

# PARENT ACADEMY

## FRANKLIN LAKES PUBLIC SCHOOLS

presents:



### Approaches to Parenting

How do parents and guardians raise children who have positive behaviors and can think for themselves? How do parents and guardians ensure their children will have the skills needed to compete in a global workplace?

Please join us for a two-part series in which presenter, Sharon McCarthy, explores key parenting topics:

**Session 1: Parenting to elicit positive behavior and academic results**  
**Session 2: Parenting protocols to develop children's organizational skills**



Ms. McCarthy is President of Envision, Inc., a consulting firm founded in 2000, that specializes in the areas of group dynamics, behavioral engineering, quality teaching and effective leadership. She is an expert in the fields of neuro-linguistics (communications model), brain theory and personality styles. She is the co-author of a number of books and regularly presents at conferences and other venues. A much sought-after trainer and coach, parents who have attended her lively sessions have said, "I came to learn how to transform my children and was transformed myself!"

## UPCOMING TOPICS



### Approaches to Parenting:

#### Session 1: Parenting to Elicit Positive Behavior and Academic Results

Date: Monday, 2/29/16  
 Time: 6:30-8:30 PM  
 Location: FAMS Multipurpose Rm.

#### Session 2: Parenting Protocols to Develop Children's Organizational Skills

Date: Wednesday, 3/23/16  
 Time: 6:30-8:30 PM  
 Location: FAMS Multipurpose Rm.



### Family Literacy:

#### Session 1: Family Story Hour

Date: Wednesday, 3/9  
 Time: 6:30 PM  
 Location: FL Public Library

#### Session 2: Book Talk on Creative Schools: Fostering Student Creativity

Date: Wednesday, 4/19  
 Time: 6:30-8:30 PM  
 Location: FAMS Multipurpose Rm.



### Olweus Bullying Prevention Program

Date, Time, Location: TBA



### STEM for Parents

Date, Time, Location: TBA

**Registration is free to all FLPS families.**

**To register for the 2/29 and/or 3/23 Approaches to Parenting Parent Academies, please visit:**

<http://www.signupgenius.com/go/30e0b4ba-da92ca7fb6-parent>

## APPROACHES to PARENTING SESSION OVERVIEWS:

### Session 1: PARENTING TO ELICIT POSITIVE BEHAVIOR AND ACADEMIC RESULTS

This session will engage parents in ways to:

- Develop good communication skills where both parent and child are listening and talking
- Keep their children SAFE in and out of the house
- Shape the positive behaviors that reflect the values in their homes
- Model the language of respect and resolution
- Share "brain-breaks" with their children (to reduce anxiety)

### Session 2: PARENTING PROTOCOLS TO DEVELOP CHILDREN'S ORGANIZATIONAL SKILLS

In this session, parents will practice protocols that support:

- Task initiation
- Task completion
- Project organization
- Homework completion
- Healthy bedtime and morning routines