

**New** **Underground Sports Club in Town!**



# ARM WRESTLING CLUB

## **Both Male & Female Students Will Learn**

- Proper Techniques
- Tournament Rules
- "Supermatch" Style of Arm Wrestling
- Appropriate nutrition & training for competition

## **Trainers**

- Steve Surber (Security), Arm Wrestling Champion
- Special Guest, Arm Wrestling Professional

**3-5 P.M.**  
**Patriot Plaza**

\*bad weather - room 209

**Day to be determined at each session**

*Sponsored by ABC/ASSETS*