

THIRD SUNDAY OF

Lent



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Lenten Schedule
See Back Page

MARCH
4
2018

Jesus said, "Destroy this temple
and in three days I will raise it up."

John 2:19

2 Together in Mission

We thank Fr. Ted Gabrielli for spending the weekend at OLA to present to us the human face of *Together in Mission*. His stories about Dolores Mission in Boyle Heights, Los Angeles, were an eloquent testimony about how lives – even whole communities – are being transformed by our support of his parish and others like it.

For 25 years, this program has helped stabilize the Catholic presence in economically deprived areas of the Archdiocese of Los Angeles. Fully 100 percent of your donation is assigned to 80 Catholic parishes and 65 schools that would not remain open otherwise.

This year's theme of *Let Us Love* celebrates *Together in Mission* as an active demonstration of our love for our Catholic brothers and sisters in need. We invite all families – those who have given in the past, and those who have never made a gift – to prayerfully consider a commitment to this year's campaign. Your gifts will go a long way to helping us reach our 2018 PARISH GOAL of \$139,202. Watch our progress on posters around the campus.



Fr. Ted Gabrielli, our speaker for *Together in Mission*, spoke eloquently of the struggles and triumphs of his parish at Dolores Mission in LA.

OLA Mission Statement

Our Lady of the Assumption welcomes all people to grow in the Catholic faith as we celebrate our diverse community, nurture the Gospel message, and exemplify our love of Christ by serving others.

Alpha is coming to OLA...

This beginning experience helps seekers of truth find their way through Christ.

Come to the patio table next weekend to learn how you can help launch Alpha at OLA.



Around OLA³

Our Lady of the Assumption Church – Directory on Page 9

Liturgical events

Visit www.olaclaremont.org for a complete guide to our Lenten programs and events, including the special Stations of the Cross to be presented by the 5th Grade students of OLA School on March 9.

See also Back Page

Eucharistic Adoration takes place every Friday in Lent from 7 a.m. (after the 6:30 p.m. Mass) until 5:30 p.m. in the Reflection Room.

OLA Community Reconciliation is Tuesday, March 27, at 7 p.m.

Meetings

- **Knights of Columbus** will assemble Tuesday, March 6, at 6:30 p.m. in the auditorium.
- **Ladies of Columbus** gather Tuesday, March 6, in the Sapienza Room at 7:30 p.m.

Office closed

The parish office will be closed Monday, March 19, for a staff Lenten retreat. You may still call (909) 626-3596 to reach a priest in an emergency.

Highlights

[See Back Page for Lent](#)

Knights of Columbus will be on the patio this Sunday with tickets to Texas Hold ‘Em.

See article below

Last chance to register for the Religious Education Congress in Anaheim coming March 16-18.

See Page 5

Lenten musical programs are offered in our community.

See Page 5

Take advantage of several ways to WIN by returning your Fiesta raffle tickets by March 18.

See Page 7

Sign up for a free workshop about living the principles of *Laudato Si* by Pope Francis.

See Page 6

community life

St. Joseph Table next Sunday

The St. Joseph Table hosted by the Italian Catholic Federation next Sunday, March 11, from 8 a.m. to 3 p.m. will be better than ever with your help! Parish bakers can meet popular demand and fund the many good works of the ICF. These include Catholic school scholarships and a fund for seminarians. Contact Jacqueline Cook at (909) 260-3371 to say you’ll bring a donation Saturday afternoon or early Sunday morning.

The table will be set with Italian breads and pastries, Easter cookies and cakes, and more! The ICF will be demonstrating how to make *pizzelles* and *sfinges*. Italian sausage sandwiches will be sold for \$5 in the auditorium, carry-out available.

So who are these members of the I.C.F.? They are pledged to “honor and love the land of our ancestors.” In past generations, that meant Italy, but today that means any and all countries. So consider joining this family-oriented, Catholic organization dedicated to celebrating our multi-cultural community. A membership drive and picnic are planned in June.



Mass Intentions/Readings

3rd Sunday of Lent
Week of Mar. 4, 2018

MONDAY, March 5

2 Kgs 5:1-15b; Ps 42:2, 3; 43:3, 4;
Lk 4:24-30

6:30am †Anton & Cecilia
Peace for Family
5:30pm Family of Luke Manning
†Giuse Trieu Toan Son
†Teresa Trieu Phuong Lan

TUESDAY, March 6

Dn 3:25, 34-43; Ps 25:4-5ab, 6-7bc,
8-9; Mt 18:21-35

6:30am †Joseph Mai Van Dang
†Phanixco & Maria
5:30pm Fr. Jefferies Foale
In Thanksgiving
†Souls of Ancestors

WEDNESDAY, March 7

SS. Perpetua and Felicity
Dt 4:1, 5-9; Ps 147:12-13, 15-16, 19-
20; Mt 5:17-19

6:30am Susana Maya, †Maria
†Souls of Ancestors
5:30pm Enrique Lopez Cortes

THURSDAY, March 8

St. John of God
Jer 7:23-28; Ps 95:1-2, 6-9;
Lk 11:14-23

6:30am †Helen McGee
5:30pm †Theresa Le Thuy Trang

FRIDAY, March 9

St. Frances of Rome
Hos 14:2-10; Ps 81:6c-11ab, 14, 17;
Mk 12:28-34

6:30am Lisa Stella, Marie LeBlanc
5:30pm †Rosita Lacson

SATURDAY, March 10

Hos 6:1-6; Ps 51:3-4, 18-21ab;
Lk 18:9-14

8:00am †Phero
4:00pm In Thanksgiving/Peace for N.Y.
5:30pm †All Souls

SUNDAY, March 11

4th Sunday of Lent, Girl Scouting
Sunday, Daylight Saving Time begins:
Set clocks forward 1 hour
2 Chr 36:14-16, 19-23; Ps 137:1-6;
Eph 2:4-10; Jn 3:14-21

7:00am †Vivian Garcia-Reveles
9:00am Knights & Ladies of Columbus
†Matthew McDonagh
Adeline

11:00am †Thomas Rose
1:00pm People of the Parish
3:00pm Matta Tran, †Teresa
5:00pm For Peace
7:00pm †Phero

†Deceased

4

worship and

Teen & Young
Adult Adoration

3
4
18



It is not too late to invest in our 2018 Mission Trip! You may purchase \$25 "shares" at the Parish Office or at olaclaremont.org by selecting the "Donate Now" tab.

OLA Teen Ministry

Sunday, March 4 – 6:30 to 8:30 p.m.

Join us tonight for dinner at 6:30 p.m. and our monthly Teen and Young Adult Eucharistic Adoration from 7-8pm in the Auditorium. All are welcome

Every Tuesday – 3:30 to 5:30 p.m.

Join the Heights Youth Ministry at Sanctuary Coffee, 994 W. Foothill Blvd., in Claremont, for *Caffeine and Catholicism*. Join us for a FREE drink and time together as a community.

Teresa Arredondo, Youth Ministry Coordinator
tarredondo@olaclaremont.org
(909) 626-3596, ext. 4215

Young Adult Ministry

We invite each young adult age 18 to 35 to grow spiritually, form authentic friendships and have fun through our social, educational and prayer nights together. We'll be more than happy to see you at our regular weekly meetings from 7 to 9 p.m. NOTE: Convalescent home visits are arranged every Sunday at 10:30 a.m. as a service project. Join our *Young Adults of OLA* Facebook group. Or e-mail youngadultsola@gmail.com.

Sunday, March 4 **Thursday, March 8**

Eucharistic Adoration at OLA at 7 p.m.
Field event at St. Dorothy's begins at 7 p.m.
Theme is *Sexual Integrity* with The Culture Project missionaries.



Confirmation Year Two Retreat

Eighty-three teens attended the retreat for teens preparing to receive the sacrament of Confirmation this spring. They were accompanied by a full contingent of staff, clergy and chaperones in a rural setting near San Juan Capistrano. The program was invigorating as well as the temperature last weekend! We are grateful for the support of our Confirmation families. Please pray for our *confirmandi* and the coming of the Holy Spirit.

YOU should be here! **Religious Ed Congress** **March 16-18**

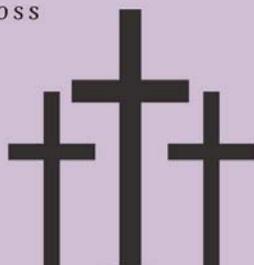
The 60th annual Religious Education Congress in Anaheim is set for March 16-18, 2018. Youth Day is March 15. Admission includes...

- Choice of 300 workshops on a variety of topics of interest to educators and all Catholics
 - Exhibits by Catholic vendors and organizations
 - Fourteen liturgies in a variety of cultures/languages/styles
 - Exhibits by local artists that capture the sense of God's Boundless Mercy
 - Free lunchtime and evening concerts by popular artists
- Visit www.RECongress.org to register or visit our Faith Formation Center for assistance..

Stations of the Cross

March 9th
7:15 PM

Presented by the
OLA School
5th Grade Class.



A dramatic presentation of the Stations will be offered by the Fifth Grade students of OLA School on Friday, March 9, at 11:45 a.m. and 7:15 p.m. You won't want to miss this acclaimed depiction of Christ's Passion in a shadow tableau.

Join us for an evening of fellowship and prayer every Friday in Lent. Knights of Columbus host the Friday Fish Fry from 5 to 7 p.m. in the auditorium, followed by Stations of the Cross at 7:15.

Sacred Music for the Soul

The *Chichester Psalms* of Leonard Bernstein will be presented Thursday, March 8, at 8 p.m. by the combined choirs and chamber orchestra of Cal Poly Pomona. Host is the Church of the Brethren, 2425 E Street in La Verne. Buy \$10 tickets at csupomona.tix.com (Box Office #24-188) or one hour before the performance.

Handel's *Messiah*

The Claremont Chorale performs Parts 2 and 3 of Handel's *Messiah* (Easter portion, not Christmas portion) Saturday, March 10, at 3 p.m. at Bridges Hall of Music, 150 E. Fourth St. Tickets: www.claremontchorale.org.

Drop anchor at K of C Fish Fry
Friday, March 9, 5 to 7 p.m.



You will not be disappointed!

6 outreach

Forty Days for Life

You may join the peaceful prayer group that gathers outside the Planned Parenthood Clinic during *40 Days for Life* from now until March 25. Location is Garey Ave. just south of I-10. A leader will be present every day from 7 a.m. to 7 p.m. Thousands will participate in a National Campaign to Protect the Dignity of Life from Conception to Natural Death. For additional information, contact Terry Moore at (909) 297-9302.

Distressed marriage?

Retrouvaille is a program for distressed marriages sponsored by the Archdiocese of Los Angeles. The next retreat weekend is March 9-11. For details, including cost and location, call (909) 900-5465 or email 6006@retrouvaille.org. Visit www.HelpOurMarriage.com for more information.

'Classy' exercise for seniors

Only two things are needed for the exercise classes to be led by Parishioner Sal Robles on Saturday mornings...

1. Pride in being a senior. 2. Belief in the value of physical exercise for healthy living. Participants should meet Sal at Larkin Park in Claremont (corner of Harrison and Mountain) from 9 to 11 a.m.

Operation Rice Bowl

Jesus' whole life, his way of dealing with the poor, his actions, his integrity, his simple daily acts of generosity, and finally his complete self-giving, is precious and reveals the mystery of his divine life. Whenever we encounter this anew, we become convinced that it is exactly what others need. –

Pope Francis

OLA families are encouraged to share a simple supper at home each week and donate their savings to Operation Rice Bowl during Lent. Almsgiving through this Lenten program benefits Catholic Relief Services, one of the best organizations on the planet alleviating poverty with emergency aid and long-term, sustainable solutions. Just \$1 a day for 40 days will support an impoverished family for a month. Let this program be the means of encountering our God and our neighbors on the journey of Lent this year. You may bring your donation to the OLA Faith Formation Center.

Laudato Si

A letter to the world from Pope Francis

I am convinced that we can make a difference... Now is the time for courageous action and strategies aimed at implementing a "culture of care" and "an integrated approach to combating poverty, restoring dignity to the excluded, and at the same time protecting nature.

–Pope Francis

Workshop is March 24

Renew your commitment to the principles of *Laudato Si* Saturday, March 24, at a workshop co-hosted by OLA JustAct Ministry and Pilgrim Place in Claremont. The workshop is free from 9:30 a.m. to 2:30 p.m., including three speakers in the morning, lunch, and three speakers in the afternoon.

Laudato Si (2015) is the landmark encyclical by Pope Francis calling upon all nations to "hear the cry of the earth and the cry of the poor" and unite for environmental justice.

The March 24 workshop will focus on ways we can convert our lives and our actions into an effective advocacy for the earth and for the poor.

Nancy Mintie

Uncommon Good: Building healthy families, communities and planet

Linda and Joe Michon

How Fair Trade is a simple and effective way to respond to Laudato Si

Daniel Cole & Mary Tawadros

Volunteers of America

Dan Mancayo & Andrew Durban

Home Energy Savings

Tony Soto and Isabel Morales

*Sumner Meals Program
and Pomona Shelter Meal*

Penny Vienna

Our food choices and the environment

Free registration is available at the parish website: www.olaclaremont.org or you may contact Penny at pvienna@aol.com.

Parish Offertory Collection	
Monthly Total (Feb.)	\$ 88,693
Online	\$ 15,555
Total	\$104,248
Budget	\$102,514
Over budget	\$ 1,734

Fiesta 2018

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OUR 2018 FIESTA THEME... *All Around the World!*

WIN-WIN Fiesta Raffle Prizes:

1. Cash prize of \$10,000
2. One-year Family Membership at The Claremont Club
3. \$500 Disneyland Gift Card

PLEASE pick up your Fiesta Raffle Tickets!

Parishioners are asked to pick up their Fiesta raffle tickets at the parish office because we cannot mail them this year. Everyone who returns \$100 in paid raffle tickets by March 18 qualifies to receive an additional 10 free tickets. They will also be entered into our First Early Bird Drawing for \$150.

Sponsorships

Lend your name and support to preparations for Fiesta with a sponsorship available online at the parish website:

www.olaclaremont.org

Sponsorships help defray our expenses and provide a large portion of our profit. At the same time, you can promote your business to the 15,000+ visitors on Mother's Day Weekend, **May 11, 12 & 13.**

Donors

We are grateful for donations which help lower our overhead expenses. Donate 16-oz. bottled water, "name brand" cans of soda and paper goods. Email us or specifications.



Contact Us

If you would like to join our 2018 Fiesta Committee or communicate your ideas to the chairs, you may email

olachurchfiesta@gmail.com

or call the Fiesta Message Center at (909) 626-3596, ext. 4319.

Visit our website at www.olaclaremont.org for general Fiesta information, including sponsorships and suggestions for donors.

Adult Awareness Classes (VIRTUS)

Keeping the Promise Alive, the re-certification course of 1-1/2 hours is offered:

Sat., March 10, 9:30 a.m., Rm 17
Thurs., March 22, 7 p.m., Rm15

Contact Magali Amezcua at (909) 626-3596, ext. 4211, for details.



Prayer Requests



For our sick and suffering... Recent: Jerry Hale, Ignacio Olmedo, Tomasa Reyes, and Ronald Reynoso **Previously:** Paul Bradley, Delia Caldera, Ted Cullen, Anna Ruano Gomez, Israel Lopez, Jose Luis Ortega, Arthur H. Osborne, Alicia Pimental, Maryann Rambo, Angelica Maria and Luis Antonio Rios, Soledad Sarmiento, Mary Brunasso Smith, Mark Stagner, Monica Stephenson, Sylvia Stephens, Phyllis Swan, Tess Turla, Wendy Villegas, and Keith Whitehead

NOTE: Funeral Mass for Matt McDonagh is planned March 10 at noon at OLA.

8 Comunidad Habla Hispana

Esta semana

Miércoles, 7 de Marzo

Grupo de Dios (Oración)

4 p.m. en el Salón Reflexión

Grupo de Oración Reunión de

Coro y Lideres

6pm en el Salón 11

Jueves, 8 de Marzo

Cristo Vive (Oración)

7p.m. en la iglesia

Viernes, 9 de Marzo

Hola Ángeles (Jóvenes)

7 p.m. en el Salón de Jóvenes (Junction)

Encuentro Matrimonial

7 p.m. en el convento

Coro

7 p.m. en el Salón 15

Grupo Camino de Fe

(Jóvenes Adultos)

7 p.m. Salón Felician (Biblioteca)

Bodas

Se requiere un mínimo de seis meses de anticipación. Favor de comunicarse a la oficina parroquial.

Quinceañeras

Celebraciones comunitarias cada segundo sábado del mes a las 12 p.m. o una bendición durante la Misa dominical. Favor de comunicarse a la oficina parroquial con un mínimo de tres meses de anticipación.

Bautizos

Cada segundo sábado del mes a las 10 a.m. Se requiere una orientación y una clase de preparación. Favor de comunicarse a la oficina parroquial.

Unidos en Misión

El fin de semana pasado, el Padre Ted Gabrielli de misión Dolores invitó a todos los católicos a hacer su compromiso anual con la Campaña Unidos en Misión del 2018. Este año, se le ha pedido a nuestra parroquia que recaude la **META PARROQUIAL 2018 \$139,202**. Si usted y su familia no han tenido la oportunidad de hacer su promesa, le pido que llene una tarjeta de compromiso que se encuentra en las bancas, o haga su promesa en línea visitando archla.org/give. Sus regalos a Unidos en Misión aseguran que cada católico viviendo en la Arquidiócesis tenga una parroquia para celebrar su fe y acceso a una educación escolar católica. Estás viviendo tu fe a través de tus acciones cuando apoyas a Unidos en Misión. Gracias de antemano por su generosidad.



Vivamos la Palabra de Dios

Por mucho que queramos que el templo de nuestra vida esté limpio, también nos *gusta* la mayor parte de las cosas que componen nuestra vida. No obstante, Dios viene y ciertamente limpia nuestro templo de maneras insospechables. Los hijos crecen; las amistades se desvanecen y se convierten en recuerdos. ¿Qué nos pide Dios echar afuera hoy?

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¡Pase por sus boletos de la Fiesta a la oficina parroquial!

Se les pide, amablemente, a los feligreses que pasen por sus boletos de la rifa para la Fiesta a la oficina parroquial. Esta año no podremos mandarlos por correo.

A la persona que devuelva \$100 en boletos de rifa pagados antes del 18 de marzo, califica para recibir 10 boletos gratis adicionales. También se inscribirán en nuestro primer sorteo de \$150.

Our Lady of the Assumption Catholic Church

435 Berkeley Avenue – Claremont, CA 91711

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Bulletin deadline is **Sunday** for the following weekend. Bring copy to the parish office or email bulletin@olaclaremont.org.

Interested in the Catholic Church? We invite you to one of our Inquiry sessions. Call Kathy Steighner at 626-3596, ext. 4221, for more information.

Baptisms Brochures about the Sacrament of Baptism are available at the display case on the patio, or the parish and Faith Formation offices. Please call 4-6 weeks before the date of Baptism. For English Baptisms, please contact the parish office at 626-3596, ext. 0. For Spanish Baptisms, please contact Magali Amezcua at 626-3596, ext. 4211

Weddings Congratulations! Please call the parish office at least six months ahead for preparation, scheduling, and an appointment with a priest. Weddings are scheduled Saturdays at 10 a.m., noon, and 2 p.m. Visit the display case on the patio for more information.

Anointing of the Sick Please call the parish office day or night.

Hospital/Home Visits For distribution of Holy Communion, please contact the parish office.

Funeral Arrangements Please contact the parish office for help with services and special needs.

Stephen Ministry This one-on-one care-giving ministry at OLA is available upon request to those seeking emotional and spiritual support through a life challenge such as loss of a job, personal illness, separation or divorce, illness or the death of a loved one. Please call 626-3596, ext. 4332 to leave a confidential message.

St. Vincent de Paul Society Hotline One-time emergency assistance for individuals and families. Call (909) 626-3596, ext. 4333, to leave a message. Your call will be returned by a volunteer case manager.

Sunday Mass Schedule

7:00 a.m. Traditional cantor-led song
9:00 a.m. Contemporary ensemble
11:00 a.m. Contemporary ensemble
1:00 p.m. Spanish Mass
3:00 p.m. Vietnamese Mass
5:00 p.m. Teen/Contemporary
7:00 p.m. Cantor-led song

Saturday Vigil Masses

4:00 p.m. Cantor-led song
5:30 p.m. Contemporary ensemble
or cantor-led song

Weekday Mass Schedule

6:30 a.m. Monday through Friday
5:30 p.m. Monday through Friday
8:00 a.m. Saturday

Saturday Confessions

9:00 – 10 a.m. English/Spanish
3:00 – 3:45 p.m. English/Spanish
6:30 p.m. English

*Note: Vietnamese confessions
Sundays from 2:30 to 2:50 p.m.*

How to Reach Us

Parish Office (909) 626-3596

Fax (909) 624-3680

Website: www.olaclaremont.org

email Address: reception@olaclaremont.org

Parish Office Hours

Open 8:30 a.m. to 7:30 p.m. Monday – Thursday,

Open Friday 8:30 a.m. to 6:00 p.m.

Open Saturday and Sunday 8:30 a.m. to 3 p.m.

(Lunch break from 12:30 to 1 p.m.)

Faith Formation and Religious Education

Faith Formation Center (909) 624-1360

Victor Hernandez, Director of Faith Formation (x4213)

Monday through Thursday from 10 a.m. to 5:30 p.m.

Sundays 9:00 to 11:00 a.m.

OLA Catholic School

611 W. Bonita Ave., Claremont, CA 91711

Tel. (909) 626-7135 Fax (909) 398-1395

Principal Bernadette Boyle

Monday - Thursday 7:30 a.m. to 3:30 p.m.

Fridays 7:30 a.m. to 12:30 p.m.

Website: www.ola-ca.org

Parish Staff

Rev. Charles J. Ramirez, Pastor

Rev. Ron Clark, Associate Pastor

Rev. Thuan Nguyen, Associate Pastor

Rev. Chris Troxell, Associate Pastor

Deacon Jim and Karen Allgaier

Deacon Joe and Rita Domond

Deacon Bob and Kathy Steighner

Deacon John and Joyce Tullius

Deacon Art and Nadine Escovedo, retired

Neomi Torres, Director of Parish Administration (x4203)

Victor Hernandez, Director of Faith Formation (x4213)

Dcn. Bob Steighner, Liturgy Coordinator (x4234)

Dcn. Jim Allgaier, Outreach/Stewardship Coord. (x4216)

Teresa Arredondo, Youth Ministry Coordinator (x4215)

Mary Muñoz, Coordinator of Music Ministry (x4263)

Kathy Steighner, Christian Initiation Coordinator (x4221)

Jean McKenna, Communications Coordinator (x4217)

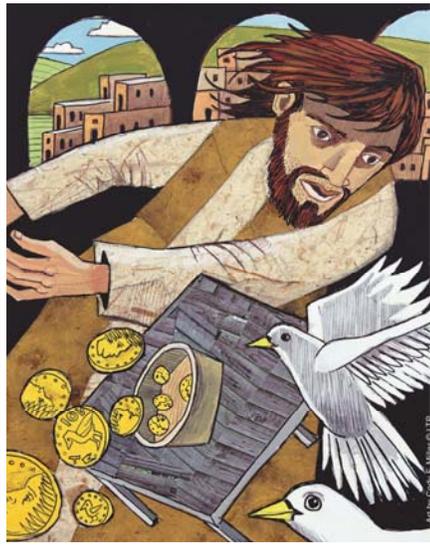
Bing Macavinta, Bookkeeper (x4232)

Katy Salisbury, Administrative Assistant (x4268)

Greg Andrews, Communications (x4231)

Roberto Roman, Spanish Choir

Dong Le, Vietnamese Choir



Third Sunday of Lent

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“You shall not have other gods beside me. You shall not carve idols for yourselves ... you shall not bow down before them and worship them.” Reading this line we might think of the idols that the Israelites made from gold and then worshipped, excusing ourselves of such practices. And so when we examine our conscience, we might just skip the First Commandment. Perhaps, though, as we keep this season of Lent, we might want to dwell on this commandment, thinking over what is the most important thing in our life. Where do you put your time, thought, and money? It is easy to mold idols by what family, friends, and coworkers expect of us. It is much harder to keep our eyes on the vision that God desires.

The portrayal of the Temple as Passover nears in today’s Gospel shows us a marketplace, not a place where the community gathers to praise God. We can see here that the economy is an idol among the money changers and the marketers in the Temple. Jesus drives them out in an effort to cleanse the Temple. Perhaps you would like to take time to examine what rules your life and ask Jesus to cleanse you. Our dependence should be on God, for it is in him that we find wisdom and strength.

– © Text/Art: Liturgy Training Publications

Lent by the week...

Friday Eucharistic Adoration

Exposition of the Blessed Sacrament will be held in the Reflection Room every Friday during Lent, except Good Friday, from 7 a.m. until 5:30 p.m.

Lenten Fish Fry: March 9

A traditional menu is offered by Knights of Columbus on Fridays, March 2, 9, 16 and 23 in the auditorium from 5 to 7 p.m. Prices are \$6/small, \$8/medium, \$10/large portions. Proceeds benefit charitable works of the Knights.

See Page 3

Stations of the Cross: March 9

*Every Friday in Lent
except March 16 for school*

- 11:45 a.m. OLA School students
- 7:15 p.m. OLA Fifth Grade
See Page 5 for details about this special presentation.

Divine Office (15 minutes)

This traditional prayer, also known as Liturgy of the Hours, is based on the Psalms. The group gathers Monday through Friday at 6 a.m. before the 6:30 Mass and after the 5:30 p.m. Mass.

Don't forget to abstain from meat on Fridays of Lent!

From Msgr. Doug Raun

Our Lenten Mission Prayer

My Lord Jesus Christ, I believe that You are the Way, the Truth and the Life. Apart from You, I can have no true happiness, in this world or the next.

I confess that I have done evil, and have separated myself from You. With all my heart, I repent of my sins. I place all my faith in You, who have died for love of me. I surrender all my life for You, who lives as my Risen Lord.

I promise to learn what You have taught, and to live what I shall learn. I accept the Catholic Church as Your family, and her teachings as Your own. Help me to live in Your grace, and in hope of heaven, until I see You face to face. Amen.

Use the internet for spiritual renewal

There is a wealth of resources at our fingertips to enrich your spiritual renewal during Lent, Sign up for Matthew Kelly’s program available at www.bestlentever.com or Bishop Robert Barron’s weekly reflection at www.DailyCatholicGospel.com. You might want to try the three-minute retreat at www.loyolapress.com with a soothing musical background. You can sign up for a free email subscription or download the mobile application for this retreat. Another good choice is that of the U.S. Conference of Catholic Bishops – www.usccb.org – offering a Lenten calendar and a link to Operation Rice Bowl for Catholic Relief Services.

All links may be found on the parish website:

www.olaclaremont.org.