



Strengthening Families Program

Who: Parents or Caregivers and their youth ages 4-14

What: The Strengthening Families Program consists of *12 sessions for ages 4-10 and 7 sessions for ages 11-14*, with a **free meal** before or during each session.

When: **One day a week**

Dates: Tuesdays and some Thursdays, Feb. 6-April 12, 2018
5pm-7:30pm each night

Please register ASAP to help us coordinate meals and space.

Where: **Black River United Methodist Church**

100 North 4th Street, BRF, WI. 54615

Benefits:

- Meet other parents and children from the community.
- Help participants build on their strengths in showing love and setting limits.
- Help youth develop skills in handling stress, peer pressure, and building a positive future.
- Have fun with the family.
- **Gift basket for each family, family portrait at end of program!!**

There is **no cost** to attend the program and we have many family **incentives** for attending!!

Child care provided upon request for children ages 3 and under.

To register please contact (*deadline for registration will be **February 2, 2018 @ 4pm***)

Jackson County UW-Extension

227 S. 11th St.

Black River Falls, WI. 54615

715-284-4257

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You can also register via Facebook (Strengthening Families) or at our website
www.tfjck.org

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