



Point Loma High School 10th Grade Families

Welcome!



Pointers





Agenda

- PSAT Results & Score Report
- High School Graduation Requirements
- Typical Coursework throughout High School
- College Admissions Requirements
- SAT and ACT
- Preparing for College
- Student Supports at PLHS

High School Graduation Requirements

A Student Must:

- Earn a Grade Point Average (GPA) of 2.0 in coursework taken in grades 9-12
- Earn at least 44 credits
- Meet 2.0 citizenship requirement
- Pass all required courses
- Pass the California High School Exit Exam (CAHSEE)
- Computer Literacy
- Fitnessgram



Required Courses

- **English**-4 Years
- **Math** – 3 Years (IM1, IM2, IM3)
- **Science** – 3 Years (Biology + Physics OR Chemistry + 1 UC approved course)
- **Social Studies** – 3 Years
- **P.E.**- 2 Years
- **World Language** – 2 years of the same language
- **VAPA** – 1 year of a UC approved course

Typical 10th Grade Classes

English

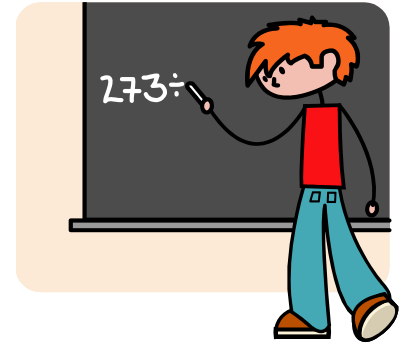
Mathematics

Biology/Chemistry

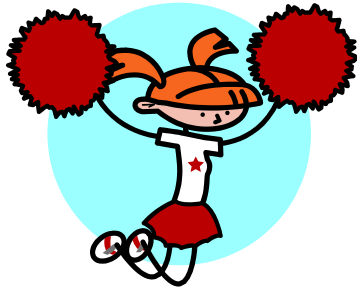
World History or AP European History

Athletics/PE/NJROTC/Band/Dance/Cheer

World Language / Elective



Typical 11th Grade Classes



English

Mathematics

Science

US History

Electives

World Language

VAPA
Practical Art

CCTE

Typical 12th Grade Classes

English

Government / Economics



Community
College

CCTE
MATH



CSU

CCTE

Visual/Performing Art

Math

Science

World Language



UC

Visual/Performing Art

Math

Science

World Language



Community College, CSU and UC Entrance Requirements

Community Colleges

- Must be 18 years old or have a high school diploma
- Enrollment period during the spring of the Senior Year
- Do not need to take the SAT or ACT
- No letters of recommendation or essay required
- Most 4- yr. schools take transfer students first (TAG)
- Many offer great job training programs
- Athletic programs
- A few have housing available (College of the Redwoods, Feather River, Marymount, Mt. Saint Mary's, Santa Monica, Shasta, etc.)

California State University/University of California Requirements

COURSES	Minimum Requirements of College Preparatory classes
A. History/Social	2 years: World History, U.S. History/Government
B. English	4 years: English 9, 10, 11, 12
C. Math	3 Years of college prep math. 4 years is highly recommended.
D. Laboratory Science	2 years of lab science. 3 years of lab science is recommended. Biology + Chemistry OR Physics required
E. Foreign Language	2 years <u>same</u> language; 3 years is highly recommended
F. Visual/Performing Arts	1 year of college prep course from UC approved courses.
G. College Preparatory Elective	1 year of college prep electives (Academic)
<u>Test Requirements</u>	SAT Reasoning or ACT plus Writing * We recommend that you take both!

PSAT, SAT & ACT

10th

PSAT

CAHSEE

11th

PSAT

ACT/SAT

CAHSEE
(if applicable)

12th

Re-Take
SAT/ACT

(if applicable)

CAHSEE
(if applicable)

CAHSEE

Students will take the CAHSEE for the 1st time in MARCH of 10th grade. Must pass English and Math with a score of 350 or higher. CAHSEE scores do not go on transcripts, but are REQUIRED for graduation. May re-take in 11th or 12th grade.

Preparing for College



- Begin to keep track of any extracurricular activities, sports, or community service activities
- Consider taking SAT Subject tests in classes that you do well in this year, such as AP World History
- Take practice entrance exams during 10th-11th grades which are held in the month of October
- Plan on taking the SAT and/or ACT tests in the spring of your Junior year.
- Begin to research available financial aid –Scholarships and student loans. Start saving now!
- Parents and students should visit potential college campuses

NAVIANCE

College Planning Resource for Students AND Parents

- Comprehensive website that students and parents can use as a tool in planning for college
- Features College Searches, Acceptance History, Admissions Facts, Scattergrams and more
- Use Naviance to view all of PLHS Scholarship opportunities, Enrichment/Summer programs
- Personality Profile, Career Assessments
- Register your E-MAIL address to receive important news from our school
- Parents and **Students have SEPARATE pin/passwords!** Email Danielle Kirkendall at dkirkendall@sandi.net

WEB SITES



- www.californiacolleges.edu All California colleges
- www.cccco.edu Community Colleges
- www.csumentor.edu CSU
- www.universityofcalifornia.edu UC
- www.aiccu.edu Private Colleges
- www.braintrack.com World wide college search
- www.collegeboard.com Sat/Subject Tests
- www.act.org ACT
- www.number2.com Test Prep
- www.pointlomahigh.com Counseling Info
- Naviance Family Connection – link through pointlomahigh.com and “Quick Links”



TUTORING

- **“Upper Level Club”** in the LIBRARY, **EVERY MONDAY-THURSDAY, 2:30 – 4:30 pm**- Tutors for English, History, Math, Science, Foreign Language!
- **ADVISORY**- 25 minute “tutorial” or study hall built into the day for students to get help with their work!
- **Individual Tutoring** - MANY teachers offer tutoring after school or at lunch- Contact them directly to find out days/times



Questions

