

Berwyn South School District 100
Wellness Committee Meeting Agenda
Wednesday, February 21st 3:30-4:30pm Irving School

Attendees: Phil Depa

1. Wellness fair March 22nd, 5-7pm
 - a. Shirts
 - b. Schedule Review
 - c. Blood Drive
 - i. How do we want to promote this?
 - d. Cody- Going over seating chart/ stage
 - i. Making sure there is music for performances/activities
 - e. ***School Sign in sheets: John Pomagier
 - f. Water Bottle for participants (costco) - Mary Jo

2. National Healthy Schools Award Work time Next meeting
 - a. Wednesday, March 7th
 - b. By working with Julia, we will all receive a \$200 Target gift card for our schools

Stuff before Julia March 7th:

- Employee wellness survey?
- 4 Examples of Wellness Meeting (PDF)
- Recess List
- Wellness Policies
- 3 examples of promoting activity outside of school
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