



Adams Middle School Intermural Sports

“Having fun while building character!”

Intermural Philosophy

Adams Middle School believes recreational sport activities are a desirable part of a student’s educational program. The purpose of the intermural program is to provide fun, safe and structured play experiences that promote the physical, mental and social development of every child. Our aim is to provide opportunities for every individual, regardless of ability, to participate in a sport activity that will develop skill and interest in a friendly, recreation-centered environment.

Student Goals and Objectives:

1. Provide a meaningful, purposeful experience for every student regardless of ability, inability or disability.
2. Provide an opportunity to improve health through exercise.
3. Provide character-building growth and development opportunities through active recreation and structured classroom instruction.
4. Provide an opportunity to develop motor skills that will be beneficial throughout life.
5. Provide experiences that assist in the construction of a positive self-esteem.
6. Provide a clean and safe atmosphere.
7. Provide an opportunity to develop sportsmanship and honesty regarding rules, officials and opponents.
8. Provide activities that promote lifelong wellness.
9. Have fun!

Getting Started

Eligibility

Each quarter grades will be checked to for eligibility purposes. All students currently enrolled at Adams Middle School may participate in the intermural program if they meet the following criteria:

- ❑ **Players must possess a 2.0 G.P.A.**
- ❑ **Students should not have any Fails or Unsatisfactory Marks.**
- ❑ **Students should not have more than one D or N Mark.**
- ❑ Teams may not play ineligible players.
- ❑ The Athletic Coach, Intermural Director, or Administrative Staff members may declare any student ineligible for unsportsmanlike conduct.

If you have any questions or concerns regarding the criteria, please see Mrs. Simon or Ms. DeMott.

***Remember.....We are building
character!***

Health

The health and safety of our students is paramount. Certainly, one of our goals is to create a fun and safe atmosphere for our intermural participants. Each student participant is required to show proof of insurance coverage **and** complete a medical history form **before** he or she engages in any practice or games. Only one form is needed for the entire school year. Once the **Intermural Participation Form** and **Medical History Form** are completed, they will be maintained on file in our office. When traveling with our team to other sites, a copy of the Medical History Form for each student participant, as well as the student's small pocket size **Medical Information Card** is brought by the coach. We also carry a cell phone or walkie-talkie when traveling to another site or when students are engaged in physical play activities.

Injuries

All injuries are reported immediately. A report will be filed with the nurse's office, regardless of the insurance coverage and whether a claim form is required.

Athletic Coaches are required to maintain a first-aid kit, which must be available at all practices and competitive events. Coaches must be prepared to address any emergency requiring first aid.

In case of an emergency on campus requiring outside assistance, follow our school site's procedures. *Check our faculty handbook regarding procedures for handling medical emergencies.*

Equipment

Proper care of equipment will guarantee its normal life expectancy. Preserving the integrity of our equipment inventory is important to the on-going support of our program.