



Bronx Academy of Promise

Lunch Menu

Meal Includes:

Entrée, Vegetable, Fruit, Whole Wheat Bread, and Milk

| September 5 - 9, 2016 | Monday 9/5 | Tuesday 9/6 | Wednesday 9/7 | Thursday 9/8 | Friday 9/9 |
|-----------------------|------------|-------------|---------------|---|--|
| Hot Meals | | | | Chicken Tenders w/Dipping Sauce Tater Tots Green Beans Whole Wheat Diner Roll | <u>Homemade Pizza</u> Pepperoni French Bread Pizza or French Bread Cheese Pizza |
| Sandwich Meals | | | | <u>Deli Wraps!</u> <u>Turkey BLT Wrap</u> Turkey & Turkey Bacon, Lettuce & Tomato on a Whole Grain Wrap or Sunbutter & Jelly Sandwich | Green Peas or Tossed Romaine Salad or Sunbutter & Jelly Sandwich |
| Salad Bar | | | | Dark Salad Greens w/Shredded Carrots, Cherry Tomatoes, Hard-Cooked Eggs Bell Peppers, Cucumbers, Chick Peas | Dark Salad Greens w/Shredded Carrots, Cherry Tomatoes, Hard-Cooked Eggs Bell Peppers, Cucumbers, Chick Peas |

Available at Every Lunch: Variety of fruit served at every lunch, such as: Whole Apples, Bananas, Orange Wedges and

Assorted Cupped Fruit: Peaches, Pineapples, Pears

Milk: Low-Fat White and Non-Fat Chocolate

Note: Students may choose daily between the Tossed Romaine Salad and the cooked vegetable of the day