



Weekly News

February 1, 2016

Happy Monday, Wildcat Families;

This week marks a very special week at Alta Vista as we celebrate National School Counseling Week. We are very blessed to have Dr. Joyce Stout as our school counselor at Alta Vista and her impact on our students and school is far-reaching. We appreciate everything that she does for our students and community.

WHO LET THE DOGS OUT?

A big thank you to all of our dads who have participated in our WATCH D.O.G.S. program this year. Haven't had a chance to volunteer? Now's your chance! Go to www.altavista.rbusd.org and click on "Volunteer Now" or go to [WATCH D.O.G.S. Sign-ups](#) to choose your day. Your support of this program with the gift of your time helps reduce bullying and increases school security. We appreciate all of your help.

Important Dates for this Week:

Monday-Friday - National School Counseling Week

Monday, February 1st - Window opens for 5th grade physical fitness testing

Tuesday, February 2nd - 4th Grade Vocal Music Begins

Wednesday, February 3rd - LIFT Pupil Free Day (PreK)

LIFT OFF (SDCK) Double Day

MindUP Parent Night - 6pm in Alta Vista Cafeteria

Thursday, February 4th - Superbowl Jersey Day (Wear any sports team gear)

Friday, February 5th - 8:30am Prospective Parent Tour



After Thanksgiving Box Tops Drive Result



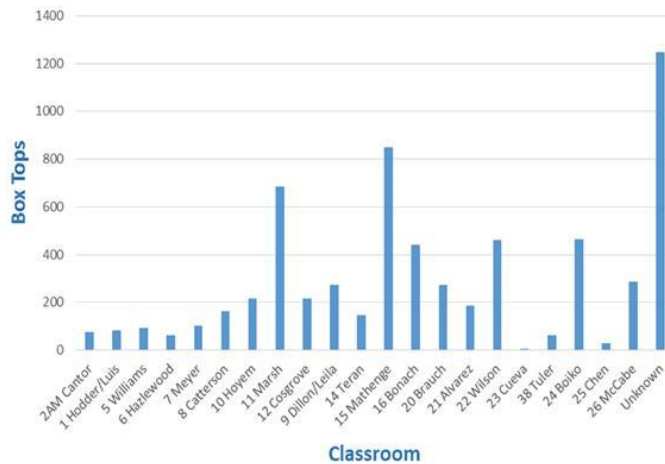
Congratulation to Nate Marshall & Hunter Davis from 1st Grade and Hailey Johnston from 2nd Grade! Each won a \$5 gift card from our Post-Thanksgiving Box Tops Drive.



Box Tops Submitted Since Sep 2015

Yay! Our school has just received a check of \$676.20. Please continue to earn money for our school!

OUR NEXT SUBMISSION DEADLINE IS FEB 18



Prospective Parent Tours & Kindergarten Registration

Know a family with a prospective kindergarten student for the 2016-17 school year? Our informational tours and kindergarten registration dates are posted on our website. Please direct any interested parents to our website for details.



You're Invited!

We invite all of our parents, grandparents, guardians and friends to join us this **Wednesday, February 3rd at 6pm** in the Alta Vista Cafeteria for our MindUp Parent Education Night. Learn how you can integrate the program into your home as an extension of your child's learning to; 1) Foster mindful focused awareness, 2) Increase positive human qualities such as empathy, perspective taking, helpfulness and kindness, 3) Increase optimism and the sense of well being, while gaining resiliency traits, and 4) Foster a cohesive, caring family climary.

Refreshments will be provided during the course of the workshop. Sorry, no childcare will be provided.

Can't make Wednesday? There is another MindUp Parent night on Tuesday, February 2nd at Washington Elementary.



The Redondo Beach Educational Foundation (RBEF) has a Spring Gala Event scheduled for April 29th at the new Shade Hotel in Redondo Beach. More information on ticket sales will be forthcoming in the near future. The ultimate goal of this event is to showcase the achievements of the foundation and, of course, "RAISE THE TIDE" through ticket sales, corporate sponsorships, live and silent auction donations. If you have any ability to help us in this effort, please let me or our RBEF site advocate know as soon as possible. (See attached flyer for details)

Please keep in mind, RBEF supports programs and materials for your children that they may not otherwise have if we relied on government funding alone. This foundation invests in our children, please invest in it so we can continue to keep RBUSD schools great and make them even greater!

Here are some donation ideas:

*** Unique experiences that people may not be able to get on their own (Celebrity chef dinner, day on a private yacht,**

meeting a celebrity, personalized signed item by a celebrity, etc.)

- * **Family Entertainment Tickets (Disneyland, Knotts, Zoos, Museums, etc)**
- * **Hotel Stays**
- * **Airline Tickets and/or Frequent Flyer miles to acquire airline tickets**
- * **Kids Activity Centers (Skyzone, Scooter's Jungle, Waterparks, Miniature Golf, etc)**
- * **Lessons (Surf, Music, Swim, Paddle Board, Diving, etc.)**
- * **Restaurants**
- * **Spa Services or Gift Certificates**
- * **Sporting Events**
- * **Jewelry**
- * **Photography Sessions**
- * **Artwork of Value**
- * **Fitness Membership**
- * **Gourmet Grocery Store Baskets or Gift Cards**

Thank you for your support!



Interested in volunteering for the WATCH D.O.G.S. program?

[Click here](#)

We ask that "Dads" volunteer for no more than 2 days per school year to allow all dads the opportunity to participate.

Please indicate your child's teacher's name in the comment section of your signup.

[Want to know more about the WATCH D.O.G.S. Program? Watch our Orientation Video](#)



School Conversation Starter

Starter #19:

Who are some people at school that you are "grateful" for? What is it about them that you particularly feel grateful for?



Math Superstars

This week starts WEEK FOURTEEN of our Math Superstar program and WEEK FOUR of our Kindergarten Math Superstar program.



Family Restaurant Night at Rock & Brews – Wednesday, February 10th

Join us on Wednesday, February 10th from 12:00 – 8:00 pm for our next family restaurant night fundraiser. Please bring the attached flyer. 20% of your purchase (dine-in or take-out), including drinks, will be donated back to Alta Vista! We look forward to seeing you there!

Cyber Safety Parent Night: FREE Childcare and Dinner! – Friday, March 4th

Join us on Friday, March 4th at 6:00 at Alta Vista for a presentation by technology expert Patti Fitzgerald. Come learn about the technologies that your children are using and how to keep them safe from cyber predators and other technology threats. Dinner and childcare will be provided free of charge. Childcare will be provided by Jump Bunch, a national sports and fitness franchise, who will lead the kids in fun sports activities and games. RSVP by March 1st using this Sign Up Genius

link: <http://www.signupgenius.com/go/30e0b49aead23a1fb6-cyber>

Tickets on Sale Now! Comedy & Magic Club Night –

March 22nd

Back by popular demand, join us on Tuesday, March 22nd at the Comedy & Magic Club in Hermosa Beach for an adults only night of laughs. Tickets \$20 and available at our web store only at www.altavistapta.org Limited supply available – **only 20 tickets left!** See attached flyer for further details.

PTA Board Nominating Committee

The nominating committee is currently working on the slate of nominees for next year's board, which will be posted by February 22nd. Please contact our parliamentarian, Shannon Lee at bfabt@msn.com if you or someone you know is interested in being nominated for a board position for next year **or** if you would like to help out on the nominating committee.



Mrs. Wildes App/Website of the Week

So if your household is anything like mine, living with children in the upper grades, then math fact fluency (especially multiplication and division) have become a permanent addition to your life. Over the years, I've featured several math fact apps, but right now, I am loving **Quick Math - Multiplication Table & Arithmetic Game** for our iOS devices. I love the embedded handwriting feature of the app which more closely mirrors the math fact quizzes my girls take at school.

Weekly Flyers

Our district is happy to announce a new consolidated site for all district flyers featuring community events. Please *click here* to view all of the latest flyers available to families and our community. Looking for a flyer specific to Alta Vista and our after-school programs? *Click here* to be directed to our home

page that houses all of our latest flyers.

Important Dates for the Next Few Weeks:

- Monday, February 1st - 5th grade physical fitness testing window opens
- Wednesday, February 3rd - LIFT Pupil Free Day
- Wednesday, February 3rd - MINDUP Parent Night 6pm, Alta Vista Cafeteria
- Thursday, February 4th - Superbowl Jersey Day
- Friday, February 5th - 8:30am Prospective Parent Tour
- Wednesday, February 10th - 100th Day of School
 - Kindergarten RoundUp - 2pm
- Wednesday, February 10th - RBUSD Parent Heart Health Night 6pm (see attached flyer)
- Wednesday, February 10th - Rock 'N Brew Restaurant Day - 12-8pm
- Thursday, February 11th - National Make a Friend Day
 - 8:30am Flag Ceremony
- Friday, February 12th - No School
- Monday, February 15th - No School
- Tuesday, February 16th - 4th grade field trip to Irvine Park Railroad
- Wednesday, February 17th - National Random Acts of Kindness Day
- Thursday, February 18th - California Healthy Kids Survey for 5th grade students
- Thursday & Friday, February 18-19 - Hands on Art Training in AV Cafeteria
- Friday, February 19th - Third Grade Living Museum
- Friday, February 26th - 8:30am Prospective Parent Tour
- Monday, February 29th - 8:30am Fifth Grade Band Coffee Concert
- Tuesday, March 1st - First Day of Registration for 2016-17 school year
- Wednesday, March 2nd - Lift Off Double Day
- Wednesday, March 2nd - Dr. Seuss' Birthday - Pajama Day
- Thursday & Friday, March 3rd & 4th - BMI Testing
- Friday, March 4th - 8:30am Flag Ceremony
- Friday, March 4th - 9:30am Prospective Parent Tour
- Friday, March 4th - 6pm Cyber-Safety Night

Ways to Support Alta Vista:

- Join the PTA!
- Consider donation to the Redondo Beach Educational Foundation. Go to www.rbef.org/donate
- Student absences cost the school \$38 per day per child. Families are welcome to repay that cost directly back to Alta Vista if able.
- Looking to purchase a new lunchbox or lunch gear? Go to www.mightynest.com where 15% of your purchases will go directly back to Alta Vista.
- Missing a new lunchbox or sweater already? Please encourage your child to check out our lost and found area. To purchase labels that can be used to mark all of your child's belongings and help give back to Alta Vista, visit ww.altavista.mabelslabels.com
- Don't forget to collect and return your General Mills Box Tops for Education. Every boxtop is money for our school!
- Go to mycokerewards.com/school, enter your Coca-Cola product codes and donate to our school. Our school can redeem the points for much needed physical education equipment.

- Just shop and log receipts from any South Bay Galleria stores and restaurants from February 1st through December 31st. Receipts can be logged at Guest Services anytime during the program. Remember to tell your family, friends, neighbors and co-workers to log their receipts. Anyone can support AV in the Galleria School Rewards Program!

Have a wonderful week,

Mrs. Wildes