



Huntington Beach City School District

Health Services - Student Illness Procedures

When should my child stay home from school?

- Fever of 100 degrees or higher
- Red, inflamed eyes with discharge
- Vomiting and/or diarrhea
- A rash with fever or flu-like symptoms
- Shortness of breath, wheezing or a cough that disrupts normal activity
- Distracting pain from an earache, headache, sore throat or recent injury
- Yellow or Green nasal mucus/drainage
- Draining skin lesions unless covered and diagnosed as non-infectious

When can my child return to school?

- Fever has been absent for 24 hours without medication
- Nausea, vomiting or diarrhea has been absent for 24 hours
- A communicable disease has been treated by a physician and
- The required number of days for treatment indicated by the doctor has been met

Some Common Conditions

- Bacterial Respiratory Conditions- Student may return 24 hours after first dose of antibiotics
- Strep Throat - Student may return 24 hours after first dose of antibiotics and 24 hours fever free
- Conjunctivitis (pink eye) - Requires diagnosis and a note from a physician
 - Bacterial - Student may return 24 hours after treatment begins and absence of discharge
 - Viral - Student may return when discharge is gone
 - Allergic - No exclusion is necessary
- Impetigo - Student may return 24 hours after treatment is started; lesions must be dry or covered
- Head Lice - Hair must be free of lice and must be checked in office before returning to class

Please provide the office with a note from the physician if your child has an illness requiring medical attention. If medication is prescribed, please complete the *Parent/Guardian and Authorized Care Provider Request for Medication* form and return it, along with the appropriately labeled medication to the office.