

## Expectations

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In each and every life an ego presents itself. With it comes the desire for knowledge, understanding, accomplishments and recognition. The natural consequences of this ego and its interaction with others establishes our dreams, goals, and expectations that enrich our lives.

The failure to set goals with normal expectations for success is usually the results of many negative words and actions that have grossly sabotaged one's self confidence, thus damaging positive thoughts and actions out of an exaggerated fear of ridicule and failure.

Each of us is born with talents and unique abilities. Each must recognize his or her own rarity and develop his or her goals that are important to him or her, challenging but still attainable. With life comes the strong probability of frequent failure or less success than desired. One must view failure as a learning situation, not dwell on the superficial stings to the ego, and find another route to proceed towards the person one wishes to be or the goal one wishes to attain.

It was once said, "It's not what you take away that's important; it's what you do with what's left."

A person is indeed more than the sum total of his or her failures. Certainly dreams, positive thoughts, words, actions, accomplishments and personal drives and moral codes erode these failures to a very great extent.

Consider two people of seemingly comparable talents and abilities. One succeeds; the other fails. It appears to be simply a matter of commitment, heart, and the willingness to preserve with great intensity. Goals set with uniqueness, interest, and abilities in mind can be accompanied with realistic expectations if one truly believes in his or herself and is willing to aggressively pursue the cause. Negative words and actions heaped upon a person by others can only hurt and cripple one if he or she is a willing victim. Each of us is the one who to a very large extent controls our goals, commitment, progress and attitude.

A study was done recently concerning lucky people. The results support the following: lucky people believe themselves to be lucky; hence, they take more risks and numerically have more success. Nothing comes from nothing. If one expects nothing, surely the self-fulfilling prophecy will continue to reign.

It is not enough to merely set goals and expect them to come true by passively waiting. A person must do what is necessary to attain these goals; thus making expectations a reality. Reaching one's full potential, greatly improving the quality of one's life, and being a positive role model are the natural-born by products.

Life, of course, does not revolve around mere chance. Decisions we make and the chain reaction of our choice precipitates to a great degree in shaping our future.

It is your life! Take control, live it with pride, passion, and expectations.