

# Empowered Parents of Teens

*FREE group for parents and caregivers of adolescents 12-17*

10 –week class provides education and support to help parents understand teen issues:

- Improving Communication
- Making Good Choices
- Drug and Alcohol prevention
- Negotiating and Enforcing Limits



***Prevent problems BEFORE they start!***

The 10-Week series of classes are ongoing and held every Thursday from 6:00 - 7:30 pm  
You may join at any time

For more information and to sign up, contact:  
Child & Family Center  
661-259-9439

Child & Family Center • 21545 Centre Pointe Parkway • Santa Clarita • [www.childfamilycenter](http://www.childfamilycenter)