

# Rutherford County Middle School Athletic Guidelines 2015-2016

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## GENERAL INFORMATION

Rutherford County middle school athletics will adhere to rules and regulations set forth by the TMSAA and the The Rutherford County Athletic Handbook unless otherwise stated in the Rutherford County Middle School Athletic Guidelines.

Athletic Advisory Committee – Will Shelton, Fred Barlow, Kim Stoecker

All Cheerleader coaches shall be ACCAA certified.

Beginning with the 2015-2016 school year, the District Athletic Director will develop schedules for each sport in the tournament rotation. These will be known as the “official schedules”. All conference tournament and championship seeding will be based on standings from the official schedules. When scheduling athletic games, no games shall be scheduled on designated Parent/Teacher dates.

The District Athletic Director will serve as the purchasing agent for all trophies that are awarded by the conference or for tournaments. Each middle school will be billed for their share of the trophies at the end of each tournament season.

The regular season Conference Champion for baseball, basketball, football, soccer, softball, and volleyball will be recognized, awarded a trophy, and will be responsible for the cost of the trophy.

A regular season All-Conference team for baseball, basketball, football, soccer, softball, and volleyball will be selected based on the performance of individual athlete’s during the regular season. Each school will select their recipient(s) for this award except basketball. The Basketball All-Conference team is selected by WGNS. Each school will be responsible for the costs of the All-Conference trophies that they earned.

Rutherford County Middle Schools will rotate hosting conference championship games or conference tournaments based on the athletic tournament schedule. A school designee from all tournament host schools, including JVs, shall contact the RCS Athletics Director well in advance to discuss tournament procedures (Tournament Hosting Checklist is found on p.21 of this document). Only recognized and approved school teams with an approved school coach, may participate in county athletic contests and/or tournament championships. Tournament hosts are responsible for all tournament costs including the Champion, Runner-up, and All-Tournament Team trophies.

The championship/tournament rotation is found on p. 3.

Unless otherwise noted, seeding for tournaments will be based on conference records. In cases where two or more schools end the season with tying records, the tie will be broken and number one seed will be determined as

1. Head to Head
2. How you did vs. common opponent top of standings to bottom until tie is broken
3. Draw numbers for tie breakers on a tournament by tournament basis. Lowest seed in question will go to the team with the lowest number. These numbers will be drawn in early April at an announced place, date, and time by the RC AD.

Tournament brackets from [printyourbrackets.com](http://printyourbrackets.com) shall be used.

It is at the discretion of each school to determine if they will charge admission for regular season games. All sports that choose to charge admission for a regular season game will have an admission price of \$5.00. Schools participating in scrimmages/exhibition games must agree if admission is to be charged. Coaches for each sport must communicate to the other coaches that they will be charging an admission. Coaches are responsible for informing parents of these admission guidelines. Sports pricing guidelines are the same for varsity or junior varsity contests. School-age students, kindergarten and up, will be charged full admission price. County employees are admitted free with their ID badge. This free admission is for the county employee only.

The host school of the tournament must decide if they are going to charge a tournament fee or admission; the host school cannot charge both a fee and gate admission. The admission for tournaments will be the same price as the regular season admission.

Schools must go through the local TSSAA approved association to get their officials. All officials (referees and umpires) must be TSSAA certified. Junior varsity officials are not required to be TSSAA certified

Host schools who are holding special events such as Homecoming, 8<sup>th</sup> Grade Recognition Night, etc, that might impact normal game activities or length are to communicate that information to the visiting schools, in advance.

Jamborees, scrimmages, and junior varsity games will be played at the discretion of individual schools. These contests have no bearing on regular season conference standings or championships.

Athletic contests will be cancelled when school is cancelled due to weather. Athletic events may be played when school has been cancelled only when the Director of Schools authorizes athletic events to continue and the principals of both schools agree to play.

Every coach is responsible for ensuring good sportsmanship and is expected to abide by the Coaches Code of Ethics. Running the score up on an opponent is unacceptable. Concerns regarding a school running up the score on an opponent should be directed to the school principals.

### '15-'16 Championship Game / Tournament Schedule

Sport	Host School	Tournament Contact	Tournament Contact Information	Proposed Dates
Girls Soccer	Central Magnet	Mark Kirksey	615-904-6787	Sept 28-Oct 2
Volleyball	Siegel	Joe Pace	Ext 28619	Sept. 21-14
Football	Oakland*	Brad Decker	615-653-2414	Oct. 17
Basketball	Stewarts Creek	Jermaine Jackson	615-403-7830 (30136)	January 23-28
Boys Soccer	Central Magnet	Mark Kirksey	615-904-6787	April 23-28
Softball	Rockvale	Wayne Coward	615-504-5805	May 2-7
Baseball	Christiana	Wayne Kendrick	Ext 29725	May 2-7
Tennis**	None	Thomas Laird / M'boro Rec	615-642-3725	10/12-16
Cross Country**	Central Magnet	Stuart Leach	23356	9/28/15
Track**		Kaitlyn Benavides RSMS	Brent Meadows BMS	TBD January 2016
Golf**	Oakland MS*	Web Hutchings	615-653-0935	4/29/16 or 5/2/16
**Host School, Tournament Contact, Tournament Site Determined By Coaches Of This Sport. This Sports Is Not Included In The Tournament Rotation				

## Future Championship Game / Tournament Schedule

	14-15	15-16	16-17	17-18	18-19	19-20	20-21	21-22	22-23	23-24	24-25	25-26
BMS	X	X	S	BB	X	FB	X	SB	VB	X	BK	X
CMS	X	S	BB	X	X	X	SB	VB	X	BK	X	X
ChMS	BK	BB	X	FB	X	SB	VB	X	BK	X	X	S
LMS	X	X	FB	X	SB	VB	X	BK	X	X	S	BB
OMS	VB	FB	X	SB	VB	X	BK	X	X	S	BB	X
RSMS	SB	X	SB	VB	X	BK	X	X	S	BB	X	FB
RMS	X	SB	VB	X	BK	X	X	S	BB	X	FB	X
SiMS	FB	VB	X	BK	X	X	S	BB	X	FB	X	SB
SmMS	X	X	BK	X	FB	S	BB	X	FB	X	SB	VB
SCMS	BB	BK	X	X	S	BB	X	FB	X	SB	VB	X
WBMS	S	X	X	S	BB	X	FB	X	SB	VB	X	BK

	26-27	27-28	28-29									
BMS	X	S	BB									
CMS	S	BB	X									
ChMS	BB	X	FB									
LMS	X	FB	X									
OMS	FB	X	SB									
RSMS	X	SB	VB									
RMS	SB	VB	X									
SiMS	VB	X	BK									
SmMS	X	BK	X									
SCMS	BK	X	X									
WBMS	X	X	S									

### TMSAA SPORTS CALENDAR

For each sport there shall be a beginning practice date, a date for the first contest, a limit for the number of regular season contests, rules in regard to tournaments where applicable, rules in regard to off-season practice, and rules in regard to summer practice. All schools must observe the summer dead period.

Sport	1 <sup>st</sup> Practice Date	1 <sup>st</sup> Contest Date	# of Reg Season Contests	Off-Season Practice	Summer Practice
Football	*See Below	Left to the Discretion of the Local Education Association	8 Games	10 Days Within 15 Consecutive Days & 2 Interschool Scrimmages	No Pads
Golf / B & G			15 Dates	No Restrictions	No Restrictions
Volleyball			20 Matches	None	No Restrictions
C.C. / B & G			12 Dates	No Restrictions	No Restrictions
Soccer / B & G			Matches	None	No Restrictions
Basketball / B & G			18 Games + End of Season Tournament	10 Days Within 15 Consecutive Days & 2 Interschool Scrimmages	No Restrictions
Wrestling			NA	NA	NA
Softball			18 Games	None	No Restrictions
Baseball			18 Games	None	No Restrictions
Track / B & G			8 Dates	None	No Restrictions
Tennis			15 Matches	No Restrictions	No Restrictions

\*There shall be a First Practice Date for each Sports Season. The First Practice Date for the Fall Season is Monday, the week of August 1. The First Practice Date for the Winter Season is Monday, the week of October 1. The First Practice Date for the Spring Season is Monday, the week of February 1. The Local Education Association will determine in which season each sport is played.

## BASEBALL

All Rutherford County middle schools are required to play each other one time. The results of those games will count toward each school's conference record. Those specific conference dates will be designated on the official schedule. Additional games or tournaments may be scheduled by individual school coaches but will not count toward conference standings. All conference games are to be played and have priority over non-conference games.

Number of Regular Season Contests – 18 games

Official game scores/standings contact –

Admission Price – The admission price for schools that choose to charge admission is \$5.00 for everyone in kindergarten and older. Children not yet in kindergarten are admitted free of charge.

Starting Times – Starting times for games before the daylight savings time change will be at 4:00 p.m. Starting game times after the time change will be 4:30.

Pitcher/Catcher Start Date – Pitchers and catchers may start January 1<sup>st</sup>.

Practice Start Date – The first practice date is Monday, the week of February 1.

Start Date for Games – Non-League games 2<sup>nd</sup> Monday in March. League games will begin on Thurs of that week.

Off Season Practice – None

Summer Practice – No Restrictions except the Dead Period. (The week preceding the 4<sup>th</sup> of July week and the week of the 4<sup>th</sup> of July.)

Rainouts or Darkness – In cases of rainouts or darkness, the host school will reschedule the game on the first date available for both teams. Failure of the host school to reschedule the game on the first available date will result in the game being counted as a loss for the host school. Any questions pertaining to a game-date conflict will be resolved by the principals of the schools. All games must be made up and any games that are not made up will count as a loss.

If a game is called due to darkness before the fifth inning, then the game is not official and must be completed on the first available date. If a game called because of darkness after 5<sup>th</sup> inning is complete, the game is official. If a game is called after the first half of an inning, the score reverts back to the last complete inning and the rest of the game must be rescheduled.

Pitching Rule – The Junior Division baseball pitching rule provides: “A pitcher may pitch no more than twelve innings in any one calendar week (Sunday through Saturday) and no more than seven innings in any one day. After pitching four or more innings in any one game, the pitcher must have at least two days rest before he or she can pitch again. (For example, if a pitcher pitches four or more innings any time on Monday, that pitcher would not be able to pitch again until Thursday, etc. If a pitcher pitches to any batter, the pitcher is charged with an inning.) If removed as a pitcher, the player may play any other position.”- TSSAA Handbook

Conference Championship/Tournament – All-Conference and All-Tournament trophies will be awarded using the following formula:

1<sup>st</sup> place – 3 members

2<sup>nd</sup> place – 2 members

All remaining teams will have 1 member.

Guidelines for the tournament are as follows:

Double Elimination format shall be used

Gate fees will be \$5.00 dollars

Outside coolers will not be allowed in the seating area. Each dugout will have water coolers.

No pre-game batting practice in the hitting cage.

No pre-game infield practice at this time. This could change depending on the tournament schedule.

In the event of darkness or rain, tournament games to be completed except when the 10 run rule is in effect.

## RCS MS Baseball 2016

First Practice Date - Feb 1

First Play Date - March 14 Week 1

### Thursday, March 17

Blackman at Rock Springs

Lavergne at Christiana

Rockvale at Oakland

Smyrna at Siegel

Whitworth-Buchanan at Central Magnet

### **Week 2**

#### Tuesday, March 22

Lavergne at Smyrna

Oakland at Rock Springs

Rockvale at Blackman

Siegel at Christiana

Whitworth-Buchanan at Stewarts Creek

### Thursday, March 24

Central Magnet at Stewarts Creek

at Christiana at Rockvale

at Oakland at Blackman

at Rock Springs at Whitworth-Buchanan

at Siegel at Lavergne

### **Week 3**

#### Tuesday, April 5

Central Magnet Rock Springs

Lavergne Whitworth-Buchanan

Oakland Siegel

Smyrna Blackman

Stewarts Creek Rockvale

### Thursday, April 7

Blackman at Lavergne

Central Magnet at Oakland

Rock Springs at Christiana

Stewarts Creek at Smyrna

Whitworth-Buchanan at Rockvale

**March 28 – April 1 Spring Break**

### **Week 4**

#### Tuesday, April 12

Blackman at Central Magnet

Lavergne at Oakland

Rockvale at Rock Springs

Smyrna at Christiana

Stewarts Creek at Siegel

#### Thursday, April 14

Central Magnet at Rockvale

Christiana at Stewarts Creek

Oakland at Smyrna

Rock Springs at Lavergne

Siegel at Whitworth-Buchanan

### **Week 5**

#### Tuesday, April 19

Central Magnet Lavergne

Christiana Whitworth-Buchanan

Oakland Stewarts Creek

Rock Springs Smyrna

Siegel Blackman

#### Thursday, April 21

Blackman at Christiana

Rockvale at Siegel

Smyrna at Central Magnet

Stewarts Creek at Rock Springs

Whitworth-Buchanan at Oakland

### **Week 6**

#### Tuesday, April 26

Christiana at Oakland

Rockvale at Lavergne

Siegel at Central Magnet

Stewarts Creek at Blackman

Whitworth-Buchanan at Smyrna

#### Thursday, April 28

Blackman at Whitworth-Buchanan

Christiana at Central Magnet

Lavergne at Stewarts Creek

Rock Springs at Siegel

Smyrna at Rockvale

**May 2-7 Tournament at Christiana Middle**

## BASKETBALL

All Rutherford County middle schools are required to play each other one time. The results of those games will count toward each school's conference record. Those specific conference dates will be designated on the official schedule. Additional games or tournaments may be scheduled by individual school coaches but will not count toward conference standings. All conference games are to be played and have priority over non-conference games.

Number of Regular Season Contests – 18 games plus season ending tournament. Tournaments count as two games notwithstanding the number of games in which each team participates in a tournament.

Official game scores/standings contact –

Admission Price – The admission price for schools that choose to charge admission is \$5.00 for everyone in kindergarten and older. Children not yet in kindergarten are admitted free of charge.

Starting Times – All games will begin at 6:00 and will be played on Monday or Thursday nights unless both schools agree to an alternative date or time.

Practice Start Date – The first practice date is Monday, the week of October 1.

Start Date for Games – Oct. 12, 2015 for the '15-'16 season. (No regular season games will be scheduled prior to the 2<sup>nd</sup> Monday after the first practice date.)

Off Season Practice – Off season practice will consist of no more than 10 days within 15 consecutive school days and 2 interschool scrimmages.

Summer Practice – No Restrictions except the Dead Period. (The week preceding the 4<sup>th</sup> of July week and the week of the 4<sup>th</sup> of July.)

Conditioning – There shall be no team specific conditioning in the fall prior to the start date of practice.

Open Gym – Once school starts in the fall, coaches may only have school wide open gyms that are announced during school hours for all students.

Conference Championship/Tournament – All-Conference and All-Tournament trophies will be awarded using the following formula:

1<sup>st</sup> place – 3 members

2<sup>nd</sup> place – 2 members

All remaining teams will have 1 member.

## 2015-2016 RCMSAA Basketball Schedule

\*First Day of Practice – September 28

\*\*First Non-League Game – October 12

Max 18 games plus season ending tournament. *Tournaments count as two games notwithstanding the number of games in which each team participates in a tournament.*

### Monday, November 16 – Whitworth-Buchanan off

Central at Smyrna  
Oakland at Lavergne  
Siegel at Blackman  
Christiana at Stewarts Creek  
Rockvale at Rock Springs

### Thursday, November 19 – Rockvale off

Smyrna at Whitworth-Buchanan  
Lavergne at Central  
Blackman at Oakland  
Stewarts Creek at Siegel  
Rock Springs at Christiana

### Monday, November 23 – Christiana off

Rockvale at Smyrna  
Whitworth-Buchanan at Lavergne  
Central at Blackman  
Oakland at Stewarts Creek  
Siegel at Rock Springs

### Thursday, December 3– Siegel off

Smyrna at Christiana  
Lavergne at Rockvale  
Blackman at Whitworth-Buchanan  
Stewarts Creek at Central  
Rock Springs at Oakland

### Monday, December 7 – Stewarts Creek off

Smyrna at Rock Springs  
Lavergne at Blackman  
Siegel at Christiana  
Central at Rockvale  
Oakland at Whitworth-Buchanan

### Thursday, December 10 – Blackman off

Stewarts Creek at Smyrna  
Rock Springs at Lavergne  
Christiana at Oakland  
Rockvale at Whitworth-Buchanan  
Central at Siegel

### Monday, December 14 – Lavergne off

Blackman at Smyrna  
Rock Springs at Stewarts Creek  
Christiana at Central  
Rockvale at Oakland  
Whitworth-Buchanan at Siegel

### Thursday, January 7 – Smyrna off

Lavergne at Stewarts Creek  
Blackman at Rock Springs  
Whitworth-Buchanan at Christiana  
Siegel at Rockvale  
Oakland at Central

### Monday, January 11– Rock Springs off

Smyrna at Lavergne  
Stewarts Creek at Blackman  
Christiana at Rockvale  
Whitworth-Buchanan at Central  
Oakland at Siegel

### Thursday, January 14 – Oakland off

Siegel at Smyrna  
Christiana at Lavergne  
Rockvale at Blackman  
Whitworth-Buchanan at Stewarts Creek  
Central at Rock Springs

### Thursday, January 21 – Central off

Smyrna at Oakland  
Lavergne at Siegel  
Blackman at Christiana  
Stewarts Creek at Rockvale  
Rock Springs at Whitworth-Buchanan

### January 23-28

Conference Tournament at SCMS



## FOOTBALL

Rutherford County middle schools will play the other middle schools one time with the exception of one school. The schedule will be rotated every other year so that the school not included in the schedule in the two year rotation will be included in the next rotation. The two teams with the best record will play each other in the championship game.

Number of Regular Season Contests – 8 games.

Official game scores/standings contact –

Admission Price – The admission price for schools that choose to charge admission is \$5.00 for everyone in kindergarten and older. Children not yet in kindergarten are admitted free of charge.

Starting Times – All game times will be determined by the host school with ample notification and will be played on Tuesday nights unless both schools agree to an alternative date or time.

JV Games – played before or after varsity games on Tuesdays.

Fall Practice Start Date – Determined by TMSAA.

Start Dates for Games – See the official schedule.

Off Season Practice – Off season practice will consist of no more than 10 days within 15 consecutive school days and 2 interschool scrimmages.

Summer Practice – No pads, Dead Period. (The week preceding the 4<sup>th</sup> of July week and the week of the 4<sup>th</sup> of July.)

Game Tapes – Game tapes of the previous two games shall be exchanged.

Conference Championship – All-Conference trophies will be given by the following formula:

1<sup>st</sup> place/Champion – 4 members

2<sup>nd</sup> place/Runner-up – 3 members

All remaining teams will have 1 member.

The two teams with the best record will be considered the number one and number two seed for the championship game. In cases where two or more schools end the season with tying records, the tie will be broken as follows:

1. Head to Head competition
2. Total conference victories
3. Draw numbers for multiple tie breakers. Lowest seed in question will go to the team with the lowest number. These numbers will be drawn in early April at an announced place, date, and time by the RC AD.

The championship game will be played the Saturday following the completion of the season or another time agreed to by both teams involved and the host school. The home team will be determined by which team hosts the championship game.

# 2015 RCS MS Football Schedule

## August 11

Blackman at Smyrna  
Christiana at Siegel  
Oakland at LaVergne  
Rockvale at Rock Springs  
Stewarts Creek at Whitworth-Buchanan

## August 18

LaVergne at Christiana  
Rock Springs at Oakland  
Siegel at Blackman  
Smyrna Stewarts at Creek  
Whitworth-Buchanan at Rockvale

## August 25

Blackman at LaVergne  
Christiana at Rock Springs  
Oakland at Whitworth-Buchanan  
Rockvale at Smyrna  
Stewarts Creek at Siegel

## September 1

Blackman at Stewarts Creek  
LaVergne at Siegel  
Rockvale at Oakland  
Smyrna at Christiana  
Whitworth-Buchanan at Rock Springs

## September 8

LaVergne at Smyrna  
Rock Springs at Siegel  
Rockvale at Christiana  
Stewarts Creek at Oakland  
Whitworth-Buchanan at Blackman

## September 15

Blackman at Rockvale  
Oakland at Christiana  
Rock Springs at Stewarts Creek  
Siegel at Smyrna  
Whitworth-Buchanan at LaVergne

## September 22

Christiana at Stewarts Creek  
LaVergne at Rockvale  
Oakland at Blackman  
Siegel at Whitworth-Buchanan  
Smyrna at Rock Springs

## September 29

Christiana at Blackman  
Rock Springs at LaVergne  
Siegel at Oakland  
Smyrna at Whitworth-Buchanan  
Stewarts Creek at Rockvale

**Fall Break**  
**October 5-9**

**Championship Game Hosted By Oakland Middle School**  
**October 17**

## SOCCER

All Rutherford County middle schools are required to play each other one time. The results of those games will count toward each school's conference record. Those specific conference dates will be designated on the official schedule. Any games or tournaments outside of the conference will be scheduled by the coach. All conference games are to be played and have priority over non-conference games.

Number of Regular Season Contests – 12 matches.

Official game scores/standings contact –

Admission Price – The admission price for schools that choose to charge admission is \$5.00 for everyone in kindergarten and older. Children not yet in kindergarten are admitted free of charge.

Starting Times – No earlier than 4:00 on school days.

Spring Practice Start Date (Boys) – The first practice date is Monday, the week of February 1.

Fall Practice Start Date (Girls) – The first practice date is Monday, the week of August 1.

Start Date for Games – See the official schedule. (One week later in the fall than last year.)

Off Season Practice – None

Summer Practice – No Restrictions except the Dead Period. (The week preceding the 4<sup>th</sup> of July week and the week of the 4<sup>th</sup> of July.)

Conference Championship/Tournament – All-Conference and All-Tournament trophies will be awarded using the following formula:

1<sup>st</sup> place – 3 members

2<sup>nd</sup> place – 2 members

All remaining teams will have 1 member.

Tournament seeding will be based on a team's total points earned from conference games on the official schedule. Points are awarded to a team using the following formula:

3 points for a win

1 point for a tie

0 points for a loss.

# RCS MS Girls Soccer Schedule 2015

First Practice Day July 27

## August 18

Rock Springs at Blackman  
LaVergne at Smyrna  
Central Oakland  
Whitworth-Buchanan at Christiana  
Siegel at Rockvale

## August 20

Stewarts Creek at LaVergne  
Smyrna at Rock Springs  
Siegel at Central  
Rockvale Whitworth-Buchanan  
Christiana at Oakland

## August 25

Blackman at Stewarts Creek  
LaVergne at Rock Springs  
Central at Whitworth-Buchanan  
Siegel at Oakland  
Christiana at Rockvale

## August 27

Rockvale at Blackman  
Central at Stewarts Creek  
Whitworth-Buchanan at Rock Springs  
Siegel at LaVergne  
Oakland at Smyrna

## September 1

Blackman at Christiana  
Stewarts Creek at Rockvale  
Rock Springs at Central  
LaVergne at Whitworth-Buchanan  
Smyrna at Siegel

## September 3

Oakland at Blackman  
Christiana at Stewarts Creek  
Rockvale at Rock Springs  
Central at LaVergne  
Whitworth-Buchanan at Smyrna

## September 10

Blackman at Siegel  
Stewarts Creek at Oakland  
Rock Springs at Christiana  
LaVergne at Rockvale  
Smyrna at Central

## September 15

Whitworth-Buchanan at Blackman  
Siegel at Stewarts Creek  
Oakland at Rock Springs  
Christiana at LaVergne  
Rockvale at Smyrna

## September 17

Blackman at Central  
Stewarts Creek at W Buchanan  
Rock Springs at Siegel  
LaVergne at Oakland  
Smyrna at at Christiana

## September 22

Smyrna at Blackman  
Rock Springs at Stewarts Creek  
Rockvale at Central  
Oakland at Whitworth-Buchanan  
Christiana at Siegel

## September 24

Blackman LaVergne  
Stewarts Creek at Smyrna  
Central at Christiana  
Whitworth-Buchanan at Siegel  
Oakland at Rockvale

Tournament at Central Magnet

**RCS MS Boys Soccer Schedule 2016**

First Practice Day Feb 1

First Play Date Feb 29

**Week 1 March 8**

Rock Springs at Blackman  
 Lavergne at Smyrna  
 Central at Oakland  
 Whitworth-Buchanan at Christiana  
 Siegel at Rockvale

**Week 2 March 10**

at Stewarts Creek at Lavergne  
 at Smyrna at Rock Springs  
 at Siegel at Central  
 at Rockvale Whitworth-Buchanan  
 at Christiana Oakland

**Week 3 March 14\*\***

Blackman at Stewarts Creek  
 Lavergne at Rock Springs  
 Central at Whitworth-Buchanan  
 Siegel at Oakland  
 Christiana at Rockvale

**Week 4 March 17**

Rockvale at Blackman  
 Central at Stewarts Creek  
 Whitworth-Buchanan at Rock Springs  
 Siegel at Lavergne  
 Oakland at Smyrna

**Week 5 March 22**

Blackman at  
 Stewarts Creek at Rockvale  
 Rock Springs at Central  
 Lavergne at Whitworth-Buchanan  
 Smyrna at Siegel

**Week 6 March 24**

Oakland at Blackman  
 Christiana at Stewarts Creek  
 Rockvale at Rock Springs  
 Central at Lavergne  
 Whitworth-Buchanan at Smyrna

**Week 7 April 5**

Blackman at Siegel  
 Stewarts Creek at Oakland  
 Rock Springs at Christiana  
 Lavergne at Rockvale  
 Smyrna at Central

**Week 8 April 7**

Whitworth-Buchanan at Blackman  
 Siegel at Stewarts Creek  
 Oakland at Rock Springs  
 Christiana at Lavergne  
 Rockvale at Smyrna

**Week 9 April 12**

Blackman at Central  
 Stewarts Creek at Whitworth-Buchanan  
 Rock Springs Siegel  
 Lavergne at Oakland  
 Smyrna at Christiana

**Week 10 April 14**

Smyrna at Blackman  
 Rock Springs at Stewarts Creek  
 Rockvale at Central  
 Oakland at Whitworth-Buchanan  
 Christiana at Siegel

**Week 11 April 19**

Blackman at Lavergne  
 Stewarts Creek at Smyrna  
 Central at Christiana  
 Whitworth-Buchanan at Siegel  
 Oakland at Rockvale

**\*\*Wk 4 Game on Monday Due To Parent /  
 Teacher Conferences 3/15**

**March 28 – April 1 Spring Break**

**Tournament at Central Magnet School  
 April 23-28**

## 12 SOFTBALL

All Rutherford County middle schools are required to play each other one time. The results of those games will count toward each school's conference record. Specific conference dates will be designated on the official schedule. Additional games or tournaments may be scheduled by individual school coaches but will not count toward conference standings. All conference games are to be played and have priority over non-conference games.

Number of Regular Season Contests – 18 games.

Official game scores/standings contact –

Admission Price – The admission price for schools that choose to charge admission is \$5.00 for everyone in kindergarten and older. Children not yet in kindergarten are admitted free of charge.

Starting Times – Starting times for games before the daylight savings time change will be at 4:00 p.m. Starting game times after the time change will be 4:30. With mutual agreement between the two schools, game time may be altered.

No Time Limit

Pitcher/Catcher Start Date – *Pitchers and catchers may start January 1<sup>st</sup>.*

Practice Start Date – The first practice date is Monday, the week of February 1.

Start Date for Games – Non-League games 2nd Monday in March. League games will begin on Thurs of that week.

Off Season Practice – None

Summer Practice – No Restrictions except the Dead Period. (The week preceding the 4<sup>th</sup> of July week and the week of the 4<sup>th</sup> of July.)

Rainouts or Darkness – In cases of rainouts or darkness, the host school will reschedule the game on the first date available for both teams. Failure of the host school to reschedule the game on the first available date will result in the game being counted as a loss for the host school. Any questions pertaining to a game-date conflict will be resolved by the principals of the schools. All games must be made up and any games that are not made up will count as a loss.

If a game is called due to darkness before the fifth inning, then the game is not official and must be completed on the next available date. If a game called because of darkness after 5<sup>th</sup> inning is complete, the game is official. If a game is called after the first half of an inning, the score reverts back to the last complete inning and the rest of the game must be rescheduled. The first available date will be the first day neither team has a scheduled game or school conflict and the home field is playable.

Conference Championship/Tournament – All-Conference and All-Tournament trophies will be awarded using the following formula:

1<sup>st</sup> place – 3 members

2<sup>nd</sup> place – 2 members

All remaining teams will have 1 member.

Guidelines for the tournament are as follows:

Gate fees will be \$5.00 dollars

Outside coolers will not be allowed in the seating area. Each dugout will have water coolers.

No pre-game batting practice in the hitting cage.

No pre-game infield practice at this time. This could change depending on the tournament schedule.

In the event of darkness or rain, tournament games to be completed except when the 10 run rule is in effect.

RCMS Coaches have voted to not allow players to wear metal cleats during league games.

### RCS MS Softball Schedule 2016

First Practice Date – Feb 1

First Play Date – March 14

#### Home Team In Bold Type

#### Thursday, March 17

Blackman	<b>Christiana</b>
Oakland	<b>W-Buchanan</b>
Rock Springs	<b>LaVergne</b>
Siegel	<b>Smyrna</b>
Stewarts Creek	<b>Rockvale</b>

#### Tuesday, March 22

Central Magnet	<b>Oakland</b>
Christiana	<b>Rock Springs</b>
LaVergne	<b>Siegel</b>
Rockvale	<b>Blackman</b>
W Buchanan	<b>Stewarts Creek</b>

#### Thursday, March 24

Central Magnet	<b>Stewarts Creek</b>
Christiana	<b>Siegel</b>
Rockvale	<b>Rock Springs</b>
Smyrna	<b>Oakland</b>
W-Buchanan	<b>Blackman</b>

#### Tuesday, April 5

Blackman	<b>Central Magnet</b>
Oakland-15	<b>LaVergne</b>
Rock Springs	<b>W Buchanan</b>
Siegel-0	<b>Rockvale</b>
Stewarts Creek	<b>Smyrna</b>

#### Thursday, April 7

Blackman	<b>Smyrna</b>
Oakland	<b>Christiana</b>
Rock Springs	<b>Central Magnet</b>
Siegel	<b>W Buchanan</b>
Stewarts Creek	<b>LaVergne</b>

#### Tuesday, April 12

Central Magnet	<b>Siegel</b>
Christiana	<b>Stewarts Creek</b>
LaVergne	<b>Blackman</b>
Rockvale	<b>Oakland</b>
Smyrna	<b>Rock Springs</b>

#### Thursday, April 14

LaVergne	<b>Central Magnet</b>
Oakland	<b>Siegel</b>
Rockvale	<b>W Buchanan</b>
Smyrna	<b>Christiana</b>
Stewarts Creek	<b>Blackman</b>

#### Tuesday, April 19

Central Magnet	<b>Rockvale</b>
Christiana	<b>LaVergne</b>
Rock Springs	<b>Oakland</b>
Stewarts Creek	<b>Siegel</b>
W Buchanan	<b>Smyrna</b>

#### Thursday, April 21

Blackman	<b>Oakland</b>
Central Magnet	<b>Christiana</b>
Siegel	<b>Rock Springs</b>
Smyrna	<b>Rockvale</b>
W-Buchanan	<b>La Vergne</b>

#### Tuesday, April 26

Christiana	<b>W Buchanan</b>
LaVergne	<b>Rockvale</b>
Rock Springs	<b>Stewarts Creek</b>
Siegel	<b>Blackman</b>
Smyrna	<b>Central Magnet</b>

#### Thursday, April 28

Blackman	<b>Rock Springs</b>
LaVergne	<b>Smyrna</b>
Oakland	<b>Stewarts Creek</b>
Rockvale	<b>Christiana</b>
W Buchanan	<b>Central Magnet</b>

Spring Break 3/28-4/1

Tournament at Rockvale Middle  
May 2-7

## TENNIS

Rutherford County middle school tennis teams will operate in accordance with TSSAA rules, regulations, and guidelines. Team practice and match schedules are coordinated with Murfreesboro Parks and Recreation Dept.. Contact persons there are Thomas Laird and Gary Arbit.

All teams are required to play all other county teams once. The results of those games will count toward each school's conference record. Additional games with Rutherford County middle schools will also be scheduled, however, those additional games will not count toward conference standings.

Number of Regular Season Contests – 15 matches.

Official game scores/standings contact – Tim Tackett, RCS AD

Admission Price – The admission price for schools that choose to charge admission is \$5.00 for everyone in kindergarten and older. Children not yet in kindergarten are admitted free of charge.

Starting Times – No earlier than 4:00 on school days.

Fall Practice Start Date – The first practice date is Monday, the week of August 1.

Start Date for Games – See the official schedule.

Off Season Practice – No Restrictions

Summer Practice – No Restrictions except the Dead Period. (The week preceding the 4<sup>th</sup> of July week and the week of the 4<sup>th</sup> of July.)

Conference Championship/Tournament – Tournament seeding will be based on a team's total points earned from conference games on the official schedule. Points are awarded to a team using the following formula:

3 points for a win

0 points for a loss

Ties will be broken by head to head

Points will be awarded for 1<sup>st</sup> singles competition as follows:

3 points for a win

0 points for a loss

Points will be awarded for 2<sup>nd</sup> singles competition as follows:

2 points for a win

0 points for a loss

Points will be awarded for 3<sup>rd</sup> singles completion as follows:

1 point for a win

0 points for a loss

It's the responsibility of the coach to keep a record of the singles points for the team.

Trophies will be awarded to first and second place teams; plaques will be awarded to third place teams. Trophy expenses will be shared among all the schools.



# RCS Middle School Tennis Schedule 2015

## Tuesday, September 1

Old Fort Park 1-8 4:00 pm Rockvale at MTCS  
Old Fort Park 9-16 4:00 pm Oakland at Whitworth Buchanan  
Old Fort Park 1-8 5:30 pm Stewart's Creek at Siegel  
Old Fort Park 9-16 5:30 pm Christiana at Central Magnet

## Thursday, September 3

Old Fort Park 1-8 4:00 pm Central Magnet at Siegel  
Old Fort Park 9-16 4:00 pm Christiana at Blackman  
Old Fort Park 1-8 5:30 pm Oakland at Stewart's Creek  
Old Fort Park 9-16 5:30 pm Whitworth Buchanan at MTCS

## Tuesday, September 8

Old Fort Park 1-8 4:00 pm Central Magnet at Whitworth Buchanan  
Old Fort Park 9-16 4:00 pm Oakland at Siegel  
Old Fort Park 1-8 5:30 pm Rockvale at Blackman  
Old Fort Park 9-16 5:30 pm Christiana at MTCS

## Thursday, September 10

Old Fort Park 1-8 4:00 pm Blackman at Oakland  
Old Fort Park 9-16 4:00 pm Stewart's Creek at Rockvale  
Old Fort Park 1-8 5:30 pm Siegel at Christiana  
Old Fort Park 9-16 5:30 pm MTCS at Central Magnet

## Saturday, September 12- Wednesday, September 16

Old Fort Park 1-16 8:00 AM City Tennis Tournament / All Day Tournament

## Thursday, September 17

Old Fort Park 1-8 4:00 pm Stewart's Creek at Christiana  
Old Fort Park 9-16 4:00 pm Siegel at Whitworth Buchanan  
Old Fort Park 1-8 5:30 pm Blackman at Central Magnet  
Old Fort Park 9-16 5:30 pm Rockvale at Oakland

## Tuesday, September 22

Old Fort Park 1-8 4:00 pm Christiana at Rockvale  
Old Fort Park 9-16 4:00 pm Central Magnet at Stewart's Creek  
Old Fort Park 1-8 5:30 pm MTCS at Siegel  
Old Fort Park 9-16 5:30 pm Whitworth Buchanan at Blackman

## Thursday, September 24

Old Fort Park 1-8 4:00 pm Rockvale at Central Magnet  
Old Fort Park 9-16 4:00 pm Blackman at MTCS  
Old Fort Park 1-8 5:30 pm Stewart's Creek at Whitworth Buchanan  
Old Fort Park 9-16 5:30 pm Oakland Middle at Christiana

## Tuesday, September 29

Old Fort Park 1-8 4:00 pm Siegel at Blackman  
Old Fort Park 9-16 4:00 pm MTCS at Stewart's Creek  
Old Fort Park 1-8 5:30 pm Central Magnet at Oakland  
Old Fort Park 9-16 5:30 pm Whitworth Buchanan at Rockvale

## Thursday, October 1

Old Fort Park 1-8 4:00 pm Whitworth Buchanan at Christiana  
Old Fort Park 9-16 4:00 pm MTCS at Oakland  
Old Fort Park 1-8 5:30 pm Blackman at Stewart's Creek  
Old Fort Park 9-16 5:30 pm Siegel at Rockvale

**End of Year Tournament at Old Fort Park  
October 12-16**

## VOLLEYBALL

All Rutherford County middle schools are required to play each other one time. Fourteen conference games will be scheduled; ten of those games will be designated as games that count toward the conference record. Additional games or tournaments may be scheduled by individual school coaches but will not count toward conference standings. All conference games are to be played and have priority over non-conference games.

Number of Regular Season Contests – 20 matches.

Admission Price – The admission price for schools that choose to charge admission is \$5.00 for everyone in kindergarten and older. Children not yet in kindergarten are admitted free of charge.

Official game scores/standings contact –

Starting Times – No earlier than 4:00 p.m. on school days.

Practice Start Dates – The first practice date is Monday, the week of August 1.

Start Dates for Games – See the official schedule.

Off Season Practice – None

Summer Practice – No Restrictions except the Dead Period. (The week preceding the 4<sup>th</sup> of July week and the week of the 4<sup>th</sup> of July.)

Conference Championship/Tournament – All-Conference and All-Tournament trophies will be awarded using the following formula:

1<sup>st</sup> place – 3 members

2<sup>nd</sup> place – 2 members

All remaining teams will have 1 member.

## RCMS 2015-2016 Volleyball Schedule

First Day of Practice: July 27

\*\*Non-League Games

### Monday, Aug 17

#### @ Rock Springs\*\*

Rock Springs vs Central Magnet  
Siegel vs Central Magnet  
Rock Springs vs Siegel

#### @ Rockvale\*\*

Rockvale vs Christiana  
6 W Buchanan vs Christiana  
4 Rockvale vs W Buchanan

#### @Oakland\*\*

Oakland vs Stewarts Creek  
LaVergne vs Stewarts Creek  
Oakland vs LaVergne

#### @ Blackman\*\*

Smyrna vs Blackman

### Thurs, Aug 27

#### @ Smyrna

Smyrna vs Central Magnet

#### @ Siegel

Siegel vs Oakland  
Rockvale vs Oakland  
Siegel vs Rockvale

#### @ Christiana

Christiana vs Stewarts Creek  
LaVergne vs Stewarts Creek  
LaVergne vs Christiana

#### @ Blackman

Rock Springs vs Blackman  
Blackman vs W Buchanan

### Thurs, Sept 10

#### @ Rock Springs

Rock Springs vs Siegel  
Rock Springs vs Smyrna  
Smyrna vs Siegel

#### @ Oakland

Oakland vs Stewarts Creek  
W Buchanan vs Stewarts Creek  
Oakland vs W Buchanan

#### @ Christiana

Rockvale vs Christiana  
Rockvale vs LaVergne  
Blackman vs Christiana

### Thursday, Aug 20

#### @ LaVergne\*\*

Rockvale vs LaVergne  
LaVergne vs W Buchanan

#### @ Christiana\*\*

Oakland vs Christiana

#### @ Central Magnet\*\*

Smyrna vs Central Magnet  
Siegel vs Blackman  
Central Magnet vs Blackman

#### @ Stewarts Creek

Rock Springs vs Stewarts Creek

### Monday, Aug 31

#### @ Rock Springs

Rock Springs vs Christiana  
Oakland vs Christiana  
Rock Springs vs Oakland

#### @ Siegel

Siegel vs Blackman  
Central Magnet vs Blackman  
Siegel vs Central Magnet

#### @ W Buchanan

LaVergne vs W Buchanan

#### @ Rockvale

Rockvale vs Stewarts Creek  
Smyrna vs Stewarts Creek  
Smyrna vs Rockvale

### Monday Sept 14

#### @ LaVergne

Rock Springs vs LaVergne  
Smyrna vs LaVergne

#### @ W Buchanan

Rockvale vs W Buchanan  
Siegel vs W Buchanan

#### @ Central Magnet

Central Magnet vs Oakland  
Central Magnet vs Christiana

#### @ Stewarts Creek

Blackman vs Stewarts Creek

### Monday, Aug 24

#### @ Rockvale\*\*

Rockvale vs Oakland

#### @ Smyrna\*\*

Smyrna vs Siegel  
Rock Springs vs Blackman  
Rock Springs vs Smyrna

#### @ LaVergne

Central Magnet vs LaVergne

#### @ Stewarts Creek\*\*

W Buchanan vs Stewarts Creek  
Christiana vs Stewarts Creek

### Thurs, Sept 3

#### @ Oakland

Blackman vs Oakland  
Blackman vs LaVergne  
Oakland vs LaVergne

#### @ Smyrna

Smyrna vs Christiana  
W Buchanan vs Christiana  
Smyrna vs W Buchanan

#### @ Siegel

Siegel vs Stewarts Creek

#### @ Central Magnet

Central Magnet vs Rockvale  
Rock Springs vs Rockvale  
Rock Springs vs Central Magnet

### Thurs, Sept 17

#### @ W Buchanan

Central Magnet vs W Buchanan  
Central Magnet vs Stewarts Creek  
Rock Springs vs W Buchanan

#### @ Christiana

Siegel vs Christiana  
Siegel vs LaVergne

#### @ Blackman

Blackman vs Rockvale  
Smyrna vs Oakland  
Smyrna vs Blackman

**Tournament at Siegel MS Sept. 21-14**

## **GOLF**

Rutherford County Middle Schools offer boys and girls the opportunity to play for their school golf team. Coaches hold tryouts either in the fall or early spring. All medical and personal information forms must be filled out completely before tryouts. This includes forms required by both the TSSAA and the TMSGGA. Yearly cost for each player usually runs around \$200 per student and includes greens fees, uniforms, and dues. All team members will be given the opportunity to fund raise their fees. Coaches also hold a meeting (usually over dinner) and schedule all their matches at one time, all together. This meeting is planned and led by the Rutherford County Middle School Golf Commissioner, and is usually held in January. Each school that wishes to host matches must communicate with their “home” golf course that they will use for practices and matches during the season prior to the scheduling meeting to secure dates for matches. Some teams will use the same course, so communication with the golf course (and the other coach) is crucial. Some courses will set a price for the individuals on each team to pay, which allows them access to range balls and practice areas, as well as covering green fees for the athlete to walk and play the course for the duration of the season. Other courses charge “as you go,” not allowing a flat rate fee for the season. Local courses used are Champions Run, Cedar Crest, Bloomfield Links, Indian Hills, the V.A., and Smyrna Executive golf course.

All teams wishing to participate in the district tournament must join the Tennessee Middle School Golf Association (TMSGGA). Hayden Echols is the director of the TMSGGA. His office number is 615-465-6327. All of the required forms for the TMSGGA can be found at their website, <http://www.tnuniorgolf.com/Home-106.html>. The official start date of the golf season is usually early February, but due to weather and sunlight constraints, practices usually start in early March (post daylight savings time change) and matches beginning in late March. The pre-season jamboree is held in early March as a kickoff to the season. The season ends with the county championship held the first part of May, followed by the District and Regional tournaments the weeks after. In between these two tournaments, matches are played. Matches are normally dual or tri matches, contested over 9 holes. A minimum of 5 holes are required (prior to the district tournament) for the match to be official. Golfers are paired at the beginning of the match and keep the scorecard of their opponents. At the conclusion of the match, players return scorecards, confirm scores, and sign cards. The coaches for each team will calculate the score of all varsity golfers (determined before the start of the match) and post the team totals, with lowest combined score winning (four scores for boys and two scores for girls). There is always a maximum score of triple-bogey for all players (even during the post-season).

The post-season begins with the Rutherford County Middle school Championship hosted by Cedar Crest Golf Course, usually in early May. After the county tournament, the district tournament is a one-day event with boys playing 18 holes and girls playing 9 holes. All school teams that join the Tennessee Middle School Golf Association (TMSGGA) and that participate in at least 5 matches against fellow TMSGGA member schools will play in the district tournament. Depending on the number of member teams in the district, a limited number of schools and individuals will advance to play in the region tournament. All players play 2 days at the region tournament, with both days being 18 holes. The region tournament consists of schools and individuals from all over the mid-state. Both the district and the region tournament are planned and conducted by the TMSGGA.

## **CROSS COUNTRY**

Conditioning begins the second week of July. Tryouts typically take place the first or second week of school. Races are 1.5-2 miles in length, normally held on Saturday mornings, and include JV and Varsity races. The season ends in October. Each coach is responsible for scheduling their meets for the season. Coaches use the Mid-State Cross Country Association website or the Tennessee Runner website to identify meets to compete in. Registration for these meets is usually completed online by accessing the links supplied by the above mentioned websites. The county championship is scheduled during the beginning of the season by way of coach’s consensus on date and time. The mid-state cross country championship is usually held in Macon County and is a qualifying meet for the Middle School State Cross Country meet in Knoxville, TN.

## **TRACK**

Conditioning for track season begins after students return from fall break with tryouts typically held in February. The first meets of the season begin in March and last through April. Athletes compete in the following events during meets: 100m, 4x100m, 200m, 4x200m, 400m, 4x400m, 800m, 4x800m, 1600m, 100m hurdles, long jump, high jump, shot put, and discuss. Race directors may set regulations on how many varsity runners from each team can compete in each event, as well as, determine order of events, JV races, and the inclusion/exclusion of certain events. Coaches from each team are used to help score and time events during a meet. The coaches in the county will meet and set the date and time for the county championships, which typically allow for a girls championship and boys championship to be ran on separate days.

## **BOWLING**

Beginning in the fall of each year, the Smyrna Bowling Center encourages students from participating middle schools to meet from 3:00 PM to 5:00 PM and form bowling clubs. These kids are able to participate in club bowling at the rate of two games plus shoes for \$5.00. The season will begin in January, with matches and practices normally held at Lane, Trains, and Automobiles or Smyrna Bowling Center. During the season, bowlers pay a set practice fee per bowler that will allow the lane access and shoes, and matches during the season are free. The season runs through March, ending in playoffs between teams to name individual and team champions.

## **TOURNAMENT HOSTING CHECKLIST**

- Tournament Director / Ass't Director
- Seeding / tournament bracket
- Game times
- Trophies/plaques
- Publicity
- Score keepers, clock operators, etc
- Game site(s)
- Umpires/Referees
- Concessions. Who runs it? Who works it?
- Tickets. Printed? Ticket takers?
- Anticipated expense budget
- Accounting spreadsheet
- Security / Safety
- Passes/Pass Gate
- Parking / Reserved? Handicapped?
- Designated cheer sections
- Hospitality room / Wrist Bracelets