

Hale Charter Academy w/ PTSA & Parent Center

Presents



Screens & Teens:

Video Games, Social Media and Other Electronic Obsessions

Thursday, March 15th, 2018 at 6:00pm; MPR

Kent Toussaint is a Licensed Marriage and Family Therapist and a Licensed Professional Clinical Counselor who specializes in helping kids, teens and their families live happier lives. He is the Founder and Clinical Director of **Teen Therapy Center** in Woodland Hills.

Join us for an exciting and eye opening conversation about the effects that video games, social media and other electronic stimulation has on our children today.

Kent will be leading this interactive, informative and humorous workshop to address the following questions:

1. **How much is too much video game time for my kid?**
2. **Is my child ready for social media?**
3. **How do I set limits on screens for my kids when it seems that no other parent is doing it?**

These and many other questions about parenting adolescents in this digital world will be explored. Please bring your questions, as this workshop will be very interactive.

*This is the time to address those worries that have
been keeping you up at night about your pre-teen/teenager!*

For more information, feel free to contact:

Kent Toussaint, M.A. L.M.F.T. L.P.C.C.

License No. MFC #44685 / LPC #235
(818) 983-7728

Kent@TeenTherapyCenter.com

6400 Canoga Avenue #312
Woodland Hills, CA 91367

www.TeenTherapyCenter.com

