

# MAY 2017

PARKLANE FOOTBALL

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT/SUN
WEEK 1	1 notes	2	3	4	5	6/7
WEEK 2	8 notes	9	10	11	12	13/14 SATURDAY SPRING SCRIMMAGE VS. WAYNE  HOME 11:00 A.M.
WEEK 3	15 notes	16	17	18	19	20/21
WEEK 4	22 notes	23 ELEMENTARY FOOTBALL CAMP	24 ELEMENTARY FOOTBALL CAMP	25 ELEMENTARY FOOTBALL CAMP	26	27/28
WEEK 5	29 notes	30 WEIGHTS AND AGILITY  7:30 A.M.	31 WEIGHTS AND AGILITY  7:30 A.M.	JUNE WEIGHTS AND AGILITY  7:30 A.M.		
WEEK 6	notes					

# JUNE 2017

PARKLANE FOOTBALL

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT/SUN
<b>WEEK 1</b>				1 WEIGHTS AND AGILITY 7:30 A.M.	2	3/4
<b>WEEK 2</b>	5 WEIGHTS AND AGILITY 7:30 A.M.	6 WEIGHTS AND AGILITY 7:30 A.M.	7	8 WEIGHTS AND AGILITY 7:30 A.M.	9	10/11
<b>WEEK 3</b>	12 WEIGHTS AND AGILITY 7:30 A.M.	13 WEIGHTS AND AGILITY 7:30 A.M.	14	15 WEIGHTS AND AGILITY 7:30 A.M.	16	17/18
<b>WEEK 4</b>	19 WEIGHTS AND AGILITY 7:30 A.M.	20 WEIGHTS AND AGILITY 7:30 A.M. GRID-IRON CAMP	21 GRID-IRON CAMP	22 WEIGHTS AND AGILITY 7:30 A.M. GRID-IRON CAMP	23	24/25
<b>WEEK 5</b>	26 WEIGHTS AND AGILITY 7:30 A.M.	27 WEIGHTS AND AGILITY 7:30 A.M.	28 WEIGHTS AND AGILITY 7:30 A.M.	29 WEIGHTS AND AGILITY 7:30 A.M.	30	
<b>WEEK 6</b>						

# JULY 2017

## PARKLANE FOOTBALL

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT/SUN
<b>WEEK 1</b>						1/2
<b>WEEK 2</b>	3 DEAD WEEK	4 DEAD WEEK	5 DEAD WEEK	6 DEAD WEEK	7 DEAD WEEK	8/9
<b>WEEK 3</b>	10 WEIGHTS AND AGILITY 2:00 P.M.	11 WEIGHTS AND AGILITY 2:00 P.M.	12 WEIGHTS AND AGILITY 2:00 P.M.	13 WEIGHTS AND AGILITY 2:00 P.M.	14 WEIGHTS AND AGILITY 2:00 P.M.	15/16
<b>WEEK 4</b>	17 WEIGHTS AND AGILITY 2:00 P.M.	18 WEIGHTS AND AGILITY 2:00 P.M.	19 WEIGHTS AND AGILITY 2:00 P.M.	20 WEIGHTS AND AGILITY 2:00 P.M.	21 WEIGHTS AND AGILITY 2:00 P.M.	22/23
<b>WEEK 5</b>	24 1 <sup>ST</sup> OFFICIAL DAY OF PRACTICE 1:00 SKILL 2:00 TEAM	25 PRACTICE 1:00 SKILL 2:00 TEAM SHORTS	26 PRACTICE 1:00 SKILL 2:00 TEAM SHORTS	27 PRACTICE 1:00 SKILL 2:00 TEAM SH. PADS	28 PRACTICE 1:00 SKILL 2:00 TEAM SH. PADS	29/30
<b>WEEK 6</b>	31 PRACTICE 1:00 SKILL 2:00 TEAM FULL PADS					