018-19)	CHICKEN BRD DRUMSTICK TY	190	16	100	0	1.08	20	11	2.5	5	1	50	450
Middle Lunch W2D4 (2018-19)	SALISBURY STEAK & GRAVY	223.51	14	0	1.2	1.8	40	14.59	6	7.53	1	45	514.56
Middle Lunch W2D4 (2018-19)	Chef Salad	398.18	23.88	4523.44	58.86	6.01	97.65	25.19	5.56	25.07	5.87	50.13	1084.78
Middle Lunch W2D4 (2018-19)	Strawberry Yogurt	379	9.22	1300	1.73	0.48	200	4.18	1.44	76.11	3.78	5	191
Middle Lunch W2D4 (2018-19)	GREEN BEANS	57.93	1.12	340.57	1.28	0.38	22.59	4.11	2.59	4.27	2.14	10.92	149.58
Middle Lunch W2D4 (2018-19)	Mashed Potatoes	70	1	1.9	6.4	0.19	7.11	1	0	15	1	0	340
Middle Lunch W2D4 (2018-19)	PINEAPPLE TIBITS (CN) W JUI	70	0	0	6	0.36	20	0	0	16	1	0	0
Middle Lunch W2D4 (2018-19)	FRESH STRAWBERRIES (whol	22.5	0.52	0	48	0.36	10	0	0	6.2	2.07	0	0
Middle Lunch W2D4 (2018-19)	ROLL WG MA 2 OZ	140	5	0	0	1.44	20	2.5	1	32	7	5	80
Middle Lunch W2D4 (2018-19)	Skim Milk	90	9	500	2.4	0	300	0	0	13	0	3	125
Middle Lunch W2D4 (2018-19)	Strawberry Milk	130	8	500	1.2	0	300	0	0	23	0	5	125
Middle Lunch W2D4 (2018-19)	Chocolate Milk	120	8	500	1.2	0	300	0	0	20	0	5	180
Middle Lunch W2D4 (2018-19)	1% Milk	110	8	500	2.4	0	300	2.5	1.5	13	0	10	125
Middle Lunch W2D4 (2018-19)	CRACKERS WG SALTINES	120	4	0	0	1.44	0	3	0	18	2	0	260
		Calories	Protein	Vit A	Vit C	Iron	Calcium	Total Fat	Sat Fat	Carbohydr	Fiber	Cholesterol	Sodium
Middle Lunch W2D5 (2018-19)	WHOLE MUSCLE CHICKEN CF	188.12	15.99	175.9	0	0.94	14.11	6.58	1.41	15.05	1.88	42.33	451.5
Middle Lunch W2D5 (2018-19)	PORK PATTIE	273	17.85	105	5.04	2.84	63	13.65	3.68	19.95	4.2	31.5	210
Middle Lunch W2D5 (2018-19)	Chef Salad	398.18	23.88	4523.44	58.86	6.01	97.65	25.19	5.56	25.07	5.87	50.13	1084.78
Middle Lunch W2D5 (2018-19)	Strawberry Yogurt	379	9.22	1300	1.73	0.48	200	4.18	1.44	76.11	3.78	5	191
Middle Lunch W2D5 (2018-19)	DRAGON PUNCH JUICE	50	0	500	30	0	0	0	0	13	0	0	35
Middle Lunch W2D5 (2018-19)	NORTHERN BEANS	278.53	9.82	177.12	1.95	2.93	99.2	6.55	3.61	40.62	9.75	15.24	422.5
Middle Lunch W2D5 (2018-19)	TROPICAL FRUIT (CN)	90	0.85	0	0	0	0	0	0	22	2	0	0
Middle Lunch W2D5 (2018-19)	FRESH CANTALOUPE	29.1	0.58	2910.45	27.94	0.21	11.64	0	0	6.99	0.58	0	14.55
Middle Lunch W2D5 (2018-19)	LO SODIUM ROAST/BEEF/GR	10	0	0	0	0	0	0.25	0	1.5	0	0	70
Middle Lunch W2D5 (2018-19)	DRESSING HONEY MUSTARD	120	0	0	0	0	0	10	1.5	8	0	10	125
Middle Lunch W2D5 (2018-19)	Ketchup	20	0	0	0	0	0	0	0	6	0	0	170
Middle Lunch W2D5 (2018-19)	1% Milk	110	8	500	2.4	0	300	2.5	1.5	13	0	10	125
Middle Lunch W2D5 (2018-19)	Chocolate Milk	120	8	500	1.2	0	300	0	0	20	0	5	180
Middle Lunch W2D5 (2018-19)	Skim Milk	90	9	500	2.4	0	300	0	0	13	0	3	125
Middle Lunch W2D5 (2018-19)	Strawberry Milk	130	8	500	1.2	0	300	0	0	23	0	5	125
Middle Lunch W2D5 (2018-19)	CRACKERS WG SALTINES	120	4	0	0	1.44	0	3	0	18	2	0	260
Middle Lunch W2D5 (2018-19)	CINNAMON ROLL	130	2	1000	0	1.08	20	4	1	22	2	0	125