

Franklin Middle School Athletics

Cross Country – Head Coach - Quentin Lankford

7th and 8th Grade – Quentin Lankford and Helen Wagner

Volleyball - Head Coach – Jessica Turner

7th and 8th Grade – Pam Fannin, Jill Patton, Sarah Rohach, Wendy Tucker

Basketball - Head Coach – Gary Watkins

7th and 8th Grade – Pam Fannin, Jenna Kram

Track - Head Coach – Helen Wagner

7th and 8th Grade – All Coaches

Practice-

Practice begins at 7:30 every day. You will need to be dressed in LIONS clothes and athletic shoes, and be ready to start at that time. We will meet at the Middle School gym, so you will need to ride the bus or have your morning ride drop you off in FRONT of the Middle School. We will dismiss 10 minutes before the bell rings in order for you to change and be ready for 2nd period. Teams will practice every Wednesday after school from 3:20 – 5:00, with B teams practicing until 4 and A teams practicing from 4-5:00. Everyone needs to have a physical and ALL paperwork turned in prior to participating in a sport and will be required to make-up days missed due to not having ALL required paperwork. REMOVAL from athletics if paperwork is not completed in a timely manner.

Rules –

There will be consequences for not following the rules. We will keep a record of days you are late, absent, not suited out, hair not pulled up, jewelry, bad attitudes, etc. We will have a day of consequences where you will get to make up for these infractions. Not completing the consequences will lead to removal from the athletic program. The lockers have

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combination locks. We are not responsible for items lost or stolen. Only a DOCTOR'S note is accepted as an excuse for sitting out during athletics. If your child is ill, they need to communicate that with their coach and will be asked to do as much as can be tolerated.

Home Games –

We will play all our home games at the Middle School gym. You will be provided a uniform by the school and are responsible for that uniform's condition and return at the end of your season. Your appearance is important so we expect hair to be kept back neatly and be of a naturally occurring color (no blue, orange, etc.), no bra straps showing and need to be white, black or gray, and athletic shoes. You will sit in the stands as a team until it is time for you to warm-up and play. There will be **NO** horseplay or walking around the school. We need to be thinking about the game and supporting our teammates. You will be told when to arrive by your coaches.

Away Games –

We will go together on the bus to our away games. You may have a snack on the way. The school will provide sack lunches. Cell Phone should be limited to family emergencies and making pick up arrangements. Students will be advised to contact their ride approximately 30 minutes prior to our return. Please be considerate when making arrangements and be waiting for the bus to arrive. A child is only allowed to leave with their immediate (adult) family members. If they are to leave with anyone else, we need a **PHONE CALL** to the school **AND** a written note giving them permission to leave with a specific adult.

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As a student-athlete you are taking on more responsibilities. Being an athlete is not for everyone. You are now a role model to others in the school. Franklin athletes are known for good grades, attitudes (on and off the court), and for showing good sportsmanship. If you are not accepting of these responsibilities, please do not waste your time or the coaches' time; there are others wanting the opportunity to learn, improve, and compete. We reserve the right to enforce consequences for any inappropriate, unlawful, or disrespectful behavior.