

April

2018

Elementary School District 159

Colin Powell Lunch Menu

arbor Management Inc.



	Monday	Tuesday	Wednesday	Thursday	Friday
2	SPRING BREAK	SPRING BREAK	SPRING BREAK	SPRING BREAK	SPRING BREAK
9	Pizza Dipper 32G w/Red Sauce Sweet Corn Assorted Fresh Fruit	Meatloaf 33G Mashed Potatoes Greens Assorted Fresh Fruit	11 LUCKY TRAY DAY Bacon Cheeseburger 31G Seasoned Green Beans Broccoli Buds w/Ranch Assorted Fresh Fruit	12 Chili 15G w/Corn Bread Green Beans Green Salad w/Tomatoes 100% Fruit Juice	13 Nacho Supreme 34G Assorted Fresh Veggies Assorted Fresh Fruit
16	BBQ Chicken 9G w/Roll Greens Garbanzo Beans Assorted Fresh Fruit	17 Chicken Fajitas 33G w/Peppers & Onions Refried Beans Zesty Salsa Assorted Fresh Fruit	18 Pasta w Red Sauce 33G w/Roll Green Beans Green Salad w/Tomatoes 100% Fruit Juice	19 Double Stuff Pizza 31G Diced Beets Sweet Corn Assorted Fresh Fruit	20 Hot Dog 30G Baby Carrots w/Ranch Potato Rounds Variety Fresh Fruit
23	Chicken Fajitas 33G w/Peppers & Onions Greens Assorted Fresh Fruit	24 Pasta w/Red Sauce 33G w/Roll Assorted Fresh Vegetables Assorted Fresh Fruit	25 Hot Dog 30G Potato Rounds Diced Beets Assorted Fresh Fruit	26 BBQ Ribette 42G Broccoli Buds Tiny Tomatoes 100% Fruit Juice	27 No School Teacher Institute Day
30	Toasted Cheese Sandwich 30G Sliced Zucchini Green Salad w/Tomatoes 100% Fruit Juice				

Neither Elementary School District 159, nor Arbor Management, Inc., shall be liable to any person for any physical injury or other adverse consequences which may arise as an alleged result of any inaccuracy in the estimate of carbohydrates. Manufacturer labels are the source of the information on menus. Thank you.



Available Daily:
American Sub 30G
Edamame Salad 26G

Lunch \$2.60
(Milk included with meal)
Milk 50¢
Offered Daily:
Fat Free Flavored
1% White

Lucky Tray Day
April 11th

Questions
Call Mary Kyler
Food Service Manager
708-283-9733
Menu changes may be necessary. Notice will be given when possible.
A comprehensive Nutrition & Allergy Guide is available in the Food Service Office.
For more information or to "Ask the Dietitian", check out our website!

(*) Contains Pork