



ATHLETIC PHYSICALS

WILL BE THIS SPRING:

05/12/18

****ATTENTION****

ALL ATHLETES AND PROSPECTIVE ATHLETES IN THE HIGHLAND PARK
INDEPENDENT SCHOOL DISTRICT

**YOU MUST HAVE A PHYSICAL ON FILE BEFORE PARTICIPATING IN
MIDDLE SCHOOL OR HIGH SCHOOL IN-SEASON OR OFF-SEASON
ATHLETICS.**

INCOMING 7TH THROUGH 12TH GRADERS ARE WELCOME TO TAKE ADVANTAGE
OF THIS OFFER.

DATE: Saturday, May 12th, 2018

LOCATION: Highlander Stadium
4233 Grassmere

COST: \$20.00 per athlete
(Checks payable to HP Sports Medicine)

TIMES

7 th Grade:	8:00 – 9:30 a.m.
8 th Grade:	9:30 – 11:00 a.m.
9 th Grade:	11:00 – 11:45 a.m.
10 th Grade:	1:00 – 2:00 p.m.
11 th /12 th Grade:	2:00 – 4:00 p.m.

Local doctors and nurses will be available to conduct these physical exams, assisted by the high school athletic trainers. Please pay by cash or check at the time of the physical.

