



Youth Volunteer Guide

Edited 8/6/14

Detailed Descriptions of
Youth & Teen Volunteer Opportunities
in Orange County



Step One

Think about how you would like to volunteer. Consider your interests and how you like to spend your time, and then decide where you would like to help. For example, maybe you play the piano and would like to perform at a Senior Center.

Step Two

Look through this guide and find the volunteer jobs that match your interests, needs, and qualifications. Check if you can get transportation to the agency from your home or school. Note that many agencies are on or near bus lines. Please check that you meet the organization's minimum age requirement. Sometimes you may meet the age requirement and will still need to bring an adult.

Step Three

Call or email the organization. Ask to speak to the volunteer coordinator or whoever is listed. Introduce yourself and explain why you are contacting them. Volunteer coordinators are often very busy, so you may have to leave a message. If they do not get back to you in a couple of weekdays, try again. If you have to leave a message on their voice mail, speak slowly and clearly and be sure to leave your name and phone number so they can reach you.

Here is an example of what you could say as a message:

- "Hi my name is (your name) and I am a student at (name of your school). I read about your organization in OneOC's "I Can Volunteer Guide to Youth Volunteer Opportunities" and am interested in finding out about volunteer opportunities at your agency. I would appreciate it if you could call me back. I can be reached at (your phone number with area code) after (time when you are home). Thank you."

Step Four

When you speak to the volunteer coordinator, tell him/her a bit about yourself and why you want to volunteer. Ask some of the following questions to ensure a good match.

Here are some questions you might want to ask:

- What does your organization do?
- Whom do you serve?
- What type of work will be done as a volunteer?
- Can you mail or e-mail me a job description or brochure?
- Do you provide training?
- Who will be my supervisor?
- Where are you located? (Is it close to my home or school?)
- When do you need help? (Does it fit your schedule?)

Step Five

Ask for an appointment to visit the organization. By visiting the organization, you will get a better understanding of what it would be like to work there. The volunteer coordinator may also want to interview you before you start. When you make the appointment, write down the day and time and get clear directions on how to get there. Arrive for your interview early.



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Helpful Information

- If the contact name has changed, ask for the volunteer coordinator. If the position no longer exists, tell them why you are calling and asked to be directed to the appropriate staff member.
- Understand that budget cuts have eliminated many positions and it may take a while to hear back from the agency.
- If at first you do not succeed, try, try again! Finding the right fit does not happen over night.
- Information current as of October, 2011.
- Volunteers should contact the agencies directly, not OneOC.
- For more volunteer opportunities, contact your local branch of the public library, or the local United Way office.
- Please use this directory for volunteer purposes only .
- Thank you for your interest in volunteering.



COUNTYWIDE

Adopt-A-Park Program

www.ocparks.com

Contact Person: Angeline Soto

Phone: 714-566-3035

angeline.santiago@occr.ocgov.com

Minimum Age: none

Adult Supervision required: Yes (under 15)

Groups: Yes

Min/Max Size: Varies

Volunteer Opportunities include: Beach and lake clean ups, tree plantings, removal of non-native habitat, trail maintenance, gardening, painting, research projects and staffing of nature centers

Time Commitment: Time commitment varies from project to project.

American Cancer Society

www.cancer.org

Contact Person: Shannon Fowler

Phone: 949-567-0620

shannon.fowler@cancer.org

Minimum Age: 13

Adult Supervision required: Varies

Groups: Yes

Min/Max Size: No maximum size

Volunteer Opportunities Include: Creating posters, campaigns, youth clubs (school health), help with Teens Kick Ash program, Relay for Life program, health fairs, work on programs, help to collect signatures, internships available.

Time Commitment: None

American Red Cross of Orange County

www.oc-redcross.org

Contact Person: Madleyn Spiegelberg

Phone: 714-481-5333

madleyn.spiegelberg@redcross.org

Minimum Age: 13

Adult Supervision Required: No

Groups: Yes

Min/Max Size: Varies upon project

Volunteer Opportunities Include: A wide variety of volunteer opportunities throughout the year, including disaster preparedness education, community fairs and events, and high school clubs. Please attend our youth volunteer monthly meetings held on the first Wednesday of every month from 6pm-7:30pm to hear about how to volunteer.

Additional Information: Most programs focus on youth educating their peers in the community. Call or email us at youth@oc-redcross.org to get more information.

Time Commitment: Varies with each project

Children's Bureau

www.all4kids.org

Contact Person: Wendy Brown

Phone: 714-517-1900 x201

Minimum age requirement: 16

Adult Supervision Required: No

Groups: Yes

Min/Max Size: Varies

Opportunities Available: Clerical, group parties, events, and clean up projects. We are a youth resource center that tries to recruit youth volunteers for other organizations.

Additional Information: Many different sites throughout Orange County.

Time Commitment: None

**Earth Resource Foundation**www.earthresource.org**Contact Person:** Candice Wells
info@earthresource.org**Phone:** 949-645-5163**Minimum Age:** None**Adult Supervision Required:** Under 14 only**Groups:** Yes**Min/Max Size:** Up to 200**Volunteer Opportunities Include:** Beach, street, Creek clean ups, and native plant restoration activities, general office help, and school green and recycling projects.**Time Commitment:** None**Paint Your Heart Out**www.pyho.org**Contact Person:** Debbie Schultz
debbie@pyho.org**Phone:** 714-970-1150**Minimum age:** 14 years**Adult Supervision Required:** Yes under 14**Groups:** Yes**Min/Max Size:** varies**Volunteer Opportunities Include:** Assist with adult teams in painting homes (prepping, priming, painting), yard cleanup, and landscaping.**Time Commitment:** Requires 2 consecutive ½ days on Saturdays**THINK Together**www.thinktogether.org**Contact Person:** Tom Linnert
tlinnert@thinktogether.org**Phone:** 714-543-3807 x8142**Minimum Age:** 14**Adult Supervision Required:** No**Groups:** Yes**Min/Max Size:** Up to 50**Volunteer Opportunities Include:** Dependent on activity, includes homework help and reading assistance.**Time Commitment:** None**Additional Information:** Mandatory volunteer orientation, background check and TB clearance.



ANAHEIM

Anaheim Family YMCA

www.anaheimymca.org

Contact Person: Norma Ruiz
atanos@anaheimymca.org

Phone: 714-635-9622 x1613

Minimum Age: 14

Adult Supervision Required: Yes up to 16

Groups: Yes

Min/Max Size: Varies

Volunteer Opportunities Include: Help with the following programs: academic mentor, Team Go, classroom volunteer, enrichment and special projects, Anaheim Achieves one time school visits, Anaheim Achieves, academic mentor. These programs operate out of 46 Anaheim sites. They focus on helping children with homework, educational games, sports, enrichment, recreational activities, storytelling, reading, literacy programs and academic mentoring.

Time Commitment: Volunteer hours vary depending upon the program.

Additional Information: Fingerprints, TB test, mandatory volunteer orientation and training.

Anaheim Interfaith Shelter

www.projectlinus.org

Contact Person: Ruth Shone
rmshone@csu.fullerton.edu

Phone: (714) 774-8502

Minimum Age: 10 years

Adult Supervision Required: Depends on age

Groups: Yes

Min/Max Size: 20 - 30

Volunteer Opportunities Include: Making homemade blankets for seriously ill or traumatized children, ages 0-18.

Time Commitment: None

Project Linus

www.projectlinus.org

Contact Person: Cappy Brown

Phone: 714-229-1288

Minimum Age: 8 years

Adult Supervision Required: Depends on age

Groups: Yes

Min/Max Size: None

Volunteer Opportunities Include making homemade blankets for seriously ill or traumatized children ages 0-18.

Time Commitment: None

BREA

Carbon Canyon Regional Park

www.ocparks.com

Contact Person: Joanne Taylor
Joanne.taylor@ocpark.com

Phone: 714-973-3161

Minimum Age: 15 years

Adult Supervision Required: Yes

Groups: Yes

Min/Max Size: None

Volunteer Opportunities Include: Trail maintenance, brush clearing, planting, bulletin board.

Time Commitment: None



BUENA PARK

Giving Children Hope

<http://www.gchope.org/>

Contact Person: Drew Bryson

dbryson@godaid.org

Minimum Age: 13

Groups: Yes

Volunteer Opportunities Include: warehouse work, packing food bags, organization duties

Time Commitment: None

Phone: 714.523.4454 x116

Adult Supervision Required: Yes

Min/Max Size: None

COSTA MESA

Girls Inc. of Orange County

www.girlsinc-oc.org

Contact Person: Amanda McMahon

rschneider@girlsinc-oc.org

Minimum Age: Must be High School students

Groups: Yes

Time Commitment: Looking for long-term volunteers. Operating Hours 8:30 am – 6:00 pm Mon.-Friday. Need to ask for Saturday and Sunday volunteer opportunities.

Volunteer Opportunities Include: Working with National development programs; after school programs; work with 5-18 (activities). Main facility is in Costa Mesa but there are facilities in many cities throughout Orange County.

Time Commitment: 12 week commitment.

Phone: 949-646-7181 x315

Adult Supervision Required: No

Min/Max Size: Up to 12 (some larger)

Project Cuddle

www.projectcuddle.org

Contact Person: Julie Ann Sherry

info@projectcuddle.org

Minimum Age: None

Groups: Yes

Volunteer Opportunities Include: Office work, passing out brochures, doing mock baby showers.

Time Commitment: None

Phone: 714-432-9681

Adult Supervision Required: Yes under 16

Min/Max Size: No maximum group size

Project Linus

www.projectlinus.org

Contact Person: Patty Krause

cdmbeach@aol.com

Minimum age: 8

Groups: Yes

Volunteer Opportunities Include: Making homemade blankets for seriously ill or traumatized children ages 0-18. Can possibly travel to you to pick up blankets.

Time Commitment: None

Phone: 949-723-4656

Adult Supervision Required: Depends on age

Min/Max Size: None



Serving People In Need (SPIN)

www.spinoc.org

Contact Person: Kim Frazier

Phone: 714-751-1101 x19

kimf@spinoc.org

Minimum Age: None

Adult Supervision Required: None

Groups: Yes

Min/Max Size: Up to 15

Volunteer Opportunities Include: Help in the office and teach life-skills classes. Volunteer groups are needed to help with special projects including preparing meals for the homeless, food drives, hygiene drives, clothing drives and adopting families for the holidays, internships are available.

Time Commitment: None

***Interested in Service Learning**

Someone Cares Soup Kitchen

shannonscsk@aol.com

Contact Person: Shannon Santos x200
or Allie Weaver x201

Phone: 949-548-8861

Minimum Age: 15 years

Adult Supervision Required: No

Groups: Yes

Min/Max Size: Up to 10

Volunteer Opportunities Include: Serving and preparing meals and organizing food supplies.

Time Commitment: Monday-Friday 9am-5pm, Saturday and Sunday 7:30-12pm

Working Wardrobes For A New Start

www.workingwardrobes.org

Contact Person: Susie Tuttle

Phone: 714-210-2460

SusieT@workingwardrobes.org

Minimum Age: varies on event

Adult Supervision: Yes, up to 15

Accepts Groups: Yes

Min/Max Size: 15 to 20 max

Volunteer Opportunities Include: Office duties, work at receiving, sorting and tagging donations of men, women, and teen clothing, gift bag items, and preparing the donations for distribution to clients at the retail store front or the donation center, events.

Additional Information: School group leaders and parents welcome to assist High School participants.

Time Commitment: None



DANA POINT

Ocean Institute

www.ocean-institute.org

Contact Person: Linda Blanchard

Phone: 949-496-2274 x221

volunteers@ocean-institute.org

Minimum Age: 14

Adult Supervision Required: No

Accepts Groups: No

Min/Max Size: None

Volunteer Opportunities Include: An orientation is given the first Wednesday of the month from 3:30-5:30 pm and the second Saturday of the month from 9:00–11:00 am. We have a wide variety of jobs including assisting in our gift shop, teaching people about our ocean animals, protecting the tide pools, and tall ship maintenance.

Time Commitment: 60-80 hours (6 to 12 months) 2 hr. mandatory orientation.

FOUNTAIN VALLEY

Boys And Girls Clubs of Huntington Valley

www.bgchv.com

Contact Person: Gricel

Phone: 714-531-2582

dputman@bgchv.com

Minimum Age: 16

Adult Supervision Required: No

Groups: Yes

Min/Max Size: Call for more info

Volunteer Opportunities Include: Interacting and working with children in the areas of educational assistance and public safety. Activities with kids.

Additional Information: Volunteers must become a Boys and Girls Club member which requires a \$15 fee and must purchase a volunteer shirt for \$9. All volunteers meet with the program's unit director for a 30-minute orientation.

Time Commitment: 4 hours



FULLERTON

Fullerton Family YMCA

www.ymcaoc.org/locations/fitness-facilities/fullerton-family-ymca

Contact Person: Nick Chesire
ncheshire@ymcaoc.org

Phone: 714-879-9622

Minimum age: 16 years

Adult Supervision Required: Varies

Groups: Yes

Min/Max Size: Up to 20

Volunteer Opportunities Include: Help with office and facility duties, photocopying, preparing mailings, and washing towels. Special event volunteers help with the Golf Tournament, Healthy Kids Day, Crab Feast and other seasonal events.

Additional Information: General volunteers are required to undergo drug screening and fingerprinting.

Time Commitment: None

GARDEN GROVE

Acacia Adult Day Services

www.acacia-services.org

Contact Person: Debbie Kaiser
twhite@acacia-services.org

Phone: 714-530-1566

Minimum age: None

Adult Supervision Required: Depends on age

Accepts Groups: Yes

Min/Max Size: Up to 6-8

Volunteer Opportunities Include: Helping with activities such as Bingo and arts and crafts for frail, elderly or disabled adults, people with Alzheimer's and developmental disabilities. Serve meals and snacks and talk with elderly people on a 1:1 basis. Look for musicians to help.

Time Commitment: We do have episodic volunteers. To volunteer on a regular basis, the volunteer would have to go through the application process and complete a TB test.

COMMUNITY DAY PRESCHOOL

Contact Person: Sue Puisis

Phone: 714-539-2911

Minimum age: 16

Adult Supervision Required: No

Groups: Yes

Min/Max Size: Call for more info

Volunteer Opportunities Include: play with the children, games, computer work, tutoring. Groups, paint, clean up, projects, helping in classroom, teacher's aid

Additional Information: TB test. Strict dress code.

Time Commitment: None



Hemopet/Pet Life Line

www.hemopet.org

Contact Person: Karen Stalk

hemopet@hotmail.com

Minimum age: 14

Groups: Yes (prearranged)

Volunteer Opportunities Include: take care of dogs, walk dogs, clean up kennels

Additional Information: 18 years and younger require parental consent. Closed toe shoes (tennis shoes preferred), long pants

Time Commitment: N/A

Phone: 714-891-2022 x22

Adult Supervision Required: 15 yrs. and younger must be accompanied by an adult.

Min/Max Size: Varies

Community Action Partnership of Orange County Food Bank (CAPOC)

<http://www.capoc.org>

Contact Person: Andre Gaithe
(warehouse opportunities)

agaithe@capoc.org

Contact Person: Trudy Wilson
(administrative opportunities)

twilson@capoc.org

Minimum age: under 16 requires adult supervision

Groups: Yes

Volunteer Opportunities Include: Volunteers work side-by-side packing food boxes that are distributed to the hungry in Orange County. Volunteer opportunities are available on Saturdays. Office work and internships available, can work day to day.

Additional Information: Warehouse volunteers should wear comfortable clothing and **closed-toed shoes are mandatory.**

Time Commitment: Volunteers are required to stay for the entire 2 hour shift.

Phone: 714-897-6670, x 3493

Phone: 741-897-6670, x 3610

Adult Supervision Required: Under 16

Min/Max Size: min. 5/max 80



HUNTINGTON BEACH

Oak View Community Collaborative

Contact Person: Michele Essex

oakviewfrc@gmail.com

Minimum Age: None

Groups: Yes

Volunteer Opportunities Include: Working with children as a tutor, camp counselor, teacher's aid, assisting with clerical duties, shelving books, help with library programs, interpreting (Spanish/English) and participating in special events.

Additional Information: Oak View is a fun place for youth volunteers because they know they are making a difference in the lives of low-income immigrant families served by the agency. Bilingual (Spanish/English) speakers are a plus, but not required for most programs. Commitment varies from one hour per week to several hours per day depending upon the program.

Time Commitment: None.

Phone: 714-842-4002

Adult Supervision Required: Not for teens

Min/Max Size: Up to 30

IRVINE

American Heart Association

www.heart.org

Contact Person: Eileen Hawley

Eileen.Hawley@heart.org

Minimum age: 18

Groups: Yes

Volunteer Opportunities Include: Front desk duties, administrative tasks, mailings, computer work, packets, maybe cleaning for special events

Time Commitment: Flexible, call ahead, 10 hrs at most per week

Phone: 949-856-1522

Adult Supervision Required: No

Min/Max Size: Depends on activity

Alzheimer's Association Of Orange County

www.alzoc.org/oc

Contact Person: Brent Deines

bdeines@alz.org

Minimum age: Varies

Groups: Yes

Volunteer Opportunities Include: Youth Outreach Volunteers, Memory Walk Volunteers and Participants, Office Volunteers, Development Volunteers, accept high school groups.

Time Commitment: None

Phone: 949-955-9000, 3728

Adult Supervision Required: No (if over 16)

Min/Max Size: No maximum group size



Families Forward

www.families-forward.org

Contact Person: Marissa Kosbab

Phone: 949-552-2727

Minimum age: 14

Adult Supervision Required: Varies

Groups: No

Min/Max Size: Call for more info

Volunteer Opportunities Include: Food warehouse sorting, organizing and bagging food for families Monday through Thursday mornings. Help in our storage warehouse, picking up donations and food drives. Summer is a good time to work for students. Special events depending on the time of year.

Additional Information: If interested in volunteering, please complete online volunteer form.

Time Commitment: None

Kids Who Care Foundation

www.kidswhocareclub.org

Contact Person: Anisha Shukla

Phone: 949-233-0568

Kidswhocareclub@yahoo.com

Minimum age: 4

Adult Supervision Required: Depends

Groups: Yes

Min/Max Size: No

Volunteer Opportunities Include: Available all over Orange County. Volunteers under the age of 18 can help either individually or with their group, to help cheer up critically ill children in the hospital by helping out with our smile pack program, and the traveling variety show. Other volunteer opportunities are also posted on our website. Currently we are looking for volunteers to help with fundraising events, grant writing and administrative work.

Time Commitment: None

National Multiple Sclerosis Society

www.mspacific.org

Contact Person: Linda Ingram

Phone: 760-448-8416

Linda.ingram@mspacific.org

Minimum age: 10 (for events)

Adult Supervision Required: Yes

Groups: Yes

Min/Max Size: Call for more info.

Volunteer Opportunities Include: Special events in April and October

Time Commitment: None.



Pediatric Cancer Research Foundation

www.pcrf-kids.org

Contact Person: PCRF Office Manager

Phone: 949-859-6312

admin@pcrf-kids.org

Minimum age: 10

Adult Supervision Required: Under 16

Groups: Yes

Min/Max Size: None

Volunteer Opportunities Include: Event based opportunities throughout the year: Run/Walk in Spring, Golf in late Summer, and Auction in the Fall. Each event has pre-event opportunities and day of volunteer opportunities. There are several other opportunities for smaller events and for light office work.

Additional Information: Please call the office for specific details. Normal office hours are 8:30 am to 5 pm. PCRF is a very small team, volunteers are essential to accomplishing our mission of raising funds to improve the care, quality of life and survival rate of children with malignant disease.

Time Commitment: Varies per task and event.

Second Harvest Food Bank of Orange County

www.feedoc.org

Contact Person: Christine Montevideo

Phone:949-653-2900 x 166

christine@feedoc.org

Contact Person: Lisa Nordholm

Phone:949-653-2900 x 169

Minimum age: 14 (under 14 can harvest)

Adult Supervision Required: Under 16

Groups: Yes

Min/Max Size: Up to 25

Volunteer Opportunities Include: Food labeling and sorting for distribution to needy families. Harvesting programs are also available which involves planting, weeding, and picking produce in our fields. Available for kids of all ages.

Time Commitment: Volunteers must call ahead to schedule a date and time frame. Shifts are 2-3 hours

Shadetree Partnership, Inc.

www.shadetreepartnership.org

Contact Person: Thomas Bonkowski

Phone: 949-453-5312

bonkowsk@irwd.com

Minimum age: 8 – 16

Adult Supervision Required: Yes under 16

Groups : call for more info

Min/Max Size: None.

Volunteer Opportunities Include: Shadetree Nursery is a 5.5-acre volunteer nursery consisting of 7,000+ trees and 2,000 shrubs/groundcover. Volunteers can water, weed, stake trees, prune and trim trees, fertilize, replant trees and seedlings, take inventory and perform general nursery functions. Closed toe shoes are required for all volunteers.

Additional Information: The Shadetree Nursery is located on the UCI campus (call for directions). There is a slight slope where the trees are irrigated. Special needs volunteers may find the location challenging.

Time Commitment: Two to five hours. Weekdays and occasional weekends available. Available hours are between 7:30a.m. and 3:00p.m.



LADERA RANCH

Laura's House

www.laurashouse.org

Contact Person: Melanie Galloway

mgalloway@laurashouse.org

Minimum age: 16

Groups: Small Groups

Volunteer Opportunities Include: Special Events and the Resale Store.

Additional Information: All volunteers must attend a volunteer orientation before volunteering.

Time Commitment: Orientations are held monthly and potential volunteers can sign up here:

<http://www.laurashouse.org/volunteer-opportunities.html>.

Phone: 949-361-3775, 210

Adult Supervision Required: No

Min/Max Size: 4/8

NEWPORT BEACH

Environmental Nature Center (Enc)

www.ENCenter.org

Contact Person: Lori Whalen

lori@encenter.org

Minimum age: All

Groups: Yes

Volunteer Opportunities Include: Grounds maintenance, gardening, office duties, craft projects, assistance with special events. Scouts can earn merit badges and complete Eagle & Gold projects.

Time Commitment: Schedules will vary depending upon volunteer project. There is a minimum one-hour time commitment. Student volunteer shifts can be scheduled Wednesday 1:00 until 5 p.m. and on Saturdays between 8:30a.m. – 12:30p.m.

Phone: 949-645-8489

Adult Supervision Required: Under 14

Min/Max Size: 20

Juvenile Diabetes Research Foundation

www.jdrfoc.org

Contact Person: Melissa Soderbloom

Ltlubell@jdrf.org

Minimum age: None

Groups: Yes

Volunteer Opportunities Include: General office tasks such as envelope stuffing, packet collating, etc. and participation in special events.

Additional Information: There are always volunteer opportunities available. Please call Melissa for details.

Time Commitment: Flexible schedules are available.

Phone: 949-553-0363

Adult Supervision Required: Yes for certain ages

Min/Max Size: Up to 10 volunteers



Newport Bay Conservancy

<http://newportbay.org>

Contact Person: Jeanne Stein

jeanne.stein@newportbay.org

Minimum age: 15

Groups: Yes

Phone: (949) 923-2296

Adult Supervision Required: groups larger than 5

Min/Max Size: Up to 10 members

Volunteer Opportunities Include: Native plant restorative, invasive plant removal, landscaping, environment programs, school programs, maintenance and facilities help. Hands-on habitat restoration activities are a great opportunity for the public to be involved in a meaningful way here at the Bay without making any long-term volunteer commitment. Service learning hours are available and groups are welcome. Restoration events take place on either a Saturday or Sunday morning year-round. During the rainy season, native plants are planted. At other times of the year the activities are more maintenance oriented, and include removal of non-native plants and temporary watering of the new natives. Participants are also taught why these activities are so important to the long-term protection of the Bay.

Community-based restoration activities are planned by the Upper Newport Bay Restoration Team facilitated by organized by the Newport Bay Conservancy (NBC), and organized by the California Coastal Commission, OC Parks and the Orange County Chapter of the Society of Conservation Biology (OCSCB) with the support of NBC Naturalists.

Time Commitment: Flexible schedules are available.

ORANGE

Child Abuse Prevention Center

www.brightfutures4kids.org

Contact Person: Kim Tran

KTran@brightfutures4kids.org

Minimum age: 16

Groups: Yes

Phone: 714-955-6585

Adult Supervision Required: For under 16

Min/Max Size: Up to 10 member

Volunteer Opportunities Include: Work events, clerical work and working in a warehouse.

Time Commitment: None

Orange County Ronald McDonald House

www.ronaldhouseoc.org

Contact Person: Ruth Wu

rwul@ronaldhouseoc.org

Minimum age: 14

Groups: Yes

Phone: 714.516.3664

Adult Supervision Required: Yes under 17

Min/Max Size: Max of 12

Volunteer Opportunities Include: Opportunities include baking, mopping, vacuuming and dusting. Volunteers also help with sorting donations, stocking the pantry and storerooms, changing light bulbs and vacuum cleaning bags, taking out the trash and cleaning out the refrigerator. Occasionally there are opportunities to help with clerical duties and fundraising events.

Time Commitment: Individuals must commit to one 4-hour shift per month for a one year period.



Orange Police Department Volunteer Program

www.cityoforange.org

Contact Person: Deborah Klein

Phone: 714-744-7328

volunteers@orangepd.org

Minimum age: 13 years

Adult Supervision Required: Yes, at check in

Groups: No

Min/Max Size:

Volunteer Opportunities Include: Y.A.N.A. (You Are Not Alone) Program Y.A.N.A. is designed to provide a measure of security and well-being for elderly people with a visit from Police Department Volunteers. This may be the only contact a person has with others. The Volunteers offer critical support by linking them with appropriate resources and services.

Time Commitment: None

Rehabilitation Institute of Southern California

www.rio-rehab.com

Contact Person: Grace Lee

Phone: 714-633-7400 x 204

grace@rio-rehab.com

Minimum age: 16

Adult Supervision Required: Yes

Groups: Yes

Min/Max Size: Up to 6 members

Volunteer Opportunities Include: Office work. Looking over the kids at the day care

Time Commitment: Office hours 7am-3:30 pm, Child program 7:00am-6pm.

YWCA of Central Orange County

www.ywcacentraloc.com

Contact Person: Sue Olemstead

Phone: 714-633-4950 x3

Minimum age: 15 years

Adult Supervision Required: No

Groups: Yes

Min/Max Size: Varies

Volunteer Opportunities Include: Helping with transitional house for foster girls, organize clothes for women searching for new jobs, sorting products for purse project.

Time Commitment: None

PLACENTIA

F.A.C.E.S. aka Family Assessment Counseling and Education Services

www.facescal.org

Contact Person: Marisol Ferrer

Phone: 714-993-2237, 176

mferrera@cal.org

Minimum age: 16

Adult Supervision Required: No

Groups: Yes – for specific projects

Min/Max Size: up to 10

Volunteer Opportunities Include: Data entry, answering outreach phone calls, file, clean up, event planning and internships available.

Time Commitment: Depends on duty



H.I.S. House

www.hishouseplacentia.org

Contact Person: Teri Niebuhr

Phone: 714-993-5774

teri.hishouse@gmail.com

Minimum age: Adult supervision under 15 1/2 **Adult Supervision Required:** under 15 1/2

Groups: Yes

Min/Max Size: 10 -15 members

Volunteer Opportunities Include: Child care, homework club, special projects, i.e. Easter egg hunt, holiday gift wrapping, painting

Additional Information: H.I.S. House is a six-month transitional shelter for families, singles and couples. Youth from infants to 18 years of age (with their parents) are housed at the facility.

Time Commitment: None

SAN JUAN CAPISTRANO

Great Opportunites

Contact Person: David Groos

Phone:714-299-0912

info@greatoppps.org

Minimum age of volunteers: 16

Adult Supervision required: Under 16

Groups: Yes

Min/Max Size: 8

Volunteer Opportunities Include: To assist participants in activities. Volunteers must be able to be in direct sunlight. Volunteers must be willing to enter ocean water and be able to be in water not touching bottom.

Time Commitment: None

SANTA ANA

Blind Childrens Learning Center

www.blindkids.org

Contact Person: Carrie Smith

Phone: 714-573-8888, x4112

carrie.smith@blindkids.org

Minimum age: 14

Adult Supervision Required:

14-15 year olds (with Adult Supervision)

16-17 year olds (with Parent Consent Form)

Groups: Any age (Adult supervision under 16) **Min/Max Size:** Call for more info.

Volunteer Opportunities Include: Classroom assistance, after school care assistance, adopt a classroom, help with special events, provide childcare for special events, office support and support for fund raising events.

Additional Information: No matter how you spend your time with us, we guarantee that you will be touched by the love and accomplishments of the children you work with!

Time commitment: Ongoing Volunteers: Minimum of 1 hour a week



Leukemia And Lymphoma Society

www.lls.org

Contact Person: Grace Hinojoza

Phone: 714-481-5600

Gracehinojoza@lls.org

Minimum age: 16

Adult Supervision Required: Under 18

Groups: Yes

Min/Max Size: Call for more info.

Volunteer Opportunities Include: Office work: mailings, Events: set up, run event, registration

Time Commitment: None

Latino Health Access

www.latinohalthaccess.org

Contact Person: Rosy DePrado

Phone: 714-542-7792, x1081

rdeprado@latinohalthaccess.org

Minimum age: Any age

Adult Supervision Required: Under 15

Groups: Yes

Min/Max Size: No

Volunteer Opportunities Include: Childhood obesity prevention program, help with fun physical activities, and work with obese children in organized sports. Call for days and times.

Time Commitment: None, prefer at least two days

Mercy House

www.merceyhouse.net

Contact person: Marissa Norys

Phone: 714-836-7188, x112

marissan@merceyhouse.net

Minimum age: Varies

Adult Supervision Required: Dependent on opportunity

Groups: Yes

Min/Max Size: Max 25

Volunteer Opportunities Include: Volunteers can help at the Family Shelter with set-up, clean-up, passing out meals, and donations. We also need food donations and collection, volunteers can donate hygiene kits, bag lunches, collect blankets, decorate for the holidays, entertain residents, help plan and host holiday parties and barbeques by providing the food and beverages. There is also an annual AIDS Walk in May where volunteers can help with fundraising within their school and community and walk with Mercy House.

Additional Information: Tutoring and play time: Mondays and Wednesdays in Buena Park; Tuesday and Thursdays in Tustin.

Time Commitment: Varies

The Raise Foundation

www.theraisefoundation.org

Contact Person: Kelsea Kanahela

Phone: 949-757-3635 x4 or x121

Kelsea@theraisefoundation.org

Minimum age: 13

Adult Supervision Required: Yes

Groups: Yes

Min/Max Size: Depends on activity

Volunteer Opportunities Include: Fundraising events throughout the year.

Time Commitment: Flexible



Southwest Community Center

www.swcommunitycenter.org

Contact Person: Jessie Allen

swsmeda@aol.com

Minimum age: 12

Groups: Yes

Volunteer Opportunities Include: Help serve meals, pack groceries and mailings.

Time Commitment: 2 hours

Phone: 714-547-4073

Adult Supervision Required: Under 18

Min/Max Size: Up to 15 members

THINK Together

www.thinktogether.org

Contact Person: Malia Mikaelian

mmikaelian@thinktogether.org

Minimum age: 14

Groups: Yes

Description of Volunteer Opportunities: Volunteers will help our After School program by assisting our students with homework tutoring, academic enrichment, and physical activities.

Additional Information: Mandatory orientation, background check, and TB clearance.

Time Commitment: None

Phone: 714-543-3807, x8142

Adult Supervision Required: No

Min/Max Size: Depends

SEAL BEACH

Save Our Beach

Contact Person: Kim

kim@saveourbeach.org

Minimum age: none

Groups: Yes

Description of Volunteer Opportunities: Beach clean-ups, green programs, environment education, sustainability projects

Time Commitment: None

Phone: 562 884-6764

Adult Supervision Required: Depends on age group

Min/Max Size: Depends

SILVERADO CANYON

Inside the Outdoors

ito.ocde.us/home.htm

Contact Person: Kim Casey

kcasey@ocde.us

Minimum age: none

Groups: Yes

Description of Volunteer Opportunities: Native plant restoration, environmental programs.

Time Commitment: None

Phone: 714-708-3885

Adult Supervision Required: Yes

Min/Max Size: None.



TUSTIN

Orange County Rescue Mission

www.resucemission.org

Contact Person: Christina Wollin

Minimum age: 13

Groups: Yes

(one adult per group)

Volunteer Opportunities Include: Group maintenance and landscaping tasks, Child Development Center assistants, Kitchen interns.

Additional Information: For youth under 13 we have many opportunities for urgent needs drives and projects that can be completed off site (assembling hygiene kits, making welcome baskets, sponsoring food or diaper drives, etc). Volunteers must wear close-toed shoes (no sandals or flip-flops) and have all long hair pulled back. Please wear appropriate, modest clothing (nothing with derogatory images or words) while volunteering.

Time commitment: Varies and depends on project

Phone: 714-247-4300

Adult Supervision Required: Yes

Min/Max Size: Individuals or groups up to 25

WESTMINSTER/MIDWAY CITY

American Family Housing

www.afhusa.org

Contact Person: Cortney Lutkus

clutkus@afhusa.org

Minimum age: 15 yrs/for children's program

Groups: Yes

Volunteer Opportunities Include: Children activities play with kids, events, office help, sort food

Time commitment: None; Kids program 3 months

Phone: 714-897-3221 x110

Adult Supervision Required: No

Min/Max Size: 7-10 members

Other Helpful Websites

www.volunteercenter.org

www.idealists.org

www.kids-who-care.org

www.servenet.org

www.volunteermatch.org