



Bronx Academy of Promise

Lunch Menu

Meal Includes:

Entrée, Vegetable, Fruit, Whole Wheat Bread, and Milk

December 12 - 16, 2016	Monday 12/12	Tuesday 12/13	Wednesday 12/14	Thursday 12/15	Friday 12/16
Hot Meals	Chicken Patti Whole Wheat Roll Tater Tots Seasoned Collard Greens	Ground Turkey Tacos Crisp Corn Shell Yellow Corn & Bean Medley	Vegetable Beef Stew Oven Browned Potatoes Yellow Wax Beans	Jambalaya Rice (Chicken Sausage, Chicken, Kidney Beans) Black Beans Whole Grain Dinner Roll	<u>Homemade Pizza</u> French Bread Pepperoni Pizza or French Bread Cheese Pizza
Sandwich Meals	<u>Deli Wraps!</u> <u>Italian Sub</u> Turkey, Ham American Cheese on a Whole Wheat Club Roll Tossed Romaine Salad or Sunbutter & Jelly Sandwich	<u>Deli Wraps!</u> <u>Chicken Salad Wrap</u> Cubed Chicken, Celery & Mayo on a Whole Wheat Club Roll Tossed Romaine Salad or Sunbutter & Jelly Sandwich	<u>Hot Panini!</u> <u>Tuna Melt</u> Cheddar Cheese, Celery, Lettuce & Tomato on a W. W. Roll 3 Bean Salad or Sunbutter & Jelly Sandwich	<u>Deli Wraps!</u> <u>Turkey BLT Wrap</u> Turkey & Turkey Bacon, Lettuce & Tomato on a Whole Grain Wrap or Sunbutter & Jelly Sandwich	Green Peas or Tossed Romaine Salad or Sunbutter & Jelly Sandwich
Salad Bar	Dark Salad Greens w/Shredded Carrots, Cherry Tomatoes, Hard-Cooked Eggs, Bell Peppers, Cucumbers, Chick Peas	Dark Salad Greens w/Shredded Carrots, Cherry Tomatoes, Hard-Cooked Eggs, Bell Peppers, Cucumbers, Chick Peas	Dark Salad Greens w/Shredded Carrots, Cherry Tomatoes, Hard-Cooked Eggs, Bell Peppers, Cucumbers, Chick Peas	Dark Salad Greens w/Shredded Carrots, Cherry Tomatoes, Hard-Cooked Eggs, Bell Peppers, Cucumbers, Chick Peas	Dark Salad Greens w/Shredded Carrots, Cherry Tomatoes, Hard-Cooked Eggs, Bell Peppers, Cucumbers, Chick Peas

Available at Every Lunch: Variety of fruit served at every lunch, such as: Whole Apples, Bananas, Orange Wedges and

Assorted Cupped Fruit: Peaches, Pineapples, Pears

Milk: Low-Fat White and Non-Fat Chocolate

Note: Students may choose daily between the Tossed Romaine Salad and the cooked vegetable of the day

This institution is an equal opportunity provider.