

# Penelope 2018 School Menu PK-12

	Monday	Tuesday	Wednesday	Thursday	Friday
<i>Breakfast</i>  <b>Mar.5-9</b> <i>Spring Break</i> <i>Mar.12-16</i>	French Toast, Rich's Applesauce Orange Juice Apple Juice Grape Juice MILK: 1% Low Fat Chocolate FF Strawberry FF Syrup	Scrambled Eggs Buttered Toast, WG Raisins Orange Juice Apple Juice Grape Juice MILK: 1% Low Fat Chocolate FF Strawberry FF Jelly	Pancakes, WG Cheese Stick Peaches Orange Juice Apple Juice Grape Juice MILK: 1% Low Fat Chocolate FF Strawberry FF Syrup	Biscuit WG Pork Sausage Patty Pineapple Tidbits Orange Juice Apple Juice Grape Juice MILK: 1% Low Fat Chocolate FF Strawberry FF Jelly	Cinnamon Roll, WG Cinn. Toast Crunch Honeynut Cheerios Frosted Flakes Coco Puffs Apples, fresh JUICE: Orange, Apple, Grape MILK: 1% Low Fat Chocolate FF Strawberry FF
<i>Breakfast</i>  <b>Mar.19-23</b>	Waffles, WG Cinn. Toast Crunch Honeynut Cheerios Frosted Flakes Coco Puffs Pineapple Tidbits JUICE: Orange, Apple, Grape MILK: 1% Low Fat Chocolate FF Strawberry FF Syrup	Breakfast Burrito W/Sausage Salsa Banana JUICE: Orange, Apple, or Grape MILK: 1% Lowfat Chocolate FF Strawberry FF	Pancakes, WG Cheese Stick Peaches Orange Juice Apple Juice Grape Juice MILK: 1% Low Fat Chocolate FF Strawberry FF Syrup	Biscuit WG Pork Sausage Patty Pineapple Tidbits Orange Juice Apple Juice Grape Juice MILK: 1% Low Fat Chocolate FF Strawberry FF Jelly	Muffin, Choc. Chip Cinn. Toast Crunch Coco Puffs      Frosted Flakes Honeynut Cheerios Fruit Cocktail JUICE: Orange, Apple, or Grape MILK: 1% Lowfat Chocolate FF Strawberry FF
<i>Breakfast</i>  <b>Mar.26-30</b>	French Toast, Rich's Applesauce Orange Juice Apple Juice Grape Juice MILK: 1% Low Fat Chocolate FF Strawberry FF Syrup	Scrambled Eggs Buttered Toast, WG Raisins Orange Juice Apple Juice Grape Juice MILK: 1% Low Fat Chocolate FF Strawberry FF Jelly	Pancakes, WG Cheese Stick Peaches Orange Juice Apple Juice Grape Juice MILK: 1% Low Fat Chocolate FF Strawberry FF Syrup	Biscuit WG Pork Sausage Patty Pineapple Tidbits Orange Juice Apple Juice Grape Juice MILK: 1% Low Fat Chocolate FF Strawberry FF Jelly	NO SCHOOL
<i>Breakfast</i>  <b>Apr.2-6</b>	NO SCHOOL	Breakfast Burrito W/Sausage Salsa Banana JUICE: Orange, Apple, or Grape MILK: 1% Lowfat Chocolate FF Strawberry FF	Pancakes, WG Cheese Stick Peaches Orange Juice Apple Juice Grape Juice MILK: 1% Low Fat Chocolate FF Strawberry FF Syrup	Biscuit WG Pork Sausage Patty Pineapple Tidbits Orange Juice Apple Juice Grape Juice MILK: 1% Low Fat Chocolate FF Strawberry FF Jelly	Muffin, Choc. Chip Cinn. Toast Crunch Coco Puffs      Frosted Flakes Honeynut Cheerios Fruit Cocktail JUICE: Orange, Apple, or Grape MILK: 1% Lowfat Chocolate FF Strawberry FF

This institution is an equal opportunity provider and employer.

# Penelope School 2018 Menu K-8

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Mar.5-9</b>  <i>Lunch</i> <b>Spring Break</b> <i>Mar.12-16</i>	Ground Beef & Macaroni w/ Mexican Seasoning Garlic Breadstick WG Corn Carrot Sticks Garden Salad Mixed Fruit MILK: 1% Lowfat Chocolate FF Strawberry FF Ranch Dressing	Chicken Nuggets Mashed Potato/ Gravy Green Beans Strawberries & Banana MILK: 1% Lowfat Chocolate FF Strawberry FF Catsup	Hamburger Lettuce & Tomato Salad Sweet Potato Fries Celery Sticks Bananas MILK: 1% Lowfat Chocolate FF Strawberry FF Catsup Mustard	Alfredo Rotini w/Chicken Garlic Breadstick Green Beans Garden Salad Mandarin Oranges MILK: 1% Lowfat Chocolate FF Strawberry FF Ranch Dressing	Hot Dog on Bun Chili/Hot Dog Sauce Baked Beans Garden Salad Broccoli Florets Applesauce MILK: 1% Lowfat Chocolate FF Strawberry FF Ranch Dressing Catsup Mustard
<b>Mar.19-23</b>  <i>Lunch</i>	Soft Beef Tacos Pinto Beans Mixed Fresh Vegetables Pineapple Tidbits MILK: 1% Lowfat Chocolate FF Strawberry FF Ice Cream Sandwich	Breaded Chicken Patty Dinner Roll Mashed Potato/Gravy Glazed Carrots Broccoli Florets Diced Peaches MILK: 1% Lowfat Chocolate FF Strawberry FF	Hamburgers Lettuce & Tomato Salad Potato Wedges Bananas MILK: 1% Lowfat Chocolate FF Strawberry FF Catsup Mustard	Beef Nachos Refried Beans Garden Salad Celery Sticks Pineapple Tidbits MILK: 1% Lowfat Chocolate FF Strawberry FF Ranch Dressing	Turkey Subs Lettuce & Tomato Salad Cucumber Slices Diced Pears MILK: 1% Lowfat Chocolate FF Strawberry FF Reduced Fat Nacho Cheese Chips Mustard Salad Dressing
<b>Mar.26-30</b>  <i>Lunch</i>	Corny Dogs Baked Beans Garden Salad Diced Peaches Broccoli Florets MILK: 1% Lowfat Chocolate FF Strawberry FF Mustard Catsup	BBQ Chicken Dinner Roll Broccoli w/ Cheese Glazed Carrots Apples, fresh MILK: 1% Lowfat Chocolate FF Strawberry FF	Hamburger Lettuce & Tomato Salad Sweet Potato Fries Bananas MILK: 1% Lowfat Chocolate FF Strawberry FF Catsup Mustard Sugar Cookie	Pepperoni Pizza WG Corn Spinach Salad Mixed Fruit MILK: 1% Lowfat Chocolate FF Strawberry FF Ranch Dressing	NO SCHOOL
<b>Apr.2-6</b>  <i>Lunch</i>	NO SCHOOL	Salisbury Steak Dinner Roll Mashed Potato/Gravy Broccoli & Cheese Spicy Butternut Squash Apples, fresh MILK: 1% Lowfat Chocolate FF Strawberry FF	Hamburgers Lettuce & Tomato Salad Curly Fries Carrot Sticks Diced Pears MILK: 1% Lowfat Chocolate FF Strawberry FF Catsup Mustard	Chicken & Cheese Quesadillas Refried Beans Cucumbers, sliced Strawberries MILK: 1% Lowfat Chocolate FF Strawberry FF Ranch Dressing	Grilled Chicken on Bun Lettuce & Tomato Salad Corn on Cob Mandarin Oranges MILK: 1% Lowfat Chocolate FF Strawberry FF Catsup Mustard Salad Dressing