



Medical Statement for Children with Special Dietary Needs: Each special dietary request must be supported by a statement, which explains the food substitution that is medical authority requested. It must be signed by a recognized authority.



Milk choices :
 1% White Milk
 Fat Free White Milk
 Lactose Free Milk
 Chocolate Milk

Monday

Tuesday

Wednesday

Thursday

Friday

Avg Nutrients Target

Chicken Biscuit	Pizza Bagel	Biscuit	Sausage Biscuit	Pizza Sausage	Calories... 508 Cholesterol.. 22 mg Sodium. 614 mg Sugar 46.2g Carbohydrates 89.7g
Jelly	Pancakes	Grits	French Toast Sticks	Honey Bun	
Potato Rounds	Honey Bun	Sausage Link	Honey Bun	Pop tart	
Ketchup Packets	Poptart	Scrambled Eggs	Poptart	Cereal	
Honey Bun	Cereal	Honey Bun	Potato Rounds	Juice	
Poptart	Honey Graham	Cereal	Ketchup Packets	Banana	
Cereal	Juice	Banana	Juice		
Juice/ Apple slices	Fresh Orange	Juice	Sliced Apples		

Breakfast is a 1 week rotation.

Low fat and fat free white milk offered daily.

Menu subject to change based on availability.

Georgia Grown

Local wellness policy at www.gocats.org/schoolnutrition

Local Grown

