

## MENTAL HEALTH EMERGENCY

### NATIONAL SUICIDE PREVENTION LIFELINE

**1-800-273-TALK (8255)**

1-800-799-4889 (TTY)

<https://suicidepreventionlifeline.org/>

*Suicide Hotline: Free and confidential emotional support to people in suicidal crisis or emotional distress 24 hours a day, 7 days a week*

### MICHIGAN SUICIDE HOTLINES AND ASSISTANCE

<http://www.suicide.org/hotlines/michigan-suicide-hotlines.html>

#### *Oakland County*

#### **Common Ground Sanctuary**

Bloomfield Hills, Michigan

*Crisis line, 24 hours / 7 days*

(248) 456-0909

1-800-231-1127

*Teen 2 Teen Talkline*

(248) 292-0194

#### **Common Ground**

Pontiac, Michigan

1-800-231-1127

(810) 456-0909

Psychiatric Screening: (810) 456-1919

Crisis Services

#### *Wayne County*

#### **Neighborhood Services Organization (NSO)**

Detroit, Michigan

(313) 224-7000

*Suicide Prevention Center, Emergency Telephone Services*

*Washtenaw County*

**Ozone House Youth & Family Services**

Ann Arbor, Michigan

(734) 662-2222

*24 hours / 7 days crisis hotline for teens, serving Washtenaw County*

**University of Michigan Health System**

Ann Arbor, Michigan

(734) 936-5900

*Suicide Hotline, 24 hours / 7 days; Psychiatric Emergency Services*

**Washtenaw County Crisis Center**

Ypsilanti, Michigan

(734) 996-4747

*Suicide Hotline, 24 hours / 7 days; Psychiatric Emergency Services*

*Livingston County*

No local agencies listed; please call national hotline

*For individual therapy needs, please see the “**Emotional Needs and Counseling**” resource list.*